Beneficiary Support Update

January 2020



Beneficiary Support Line

- Arkansans impacted by mental health or substance addiction issues now have a new resource they can use to get the help they need. The Arkansas Department of Human Services (DHS) launched a Mental Health and Addiction Services helpline in August of 2019.
- The support line is open Monday through Friday from 8:30 a.m. to 4:30 p.m.
- People who do not have Medicaid or private insurance and cannot pay for treatment can still get counseling and treatment services that are paid for by the state.

Beneficiary Support Line

- This helpline, which can be reached at 1-844-763-0198, can help any Arkansan get connected with a provider that can give them the services they need. Some of the services available include:
- Individual and Group Counseling
- Substance Abuse and Addiction Counseling
- Medication Management
- Help during a Mental Health Crisis
- Family Counseling
- Parent and Child Counseling for Children under the age of four

MENTAL HEALTH & ADDICTION SERVICES IN ARKANSAS

All Arkansans have access to mental health & addiction services.

- Individual & Group Counseling
- Family Counseling
- Substance Abuse & Addiction Counseling & Treatment
- Parent & Child Counseling for Children Under 4
- Medication Management
- Help During a Mental Health Crisis

If you have Medicaid, or are without insurance coverage and can't pay for treatment on your own, you can get counseling and treatment services paid for by the state.

Steps to Access Care

THUMAN



2 Let person answering phone know if you have insurance. It's okay if you don't.

Choose a provider to call for an appointment.

TIP: You might want to call all of the choices to get the soonest available appointment. For counseling services, providers are expected to see you within 10 days.

At your first appointment, you will meet your provider who will talk with you and decide what services you may need.

TIP: Bring a list of your doctors and the medications you are taking.

5 Some providers may require proof of income and a small payment at the time of services. Ask if your provider has a sliding fee scale based on income.

Visit humanservices.arkansas.gov/about-dhs/daabhs/mentalhealth for more information.

Expanded Provider Network

 Thanks in part to Legislative changes that sunset the 30-year-old Rehabilitative Services for Persons with Mental Illness (RSPMI) program, which included a cap on the number of mental health providers the state could have. DHS replaced RSPMI with the new Outpatient Behavioral Health program and has not capped the number of certified providers.

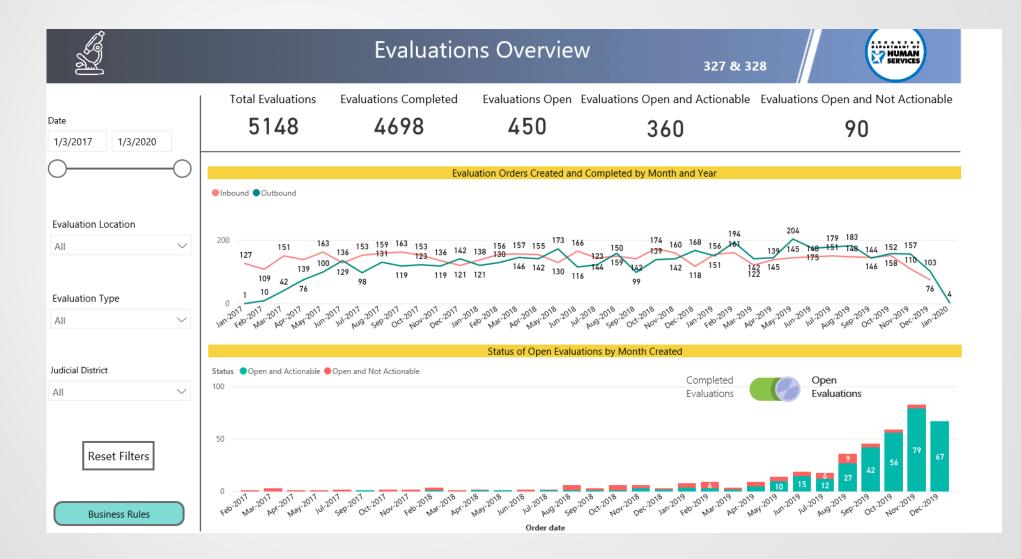
Independently Licensed	Independently Licensed
Practioners prior to July 2017	Practioners as of December
	2019
31	291
Behavioral Health Agency	Behavioral Health Agency
Sites prior to July 2017	Sites as of December 2019
253	312

Forensic Evaluations Update

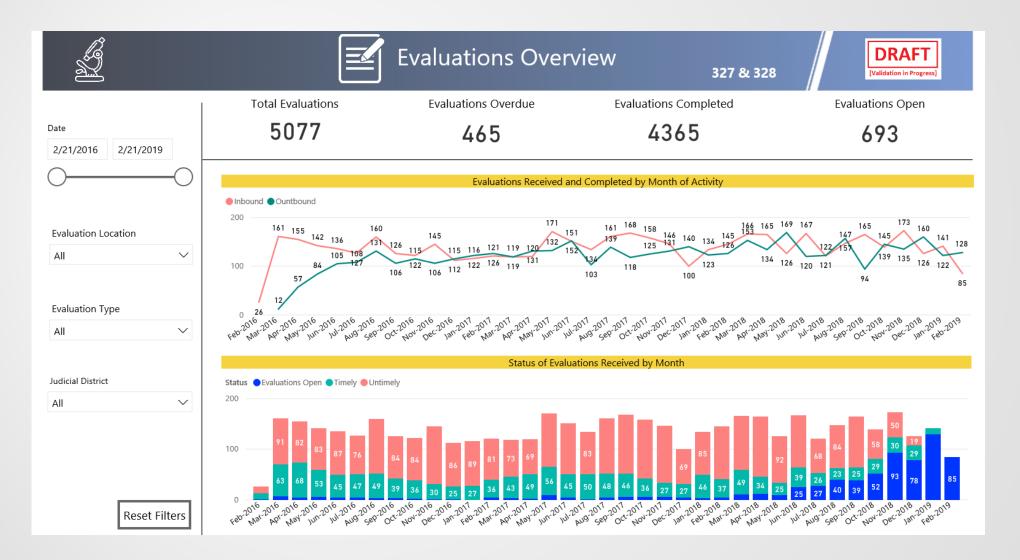
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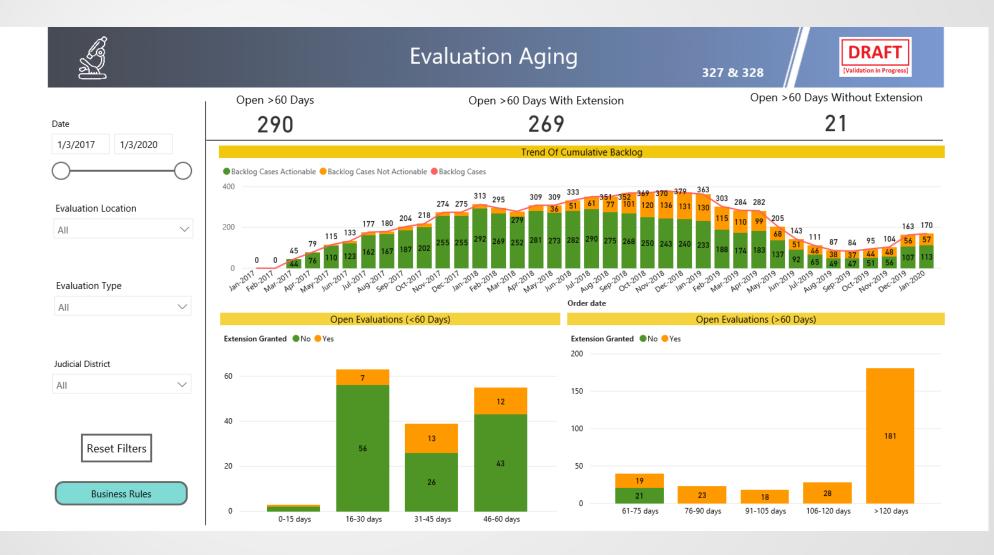
Forensics Current Overview



Forensics Overview February 2019



Aging Backlog Current



Aging Backlog February 2019

