

Dear Senators and Representatives,

My friends and I do not think Arkansas gives kids enough time for recess and lunch.

More recess and lunch time would make us less wild during the rest of the day so everybody would learn more. We would also get in less trouble.

More recess and lunch time would also give us a brain break so we can work harder in our classes.

More recess would also give us more exercise because we are mostly just sitting in classrooms the rest of the day.

Right now we have to rush through lunch and recess. We don't get to finish our lunch most of the time, and we are not allowed to talk at lunch because we are so rushed.

At recess, we almost never have time to finish the games that we start. Sometimes we have to start lining up to go back inside almost as soon as we get outside.

The kids signed below would really like more time for lunch and recess, and we think it would make our school a lot better.

Thank you,

Izzy Kopsky, Gibbs Elementary, Grade 2, Little Rock

Elliott Kopsky, Gibbs Elementary, Kindergarten, Little Rock

Dear Senators and Representatives,

. I believe that we should have a total of 40 minutes for recess. There will be less talking and less talking means more leaning. Extra recess gives better behavior. If we get out we can play games with our friends. We will get more exercise if we get more recess. We will be on our best behavior if we had more time outside to play. We get all our talking out outside. When we come back in we can focus on our work. More playtime at recess means extra memories. If we get more exercise we will be more calm in the classroom . If we get extra recess our brain will work so much better. If we get extra recess we will get out our energy. Extra recess means making friends. Extra recess gives us more time management. Extra recess we give the tree carbon dioxide. If we get extra recess we will not be stress release. We get vitamine D from the sun. We get improve mood from the sunshine. Recess is fun. And we get our creative time that means make a game.

Jordyn

Dear Senators and Representatives,

I believe that we should have a total of 40 minutes for recess daily. Recess gets energy out. We will have better behavior if we get more recess time. If we get more talk time outside then we will talk less in the classroom. We get exercise when we get recess. We move out at recess. My brain works better. Calm means good behavior. Every kid makes friends. Lots of kids play games. We do time management.

Joshua

Dear Senators and Representatives,

I think that we should have an added 15 minutes of extra recess time daily. Or I believe that we should have a total of 40 minutes for recess daily. I think we need a little bit of time to play. If we do it will be fun to have more time to get enuge out and get tocking and help us stah fockes and get are work done. I think it will help us stah fockes in class .when we are in class. We can get out energy from resses. We will be less talk a tive in the classroom. We can get are mouhg out buy play games. It get are brain working. When we make friends we play whit them it is fun. To play whit are friends. When we are outside we get vitamine D. vitamine D Is some thing that we get from the sun.

Kyndall

Dear Senators and Representatives,

I think that we should have 15 minutes of extra recess time daily. When we go outside we get lots of energy out and when we come inside it's less talkative and we will be focused. When we go outside we can get all the move and dance out and when we come inside we are going to work well and be calm. When we can make friends so we won't be lonely and play games. When we go outside we will not be arguing we will be playing games instead of arguing. When we go outside we give trees carbon dioxide they give us carbon dioxide back and we can go to the store and buy vitamin D and so we can stay healthy and get sunshine. Ressece is so amazing but when we have to line up when we don't have time to finish our games. When we get older we will remember all the fun time we had. When outside just for the right time we will be all tired and when you wake up from your nap maybe you won't want to throw a party and make your own creative game and make what you feel good!

Laniyah

Dear Senators and Representatives,

I believe that we should have a total of 40 minutes for recess daily. Extra recess give us better behavior got out our energy outside. Less talkative in the classroom. Exercise can help us pay attention when we work our brain works better and powerful. We need oxygen too. Life Lesson can help friendships. Life Lesson you can play with our friends. Vitamin D can help us. We need 40 minutes because time management. We need extra recess to be calm. We are moving with extra recess. So we can have shared memories. We can have creative time. We can have improve mood. If we get more recess we are not stress. Extra recess is fun. Sunshine give us vitamin D

Mariah

Dear Senators and Representatives,

I believe that we should have a total of 40 minutes for recess daily. We should go outside more for exercise oxygen. I more recess for exercise. We will be so tired with exercise recess. We can make better friends & friendship. We can make up our game too! We can get vitamin D we can create our childhood memories. When we come in from recess we don't talk as much & we're going to be so tired of playing. We can breathe off calories & our brains work better. We can be calm too. You can have less stress... please. Some times you can play by your self. Sunshine can make you & feel good.

Sariya

Dear Senators and Representatives,

I believe that we should have 40 minutes of recess daily. Because we need to catch up. We can make friends. And we don't have to start the game over. And we can have less talking in the classroom. We can get more exercise if we get 40 minutes of recess. We get all our talking out outside if we get more recess. When we come back we can finish our work. And we can find our friends to play together and to have a good time. We can have fun so we can get out all energy in school and when we go into the classroom we put our thinking caps on and start the math we can become. When we get into the classroom and start science and math. And we need more recess so we can have a snowball fight. And make a snowman and have fun outside if we get 40 minutes of recess. We can be more loud outside than inside. And we can run and play we get vitamin D if we get 40 minutes of recess time daily. If we get more recess we can make friends outside and we can play a game and we can get moving. And if we have 40 minutes of recess we can have creative time. And we can have improve mood. If we get 40 minutes of recess our brain works in the classroom. And we can get memories and stress release. We can get better calm and time management and we can get more oxygen and carbon and dioxide. We can have more fun outside more than inside and if we go outside we can have vitamin D to. When we go into the classroom we put our thinking caps on. We have better behavior if we get 40 minutes of recess and we get more exercise and we have a life lesson. And we have fun and sunshine if we get 40 minutes of recess.

Morgan

Dear Senators and Representative



I believe that we should have a total of 40 minutes for recess daily time. When the sun shines we get oxygen and carbon dioxide. We also get less talkative in the classroom if only we get extra recess. If we get extra recess we get more energy outside. We get better behavior. And we also get sunshine. Our brain gets focused on our homework and school work. We get our work better. We get calm as well. We make friends too. Most kids don't have time to play games with their friends. Kids also have friendship. Kids have fun too. If we get extra recess will have childhood memories for ever and always. Kids also have stress relief and creative times. That's why we need extra recess. We make lots of friends. It'll take 15 minutes for the kids to line up because we don't get extra recess. We get time management. We get improve mood. We also have a creative time. We get stress release only if we get extra recess. We get exercise outside. When we are running, jumping, walking, skipping, hopping and climbing where moving. Kids get tired when they don't get any recess because their teacher wants them to do math, sciences, spelling, history, reading and writing. If we get extra recess we get a life lesson. When we get silly in the classroom will not be silly.

Amber

Dear Senator and Representatives,

I believe that we should have a total of 40 minutes for recess so much outside then we come inside and won't talk as much. Get daily. Because of behavior. Behavior is important in school. If we only have a few minutes then we will miss behavior. Like running, we run outside and if we don't get time to run well we will run inside. And if we talk we can talk all we want energy out, like bouncing on the rug we can bounce all we want outside so we will not be at all in class. Exercise, we get to move we move so much in class and if we get more time we will not move as much. Sometime we move so much we can't even listen. Brain works better, our brain will be ready to learn if we get time to have fun. We will be nice and calm the word is calm no yelling, raising our hand stuff like that. Life Lesson, make friends some of our friends are in another class and together we can be together

Sophie

Dear Senator and Representatives,

I think that we should have an added 15 minutes of extra recess time daily. Or I believe that we should have a total of 40 minutes for recess daily. We feel more comfortable if we get extra recess! Less talkative if we get extra recess! Get energy out if we get extra recess! More recess means exercise. exercise

Jason

Dear Senators and Representatives,

I think that we should have an added 15 minutes of extra recess time daily. Or I believe that we should have a total of 40 minutes for recess daily. so we can have less talkative and get are energy out so we can be focus so we can be moving and are brain works better so we can be calm so we make friends and play with friends.

We can get time management so we can play more. When we outside we have sunshine. When we get sun we get vitamine d when we outside.

Kiana