

1 State of Arkansas  
2 84th General Assembly  
3 Regular Session, 2003

*As Engrossed: H2/19/03*

HCR 1006

4  
5 By: Representatives Dickinson, Borhauer  
6 By: Senator Critcher

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9 **HOUSE CONCURRENT RESOLUTION**

10 ENCOURAGING SCHOOL DISTRICTS TO PROMOTE A HEALTHY  
11 SCHOOL ENVIRONMENT BY OFFERING NUTRITIOUS FOOD  
12 AND BEVERAGE CHOICES, AND TO PROVIDE PHYSICAL  
13 ACTIVITY WHENEVER POSSIBLE.

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15 **Subtitle**

16 ENCOURAGING SCHOOL DISTRICTS TO PROMOTE  
17 A HEALTHY SCHOOL ENVIRONMENT BY OFFERING  
18 NUTRITIOUS FOOD AND BEVERAGE CHOICES,  
19 AND TO PROVIDE PHYSICAL ACTIVITY  
20 WHENEVER POSSIBLE.

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22 WHEREAS, obesity in the children of Arkansas is at epidemic stage and  
23 can lead to chronic diseases, such as heart disease, stroke, diabetes, and  
24 cancer and poor health conditions; and

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26 WHEREAS, Medicare and health care costs are escalating in Arkansas and  
27 are significantly impacted by obesity; and

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29 WHEREAS, children make food and beverage choices in a variety of school  
30 settings, including school breakfast and lunch, the use of vending machines,  
31 the purchase of concessions, and after school programs provide alternatives  
32 to snacks and beverages with a high sugar content, such as fruits, yogurt,  
33 and juices; and

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35 WHEREAS, good nutrition and adequate physical activity help children  
36 grow, develop, and do well in school; and



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2 WHEREAS, school-based nutrition education and physical activity support  
3 healthy eating habits and an active lifestyle; and  
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5 WHEREAS, healthy bodies and minds are major contributors to readiness  
6 to learn, to improved school attendance, and to improved performance in  
7 sports and other extracurricular activities; and  
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9 WHEREAS, fresh and wholesome foods produced in Arkansas should be  
10 available and actively promoted in a healthy environment; and  
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12 WHEREAS, the General Assembly needs to identify long-term strategies to  
13 *lower health care* costs related to chronic diseases and poor health,  
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15 NOW THEREFORE,

16 BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE EIGHTY-FOURTH GENERAL  
17 ASSEMBLY OF THE STATE OF ARKANSAS, THE SENATE CONCURRING THEREIN:  
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19 THAT the Arkansas General Assembly supports implementation of school  
20 policies that ensure a healthy environment in our schools and that encourage  
21 children to eat well and be physically active throughout the school day.  
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23 BE IT FURTHER RESOLVED that the Arkansas General Assembly encourages local  
24 school districts to offer nutritious food and beverage choices and provide  
25 opportunities for physical activity whenever possible.  
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27 BE IT FURTHER RESOLVED that the Chief Clerk of the House of Representatives  
28 send a copy of this resolution to the Department of Education, and that the  
29 Department of Education distribute a copy to every school district in  
30 Arkansas.  
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32 /s/ Dickinson, et al  
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