

**AR ConnectNow:
For a Better State of Mental Health**

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AR CONNECTNOW

800-482-9921

UAMS Health AR ConnectNow is a comprehensive behavioral health treatment program created to provide care to all Arkansans dealing with a variety of mental health issues, from substance abuse disorders to mental illnesses ranging from anxiety and depression to bipolar disorder and schizophrenia.

Call Center and Virtual Clinic

If you are struggling with mental health issues like depression, anxiety and/or stress, contact the AR ConnectNow call center at [501-526-3563](tel:501-526-3563) or [800-482-9921](tel:800-482-9921). The call center is available 24 hours a day, seven days a week.

The AR ConnectNow virtual clinic operates Monday through Friday, 8 a.m. to 5 p.m.



Getting Arkansans the Help They Need

The goal of AR ConnectNow is to help those Arkansans needing immediate care get the assistance they need and eventually connect them with treatment options and resources available in their local area. Health insurance is not required to access AR ConnectNow's mental health professionals and patients will not be responsible for any payments outside of what is covered by their insurance plan.

AR ConnectNow: Vision

Arkansas' youth are struggling.

Arkansas has the fourth highest rate of teen suicide in America.

Arkansas has the fourth highest rate of illicit drug use by teens.

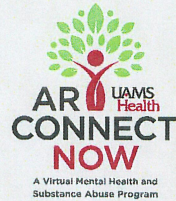
Arkansas has the 10th highest rate of alcohol use by teens.

Access to mental health care is limited, and youth often face long delays in accessing treatment.

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Arkansas' Youth Need Your HELP



- Increase access to timely, evidence-based, high-quality mental health evaluation and treatment
- Focus on youth
- Outreach to youth, parents, teachers
- Digital on-ramp (app/chat/phone)
- Care navigation
- Social media campaign
- Youth engagement and advisors
- Peer support programs
- Fundraising for sustainability
- Ongoing evaluation and research to improve access and outcomes