

1 State of Arkansas
2 92nd General Assembly
3 Regular Session, 2019

HR 1010

4
5 By: Representative M. Gray

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7 **HOUSE RESOLUTION**

8 TO RECOGNIZE NATIONAL WEAR RED DAY.

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11 **Subtitle**

12 TO RECOGNIZE NATIONAL WEAR RED DAY.

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15 WHEREAS, cardiovascular disease kills 1 in 3 women in the United
16 States, yet up to 80 percent of cardiovascular disease can be prevented;
17 and

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19 WHEREAS, cardiovascular disease and stroke kill 1 woman every 80
20 seconds in the United States; and

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22 WHEREAS, an estimated 44 million women in the United States are
23 affected by cardiovascular disease; and

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25 WHEREAS, 90% of women have 1 or more risk factors for developing
26 cardiovascular disease or stroke, yet only 1 in 5 women believe
27 cardiovascular disease is among their greatest health threats; and

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29 WHEREAS, women are less likely to call 911 for themselves when
30 experiencing symptoms of a heart attack than they are if someone else is
31 having a heart attack; and

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33 WHEREAS, only 36% of African-American women and 34% of Hispanic women
34 know that heart disease is their greatest health risk, compared with 65% of
35 Caucasian women; and

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1 WHEREAS, the American Heart Association's Go Red For Women movement
2 encourages women to learn their family histories and to meet with healthcare
3 providers to determine their risks for cardiovascular disease and stroke;
4 and

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6 WHEREAS, women involved with the Go Red For Women movement live
7 healthier lives; and

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9 WHEREAS, the Go Red For Women movement encourages women to take
10 control of their heart health by knowing and managing their total
11 cholesterol, HDL cholesterol, blood pressure, blood sugar, and body mass
12 index; and

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14 WHEREAS, the American Heart Association observes the entire month of
15 February each year as American Heart Month to raise awareness of the
16 importance of the ongoing fight against cardiovascular disease and stroke,

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18 NOW THEREFORE,

19 BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE NINETY-SECOND
20 GENERAL ASSEMBLY OF THE STATE OF ARKANSAS:

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22 THAT the House of Representatives recognize the month of February 2019
23 as American Heart Month in Arkansas, recognize January 31, 2019, as Wear Red
24 Day in Arkansas, and urge all Arkansans to show their support for women and
25 the fight against cardiovascular disease by commemorating this day by
26 wearing the color red.