

# **Developmental Day Treatment Clinic Services (DDTCS) Summary**

*Source: Arkansas Medicaid DDTCS Provider Manual, Section 2*

## **DDTCS Core Services**

Developmental Day Treatment Clinic Services (DDTCS) may be furnished only by DDS licensed comprehensive day treatment centers offering as core services:

1. Diagnosis and Evaluation
2. Habilitation
  - Habilitation is instruction in areas of self-help, socialization, communication, etc. Habilitation activities must be based on the goals and objectives of the client's individualized plan of care
  - Medicaid covers habilitation services only in clinical settings licensed by DDS and enrolled in Medicaid.

DDTCS core services are provided at three levels of care. The levels of care are:

1. Early Intervention
  - Early intervention is a facility-based program designed to provide one-on-one direct training to the child *and* the parent or caregiver. The intent of early intervention is to work with parents and caregivers to assist them with training the child. The parent or caregiver of the child must participate in the programming to learn how to work with the child in the home.
  - To be eligible for early intervention services, the child must be developmentally disabled or developmentally delayed and must not be school age. School age is defined as having reached the age of five years on or before the date set by the Arkansas Department of Education. A child reaching age five after that date is not considered school age until the next school year.
  - Early intervention services must include training the parent or caregiver in meeting the needs of the child and in meeting the goals of the care plan.

- Coverage is limited to one encounter per day. An early intervention encounter includes the time spent on preparation and service documentation as well as the direct training. Each early intervention encounter must be two hours or more in duration. At each encounter, a minimum of one hour of direct training with the child and the parent or caregiver is required.

## 2. Pre-School

- Pre-school service is a facility-based program designed to provide specialized services to children who have been diagnosed as developmentally disabled or developmentally delayed and who are not school age. School age is defined as having reached the age of five years on or before the date set by the Arkansas Department of Education. A child reaching age five after that date is not considered school age until the next school year.
- Services must be provided for the purpose of teaching habilitation goals as set forth in the plan of care. Services are established on a unit-of-service basis. Each unit of service equals one hour. A maximum of five units per day is allowed.

## 3. Adult Development.

- Adult development is a facility-based program providing specialized habilitation services to adults who have been diagnosed as developmentally disabled. Qualifying individuals must be between ages 18 and 21 with a diploma or certificate of completion, or age 21 and older.
- Adult development services may include prevocational services that prepare a person for employment. Prevocational services:
  - May *not* be job-task oriented, but
  - May include such *habilitation* goals as compliance, attending, task completion, problem solving and safety, and
  - May be provided only to persons who are not expected to be able to join the general work force or to participate in a transitional sheltered workshop within one year (excluding supported employment programs).
- Prevocational services may not be primarily directed at teaching specific job skills. All prevocational services must be listed in

the plan of care as habilitation and may not address explicit employment objectives. The person's compensation must be less than 50% of minimum wage in order for the training to qualify as prevocational services. Commensurate wage must be paid under a current Wage and Hour Sheltered Workshop Certificate.

- Documentation must be maintained in each person's file showing that the services are not available under a program funded under Section 110 of the Rehabilitation Act of 1973, as amended, or the Individuals with Disabilities Education Act of 1997.
- Adult development services are established on a unit-of-service basis. Each unit of service equals one hour in the facility with a maximum of five units reimbursable per day.

## **DDTCS Optional Services Occupational, Physical and Speech Therapy**

Optional services available through DDTCS include occupational, physical and speech therapy and evaluation as an essential component of the plan of care for an individual accepted for developmental disabilities services. Therapy services are not included in the core services and are provided in addition to the core services.

- The DDTCS client's primary care physician (PCP) or attending physician must prescribe occupational, physical and/or speech therapy services. The prescribed therapy must be included in the individual's DDTCS plan of care. A copy of the prescription must be maintained in the beneficiary's records. The original prescription is to be maintained by the physician.
- Therapies in the DDTCS Program may be provided only to individuals whose plan of care includes one of the three levels of care (early intervention, pre-school or adult development). Medicaid does not cover optional therapy services furnished by a DDTCS provider as "stand-alone" services. *Therapy services may not be provided during the same time period DDTCS core services are provided.*
- Therapy evaluation services are limited to no more than four 30-minute units per state fiscal year. Therapy sessions are limited to no more than four 15-minute units per day. To ensure quality care, group therapy sessions are limited to no more than four persons in a group.
- Make-up therapy sessions are covered in the event a therapy session is canceled or missed. Make-up therapy sessions are covered if determined medically necessary and prescribed by the beneficiary's PCP.
- Therapy services carried out by an unlicensed therapy student may be covered only when the following criteria are met:
  - Therapies performed by an unlicensed student must be under the direction of a licensed therapist and the direction is such that the licensed therapist is considered to be providing the medical assistance.
  - The licensed therapist must be present and engaged in student oversight during the entirety of any encounter.