

WHAT IS KEYSTONE?

Have you ever wondered, "Is there more to life than this?"

The answer is an incredible, "YES!"

Many of us make our way through life by simply moving from day to day without goals, direction, or passion. We often don't know which goals to set because we don't know who we really are or what we really want. We want to help you discover who you are at the deepest level and embrace all of the possibilities that lie within you. In this class, you will define yourself - decide the person you want to be. You will identify your values and understand the roles you play. You will create an overall vision for your life. This will help you establish short-term and long-term goals and create a plan for your future. We will help you develop a plan for education and gain the skills necessary in life to seek, obtain, and keep your career while maintaining a quality, balanced life outside of work.

Ready for an adventure? Great!

Your future starts NOW!

Adapted from The 7 Habits of Highly Effective Teens, by Sean Covey

Habit 1 – Be Proactive

- "I am the force."
- Take responsibility for your life.

Habit 2 – Begin with the End in Mind

- Control your destiny or someone else will.
- Define your mission and goals in life.

Habit 3 – Put First Things First

- Will and won't power
- Prioritize and put the most important things first.

Habit 4 – Think Win-Win

- The stuff that life is made of
- Have an everyone-can-win attitude

Habit 5 – Seek First to Understand, Then to be Understood

- You have two ears and one mouth.
- Listen to people sincerely.

Habit 6 – Synergize

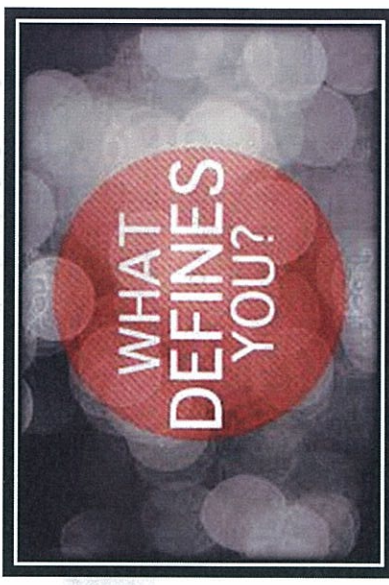
- The "high" way
- Work together to achieve more.

Habit 7 – Sharpen the Saw

- It's "me time."
- Renew yourself regularly.

Who am I? Who do I want to be? How can I get there? What skills assessment is necessary? What education is necessary?

Keystone



"Knowing what I am sets the big picture context for the living of day-to-day who I am. If I have a false understanding of what I am, I can never live authentically who I am."

Joshua Bond

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The 7 Habits of Highly Effective Teens

- Who am I? Who do I want to be? How do I get there? What roles will I play?
- Developing a personal mission statement and vision for life

Financial Literacy

- Creating a budget
 - Dream
 - Entry-level, college graduate
 - Minimum wage
- Considerations for:
 - Housing
 - Vehicles
 - Higher education
- Budget role play - Playspent.org
- Understanding your pay
 - Taxes
 - Insurance

Four-Year Plan

- Graduation requirements
- Honors & special recognition requirements
- Career completion pathways
- Calculating GPA
- Understanding and analyzing transcripts
- Designing a personalized course load based on college and career goals

College Research

- 2-year vs. 4-year institutions
- Entrance exams & admission requirements
- Programs of study
- Tuition, scholarships & financial aid
- Location & housing

Accept no one's
definition of your life;
define yourself.

Career Research

- Best fits for personality type
- Job responsibilities
- Skills, education & training needed
- Yearly and monthly pay – before and after taxes
- Examining a lifestyle based on the income provided
- Job shadowing
 - Experiencing the work place
 - Identifying personal strengths and weaknesses with respect to job demands
 - Is this job right for me?

Campus Visit

- 2-year and 4-year institutions
 - UCA
 - ASU-Searcy Occupational Technology
 - ASU-Beebe Ag Tech/John Deere
- Admissions
 - Entrance exams
 - Impact of GPA
 - Honors vs. Traditional
- Programs of study
- Tuition, scholarships & financial aid
- Cafeteria & housing
- Tutoring, accommodations & the Writing Center
- Athletics & HPER Center
- Recreation
- Benefits included with tuition

College & Career Fair

- More than 50 unique career sessions including
 - Agriculture
 - Animation & gaming
 - Art
 - Automotive technology
 - Banking & finance
 - Business
 - Engineering & design
 - Medical
 - Military & more!
- More than 20 institutions
- 4-year institutions
- 2-year institutions and certification programs