

## DEPARTMENT OF HUMAN SERVICES, DIVISION OF MEDICAL SERVICES

**SUBJECT:** Section I 1-21 - Telemedicine

## **DESCRIPTION:**

## Statement of Necessity

The 93rd General Assembly enacted Act 767 and Act 829. Act 767 amends the Telemedicine Act to allow the originating site to include the home of the client. Act 829 amends the Telemedicine Act to allow provider reimbursement for telemedicine provided via telephone. The Division of Medical Services is revising Section I of the General Provider Manual to reflect the changes in these two (2) acts.

# Rule Summary

Section I- General

Section 105.190 (Telemedicine)

- Replaced the word "patient" with "client" throughout the section.
- Added, "An originating site includes the home of a client."
- Added, "Any other originating sites are not eligible to bill a facility fee."
- In number three (#3) on the first page, added the word "...professional..."
- Added, "6. The healthcare professional who is licensed in Arkansas has access to a client's personal health record maintained by a healthcare professional and uses any technology deemed appropriate by the healthcare professional, including the telephone, with a client located in Arkansas to diagnose, treat, and if clinically appropriate, prescribe a noncontrolled drug to the client."
- Added, "A health record is created with the use of telemedicine, consists of relevant clinical information required to treat a client, and is reviewed by the healthcare professional who meets the same standard of care for a telemedicine visit as an in-person visit."
- Deleted, "4. Audio only communication, including without limitation interactive audio:"
- Deleted, "The use of interactive audio is not reimbursable under Arkansas Medicaid."
- In the 'Telemedicine with a Minor' section, the word "client" follows the word "minor" throughout the section.
  - o Replaced "individual" with "provider."
- Added, "Telemedicine Exclusions" section:
  - "Telemedicine does not include the use of:
  - 1. Audio-only communication unless the audio-only communication is in real-time, is interactive, and substantially meets the requirements for a health care service that would otherwise be covered by the health benefit plan:
    - a. Documentation of the engagement between patient and provider via audio-only communication shall be placed in the medical record

addressing the problem, content of the conversation, medical decision-making, and plan of care after the contact.

- b. Medical documentation is subject to the same audit and review process required by payers and governmental agencies when requesting documentation of other care delivery such as in-office or face-to-face visits.
- 2. A facsimile machine:
- 3. Text messaging; or
- 4. Email."

**PUBLIC COMMENT:** A public hearing was held on this proposed rule on October 19, 2021. The public comment period expired November 8, 2021. The agency provided the following summary of the single public comment it received and its response to that comment:

<u>Commenter's Name</u>: Joel Landreneau, Executive Director, Behavioral Health Providers Association; Interim Executive Director, Mental Health Council

**COMMENT:** My name is Joel Landreneau. I am Executive Director of Behavioral Health Providers Association, and I'm also Interim Executive Director of the Mental Health Council, and I wanted to speak briefly today about this Section 100 rule promulgation, which appears to be a verbatim restatement of Act 829 in particular, which is the section that I'm focused on.

The Telemedicine exclusions, where it says that Telemedicine does not include the use of audio-only unless the communication is in real time, is interactive, and substantially meets the requirements for a healthcare service that would otherwise be covered by the health plan.

This rule, unless there's another promulgation coming in Section 200 that would be provider type specific, then this doesn't answer the questions that I get frequently about which services are permitted to be audio-only, when it's interactive and real time, and which are not.

The way I read this provision of Act 829, it sounds to me as though the payor has some discretion deciding whose requirements are sought to be met to satisfy this requirement, - "substantially meets the requirements for health care service". It doesn't say whose requirements, but the way I read this, it sounds as though the payor has some discretion in deciding where the requirements are met for that service and where they are not met. So, this rule promulgation provides no guidance on whether or not it is each and every service that is available through audio-only, when it's interactive and in real time, or if there are some that are allowed and some that not allowed.

I'm thinking, for example, individual psychotherapy has traditionally been allowed for telemedicine, and it would make sense that audio-only would also be allowed, but for a

group therapy session audio-only doesn't sound like that might be something that would work very well.

And so, unless there's another promulgation coming in the Section 200 Manual for Outpatient Behavioral Health, this needs to be clarified so that it's clear to the providers which billing codes are allowable to be billed audio-only and which are not. And that concludes my remarks.

**RESPONSE:** Telemedicine rules in Section I of the General Provider Manual of the Division of Medical Services (DMS) references that definitions are found in the Arkansas State Medical Board (ASMB) or licensing or certification board for other healthcare providers (if no less restrictive than ASMB). Standards of care and safeguards established by the healthcare professional's licensing board should be utilized in decision making regarding use of audio-only communication for service provision.

Lacey Johnson, an attorney with the Bureau of Legislative Research, asked the following question and received the following response:

**Q.** In § 105.190, under the heading "Professional Relationship" after the numbered list, the proposed rules state, "A health record *is* created with the use of telemedicine…" However, Act 829 states that "a health record *may be* created with the use of telemedicine…" Is there a reason the proposed rules use "is created" rather than "may be created"?

**RESPONSE:** Division of Medical Services uses the term, "A health record is created with the use of telemedicine" for this rule to ensure providers of telemedicine understand that a health record is necessary for reimbursement of Medicaid treatment services regardless of method or location of service delivery. While the Act provides for the health record to be optional, Division of Medical Services requires documentation of all services provided as proof of service delivery and reimbursement.

The proposed effective date is January 1, 2022.

**FINANCIAL IMPACT:** The agency indicated that this rule does not have a financial impact.

**LEGAL AUTHORIZATION:** The Department of Human Services has the responsibility to administer assigned forms of public assistance and is specifically authorized to maintain an indigent medical care program (Arkansas Medicaid). *See* Ark. Code Ann. §§ 20-76-201(1), 20-77-107(a)(1). The Department has the authority to make rules that are necessary or desirable to carry out its public assistance duties. Ark. Code Ann. § 20-76-201(12). The Department and its divisions also have the authority to promulgate rules as necessary to conform their programs to federal law and receive federal funding. Ark. Code Ann. § 25-10-129(b).

These proposed rules implement Acts 767 and 829 of 2021. Act 767, sponsored by Representative Aaron Pilkington, clarified the Telemedicine Act, specified that the home

of a patient may be the originating site for telemedicine and that group meetings may be performed by telemedicine, and clarified reimbursement of telemedicine services. Act 829, sponsored by Representative Jim Dotson, amended the Telemedicine Act and authorized additional reimbursement for telemedicine via telephone.

# QUESTIONNAIRE FOR FILING PROPOSED RULES AND REGULATIONS WITH THE ARKANSAS LEGISLATIVE COUNCIL

DEPARTMENT/AGENCY	Department of Human Services						
DIVISION	Division of Medical Services						
DIVISION DIRECTOR	Elizabeth Pitman						
CONTACT PERSON	Mac Golden						
ADDRESS	P. O. Box 1437, Slot S295 Little Rock, AR 72203-	1437					
<b>PHONE NO.</b> 501-320-63	FAX NO501-404-4619	Mac.E.Golden @dhs.arkansas.gov					
NAME OF PRESENTER AT	NAME OF PRESENTER AT COMMITTEE MEETING Elizabeth Pitman						
PRESENTER E-MAIL E	PRESENTER E-MAIL Elizabeth.Pitman@dhs.arkansas.gov						
	INSTRUCTIONS						
<ul> <li>A. Please make copies of this form for future use.</li> <li>B. Please answer each question completely using layman terms. You may use additional sheets, if necessary.</li> <li>C. If you have a method of indexing your rules, please give the proposed citation after "Short Title of this Rule" below.</li> <li>D. Submit two (2) copies of this questionnaire and financial impact statement attached to the front of two (2) copies of the proposed rule and required documents. Mail or deliver to:</li> </ul>							
Jessica C. Whittaker Administrative Rules Review Section Arkansas Legislative Council Bureau of Legislative Research One Capitol Mall, 5 <sup>th</sup> Floor Little Rock, AR 72201 ***********************************							
1. What is the short title of th	is rule? Section I 1-21 – Telemedicine						
2. What is the subject of the p	proposed rule? See Attached.						
	aply with a federal statute, rule, or regulation? Yes ederal rule, regulation, and/or statute citation.	□ No ⊠					
4. Was this rule filed under the	he emergency provisions of the Administrative Proce	edure Act?					
	Yes	□ No ⊠					
If yes, what is the effective	e date of the emergency rule?						
When does the emergency	rule expire?						
Will this emergency rule be Procedure Act?	Will this emergency rule be promulgated under the permanent provisions of the Administrative Procedure Act?						
	Yes	□ No □					

5.	Is this a new rule? Yes No No If yes, please provide a brief summary explaining the regulation.
	Does this repeal an existing rule? Yes No No If yes, a copy of the repealed rule is to be included with your completed questionnaire. If it is being replaced with a new rule, please provide a summary of the rule giving an explanation of what the rule does.
	Is this an amendment to an existing rule? Yes No In If yes, please attach a mark-up showing the changes in the existing rule and a summary of the substantive changes. Note: The summary should explain what the amendment does, and the mark-up copy should be clearly labeled "mark-up."
	See attached.
6.	Cite the state law that grants the authority for this proposed rule? If codified, please give the Arkansas Code citation. <u>Arkansas Code §§ 20-76-201, 20-77-107, and 25-10-129</u>
7.	What is the purpose of this proposed rule? Why is it necessary? See Attached.
8.	Please provide the address where this rule is publicly accessible in electronic form via the Internet as required by Arkansas Code § 25-19-108(b).
	https://humanservices.arkansas.gov/do-business-with-dhs/proposed-rules/
9.	Will a public hearing be held on this proposed rule? Yes No I If yes, please complete the following:
	Date: October 19, 2021
	Time: 11:30a.m.
	Place: https://us02web.zoom.us/j/86967967222
10.	When does the public comment period expire for permanent promulgation? (Must provide a date.)  November 8, 2021
11.	What is the proposed effective date of this proposed rule? (Must provide a date.) January 1, 2022
12. pub	Please provide a copy of the notice required under Ark. Code Ann. § 25-15-204(a), and proof of the lication of said notice. See Attached.
13.	Please provide proof of filing the rule with the Secretary of State as required pursuant to Ark. Code Ann. § 25-15-204(e). See Attached.
14.	Please give the names of persons, groups, or organizations that you expect to comment on these rules?  Please provide their position (for or against) if known. Unknown.

Revised June 2019

# FINANCIAL IMPACT STATEMENT

# PLEASE ANSWER ALL QUESTIONS COMPLETELY

DE]	EPARTMENT Department of Human Services						
DIVISION Division of Medical Services							
PEI	RSON	COMPL	ETING THIS	STATEMENT Jas	on Callan		
TE	LEPH	IONE 501-	-320-6540	FAX 501-682-815	5 EMAIL: Jason	.Callan@dhs.	arkansas.gov
To Sta	comp	ly with Arl	k. Code Ann. § wo copies with	25-15-204(e), pleas the questionnaire a	te complete the followind proposed rules.	ing Financial	Impact
	IORT JLE	TITLE O	F THIS	Section I 1-21 – 7	Telemedicine		
1.	Does	this propo	sed, amended,	or repealed rule hav	e a financial impact?	Yes 🗌	No 🖂
2.	Is the rule based on the best reasonably obtainable scientific, technical, economic, or other evidence and information available concerning the need for, consequences of, and alternatives to the rule?  Yes  No						No 🗌
3.	3. In consideration of the alternation by the agency to be the least consideration.			tives to this rule, was	s this rule determined 1?	Yes 🖂	No 🗌
	If an agency is proposing a more costly rule, please state the following:  (a) How the additional benefits of the more costly rule justify its additional cost;						
	(b) The reason for adoption of the more costly rule;						
	(c) Whether the more costly rule is based on the interests of public health, safety, or welfare, and if so, please explain; and;						welfare, and if
	(d)	(d) Whether the reason is within the scope of the agency's statutory authority; and if so, please explain.					
4.	. If the purpose of this rule is to implement a federal rule or regulation, please state the following:						
	(a) What is the cost to implement the federal rule or regulation?						
Current Fiscal Year  General Revenue \$0 Federal Funds \$0 Cash Funds Special Revenue			\$0		General Revenue Federal Funds Cash Funds Special Revenue	\$0 \$0	

Other (Identify)		Other (Identify)	
Total 5	60	Total §	60
(b) What is the	additional cost of the state rule?		
Current Fiscal	<u>Year</u>	Next Fiscal Year	
General Revenue Federal Funds Cash Funds Special Revenue Other (Identify)	\$0 \$0	Cash Funds Special Revenue	\$0 \$0
Total	\$ 0	Total	\$ 0
they are affected.  Current Fiscal Year  \$	d, or repealed rule? Identify the	Next Fiscal Year  \$	proposed rule and explain hov
Current Fiscal Year  \$ _0		Next Fiscal Year  \$ 0	
or obligation of at private entity, priv	agency's answers to Questions # least one hundred thousand dollar ate business, state government, co those entities combined?	rs (\$100,000) per year to ounty government, muni-	a private individual,
		Yes ☐ No ⊠	
time of filing the fi	is required by Ark. Code Ann. § nancial impact statement. The warmpact statement and shall include	ritten findings shall be f	iled simultaneously
(1) a statement of t	he rule's basis and purpose;		
(2) the problem the a rule is require	e agency seeks to address with the	e proposed rule, includin	g a statement of whether
(a) justifies	The factual evidence that: the agency's need for the proposes how the benefits of the rule me's costs;		
			Revised June 2019

- (4) a list of less costly alternatives to the proposed rule and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule;
- (5) a list of alternatives to the proposed rule that were suggested as a result of public comment and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule;
- (6) a statement of whether existing rules have created or contributed to the problem the agency seeks to address with the proposed rule and, if existing rules have created or contributed to the problem, an explanation of why amendment or repeal of the rule creating or contributing to the problem is not a sufficient response; and
- (7) an agency plan for review of the rule no less than every ten (10) years to determine whether, based upon the evidence, there remains a need for the rule including, without limitation, whether:
  - (a) the rule is achieving the statutory objectives;
  - (b) the benefits of the rule continue to justify its costs; and
  - (c) the rule can be amended or repealed to reduce costs while continuing to achieve the statutory objectives.

# Statement of Necessity and Rule Summary Section I 1-21 -Telemedicine

Why is this change necessary? Please provide the circumstances that necessitate the change.

The 93<sup>rd</sup> General Assembly enacted Act 767 and Act 829. Act 767 amends the Telemedicine Act to allow the originating site to include the home of the client. Act 829 amends the Telemedicine Act to allow provider reimbursement for telemedicine provided via telephone. The Division of Medical Services is revising Section I of the General Provider Manual to reflect the changes in these two (2) acts.

# What is the change? Please provide a summary of the change. <u>Section I- General</u>

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  - b. Medical documentation is subject to the same audit and review process required by payers and governmental agencies when requesting documentation of other care delivery such as in-office or face-to-face visits.
- 2. A facsimile machine;
- Text messaging; or
- 4. Email."

#### NOTICE OF RULE MAKING

The Director of the Division of Medical Services of the Department of Human Services announces for a public comment period of thirty (30) calendar days a notice of rulemaking for the following proposed rule under one or more of the following chapters, subchapters, or sections of the Arkansas Code: §§ 25-10-129, 20-76-201, and 20-77-107.

### Effective January 1, 2022:

The Director of the Division of Medical Services (DMS) amends Section I f the General Provider Manual to incorporate Acts 767 and 829 of the 93<sup>rd</sup> General Assembly. DMS adds that an originating site includes the home of a client. DMS clarifies that only originating sites operated by a licensed or certified healthcare professional or entity are eligible to bill a facility fee. DMS also adds criteria to establish a professional relationship for health care providers licensed in Arkansas who have access to the personal health record maintained by a health care professional and uses technology deemed appropriate to diagnose and treat. Telemedicine Exclusions are added. The exclusion to telemedicine includes audio only communication (unless the communication is in real-time, is interactive, and substantially meets the requirements for a health care service that would otherwise be covered by the health benefit plan); fax machines; text messaging; or email.

The proposed rule is available for review at the Department of Human Services (DHS) Office of Rules Promulgation, 2nd floor Donaghey Plaza South Building, 7th and Main Streets, P. O. Box 1437, Slot S295, Little Rock, Arkansas 72203-1437. You may also access and download the proposed rule at <a href="https://humanservices.arkansas.gov/do-business-with-dhs/proposed-rules/">https://humanservices.arkansas.gov/do-business-with-dhs/proposed-rules/</a>. Public comments must be submitted in writing at the above address or at the following email address: <a href="https://orange.org/QRP@dhs.arkansas.gov">ORP@dhs.arkansas.gov</a>. All public comments must be received by DHS no later than November 8, 2021. Please note that public comments submitted in response to this notice are considered public documents. A public comment, including the commenter's name and any personal information contained within the public comment, will be made publicly available and may be seen by various people.

A public hearing by remote access only through a Zoom webinar will be held on October 19, 2021, at 11:30 a.m. and public comments may be submitted at the hearing. Individuals can access this public hearing at <a href="https://us02web.zoom.us/i/86967967222">https://us02web.zoom.us/i/86967967222</a>. The webinar ID is 869 6796 7222. If you would like the electronic link, "one-tap" mobile information, listening only dial-in phone numbers, or international phone numbers, please contact ORP at <a href="https://organizational.org/">ORP@dhs.arkansas.gov</a>.

If you need this material in a different format, such as large print, contact the Office of Rules Promulgation at 501-396-6428.

The Arkansas Department of Human Services is in compliance with Titles VI and VII of the Civil Rights Act and is operated, managed and delivers services without regard to religion, disability, political affiliation, veteran status, age, race, color or national origin.

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Elizabeth Pitman, Director Division of Medical Services