

## LAVACA WELLNESS CENTER

A SUSTAINABLE MODEL FOR  
SCHOOL-BASED COMMUNITY  
HEALTH CENTERS

Superintendent  
Jared A. Cleveland  
July 2012

### SUPERINTENDENT FOCUS:

#### o MY FOCUS:

- Brief history of SBHC in Arkansas
- Identify the need for SBHC in Arkansas
- Discuss the source of funding s for AR SBHC
- the relationship between the school and health care provider
- Overview of the Lavaca Wellness Center

### THE IDENTIFIED NEED IN ARKANSAS...

- K-12 2010 student population: 467,061 (59% or 276,034 qualified for free or reduced lunch)(Source: ADE School Performance Report)
- The percentage of public school children that have Medicaid coverage is over 53%(source MITS)
- There are currently over 345,000 children aged 3-20 that have Medicaid in the state of Arkansas. (source MITS)



### THE IDENTIFIED NEED IN ARKANSAS...

- Early Periodic Screening, Diagnosis, and Treatment (EPSDT)...34% of Medicaid school age children in AR were served in 2010 (source Arkansas Advocates for Children & Families)
  - 227,000 had no EPSDT
  - AR ranks last in the country



## BARRIERS TO IMPROVING STUDENT HEALTH

- Current economic climate
  - Skimping on prevention and screening
    - Leads to increased medical costs
- Geography...Not enough medical providers/specialists
  - Mainly in population centers
- Low reimbursement rates
  - \$56.41 and has not increased since 2004 (Surrounding states, \$82.51-92.63)
- Access for caretakers
  - Missing work means missing income.
  - Transportation
  - Language
- Inconsistent enrollment
  - Annual re-enrollment
    - Children lose coverage due to paperwork or procedural reasons, not because he/she became ineligible

## SOURCE OF FUNDING FOR SBHC

- Primarily through state general funds and the Maternal and Child Health Block Grant under Title V of the Social Security Act.
- In Arkansas, our Governor tapped into the tobacco excise tax dollars to fund school-based health centers through competitive grants.

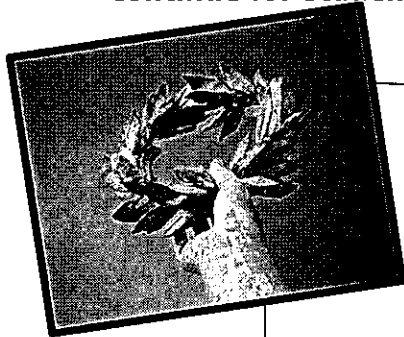
## COORDINATED SCHOOL HEALTH AND WELLNESS CENTER INITIATIVE (CSH & WCI)

- With funding from ACT 180 of 2009, the tobacco excise tax, the Arkansas Department of Education (ADE) Office of Coordinated School Health in collaboration with the Arkansas Department of Health (ADH), Arkansas Department of Human Services (DHS), Arkansas Center for Health Improvement (ACHI), and Arkansas Children's Hospital (ACH), awarded nine "Coordinated School Health and Wellness Center Initiative" (CSH & WCI) grants to promote health, wellness, and academic achievement in Arkansas' public schools.

## ORIGINAL NINE WELLNESS CENTERS & SECOND WAVE

- |  |  |
|--|--|
| ○ Dollarway School District            | ○ Cross County School District   |
| ○ Fayetteville School District         | ○ Magazine School District   |
| ○ Gurdon School District               | ○ Ouachita River   |
| ○ Lavaca School District               |  |
| ○ Lincoln Consolidated School District |  |
| ○ Harrison School District             |  |
| ○ Paragould School District            | ○ WCI GRANT: \$175,000 per year for three years renewable up to five years |
| ○ Paris School District                |  |
| ○ Springdale School District           |  |

### Relationships to be maintained for services to continue for students, staff and community



#### School-based Clinic Staff

- Physician
- APN
- LPN
- Dentist

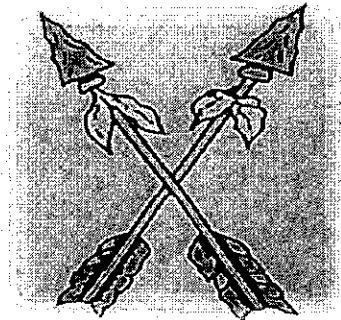
#### Student Wellness Center Staff

- R.N.
- Licensed Mental Health Therapist

#### For 2012-2013 School Term....additions

- Optometrist - Opening in August
- Audiologist - As appointments are scheduled.

## LAVACA WELLNESS CENTER



- oThe Lavaca Wellness Center is a school based health clinic (SBHC) that is located at the Lavaca Middle School.
- oThe clinic serves the students and staff of the Lavaca Public School District.
- oThe clinic also serves the community of the River Valley.
- oBusiness hours are 9:00 am – 5:00 pm Monday through Friday.
- oProvided Services:
  - Physical Health: (Five Components of the Clinic)
    - o Medical, Dental, Audiological, Optometric, Mental Health



**Wellness Center opens on January 3, 2011.**

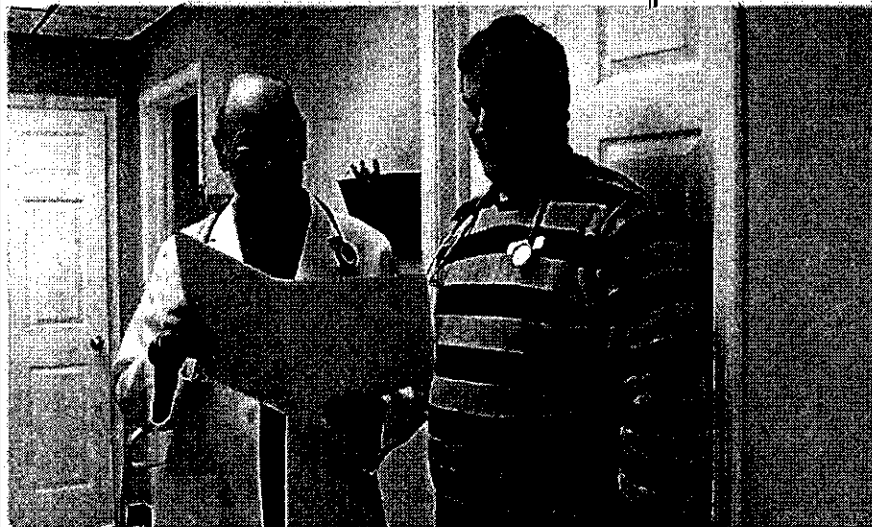
Pictured (L-R) are Dr. Cody Friddle, Mr. Perry Newman, Mr. Tony Wood, Mrs. Lorlie Runion, Representative Gary Deffenbaugh, Representative Gary Stubbiefield, Mr. Jonathan Broniste, Mrs. Anne Sneed, Mr. Ronnie Dean, Dr. Robert Sanders, Mayor Hugh Hardgrave, Mr. Dzaldi Daud, Mrs. Tricia May, and Mr. Jared Cleveland.



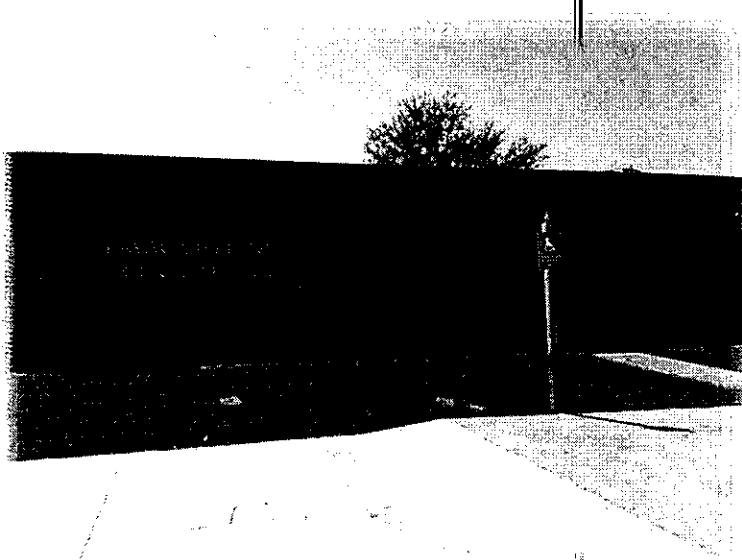
**GET COMMUNITY MEMBERS AND REGIONAL MEMBERS "IN"...**  
**(BROAD-BASED ATTENDANCE AT MONTHLY CSH COMMITTEE MEETINGS)**



**Matt Griffin: Director of CURE. Specializing in donating medical supplies around the world for those in need...**



**DR. SANDERS AND JONATHAN BRONISTE A.P.N.  
WILLING TO PARTNER IN THE LAVACA WELLNESS CENTER**



The clinic was designed to provide safety and privacy for students. There is a secure access between the school and the clinic and it is only accessible to clinic staff responsible for escorting students to the clinic for services where they will be taken directly to an exam room. The general public accesses the clinic from the north side of the middle school and the entrance is handicap accessible.

## WHAT SERVICES ARE PROVIDED AT THE LAVACA WELLNESS CENTER PROVIDE?

- Primary care for illness and injury
- Comprehensive annual exams
- Sports physicals
- Laboratory tests
- Prescription Medications with delivery service available
- Referrals for services not provided by The Lavaca Wellness Center
- Mental Health Services in partnership with **Vista Health**
- Health Promotion and Prevention Programs
- Dental Care through partnership with **Dr. Cody Friddle**
- Optometrist **Dr. Hon Q. Chung**



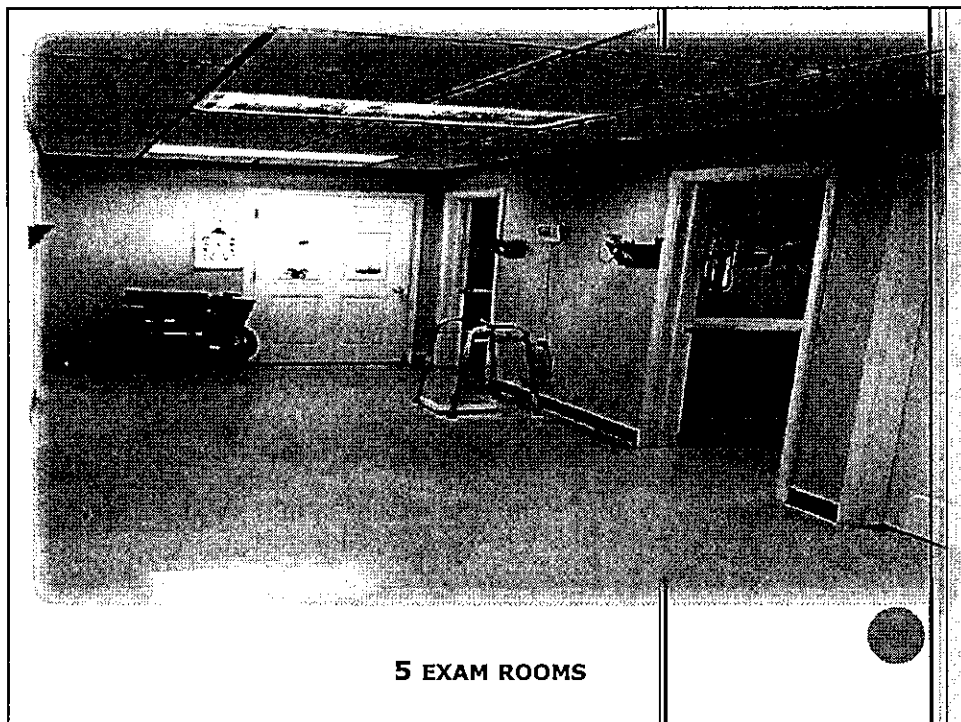
## PAYMENT FOR SERVICES:

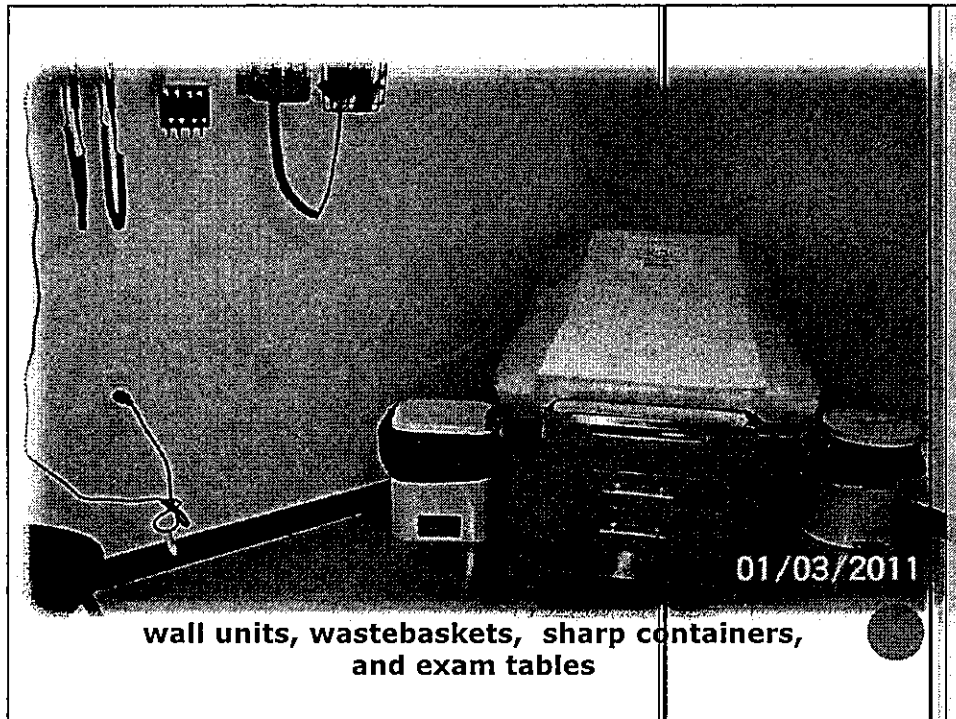
- Most insurance plans are accepted including Medicaid and ARKids 1<sup>st</sup>.
- A co-pay may be required; however, no child will be turned away because of inability to pay for services.
- *(ARWITS provided \$5,000 to LPS for costs associated with students who cannot pay)*



## WHAT IS NEEDED FOR A CHILD TO RECEIVE SERVICES?

- Students need consent forms on file in order to access services.
- All students needing services must visit the school nurse prior to receiving clinic services during school hours.
- Parents must be notified prior to the delivery of services for approval.





### MEDICAL CLINIC DATA 2011

	Students Served	Cash/Self pay	Total Visits
January 2011	24	35	490
February	55	24	432
March	124	37	432
April	48	37	515
May	77	20	274
June	64	29	432
July	61	23	443
August	120	34	457
September	128	33	526
October	117	30	538
November	124	30	516
December	136	19	543
January 2012	153	23	578

## Dental Data 2011

	Total Students Seen
January	0
February	8
March	29
April	14
May	27
June	5
July	7
August	1
September	14
October	14
November	2
December	7
January	17

## Mental Data 2011

Vista Health	Total Students Seen	Total Visits Made
January 2011	28	162
February	28	214
March	26	249
April	23	191
May	36	270
June	35	248
July	24	268
August	34	245
September	38	229
October	42	298
November	58	302
December	46	184

## SICK DAY USAGE OF STAFF

- o Sick/Personal day usage was down roughly 20% from the previous spring semester
- o Of the 134 employees of LPS:
  - Total of 162 employee visits to the medical clinic



## CONTACT INFORMATION

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