

Learn the Signs. Act Early.

The journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

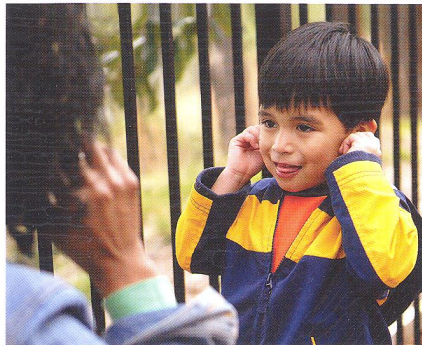
Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

YOU KNOW YOUR CHILD BEST.

If you are concerned about your child's development, talk to your child's doctor. If you or the doctor is still concerned, ask the doctor for a referral to a specialist and call **1-800-CDC-INFO** to learn how to get connected with your state's early childhood system to get the help your child might need.

DON'T WAIT.

Acting early can make a real difference!



For more information about your child's development and what to do if you have a concern, visit:

ARKANSAS ACTS EARLY!

If your child is under the age of 3, call First Connections at **1(800) 643-8258**.

If your child is age 3-21, go to <https://arksped.k12.ar.us/sections/circuit.html> and complete an online request. Or call the Arkansas Department of Education at **1-501-682-4221**.

If you need further assistance call University of Arkansas-Project Connect at **1- 855-617-0013**. We will assist you in making the connection with the services your child needs.

Developmental milestones adapted from Caring for Your Baby and Young Child: Birth to Age 5 (AAP, 2009) and Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (AAP, 2008).

Track Your Child's Developmental Milestones



Your child's early development is a journey. Use this map of milestones to know what to look for along the way.

For parents of children from birth to 4 years



Centers for Disease Control and Prevention
www.cdc.gov/ActEarly
1-800-CDC-INFO

Department of Health and Human Services
Centers for Disease Control and Prevention

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