

ARKANSAS MINORITY HEALTH COMMISSION

2017 Public Health, Welfare,
and Labor Annual Report

ShaRhonda J. Love, MPH
Director



MISSION

To ensure all minority Arkansans equitable access to health and health care and to seek ways to promote health and prevent diseases and conditions that are prevalent among minority populations

AR MINORITY POPULATIONS

Arkansas Minority Population, 2010

- Black 15.5%
- Latino: 6.7%
- Other: 4.9%
- Asian: 1.3%

*U.S. Census Bureau

FY2017 IMPACT

- Citizen Encounters **(33,745)**
- Screenings **(21,871)**
- Initiatives & Collaborations with Community Partners **(62)**
- Community Forums **(4)**
- Ask the Doctor Show **** (70,000 Listeners)**
- Volunteers **(5,215 hours)**



Data obtained from Arkansas Minority Health Commission post event forms as of 8/1/17

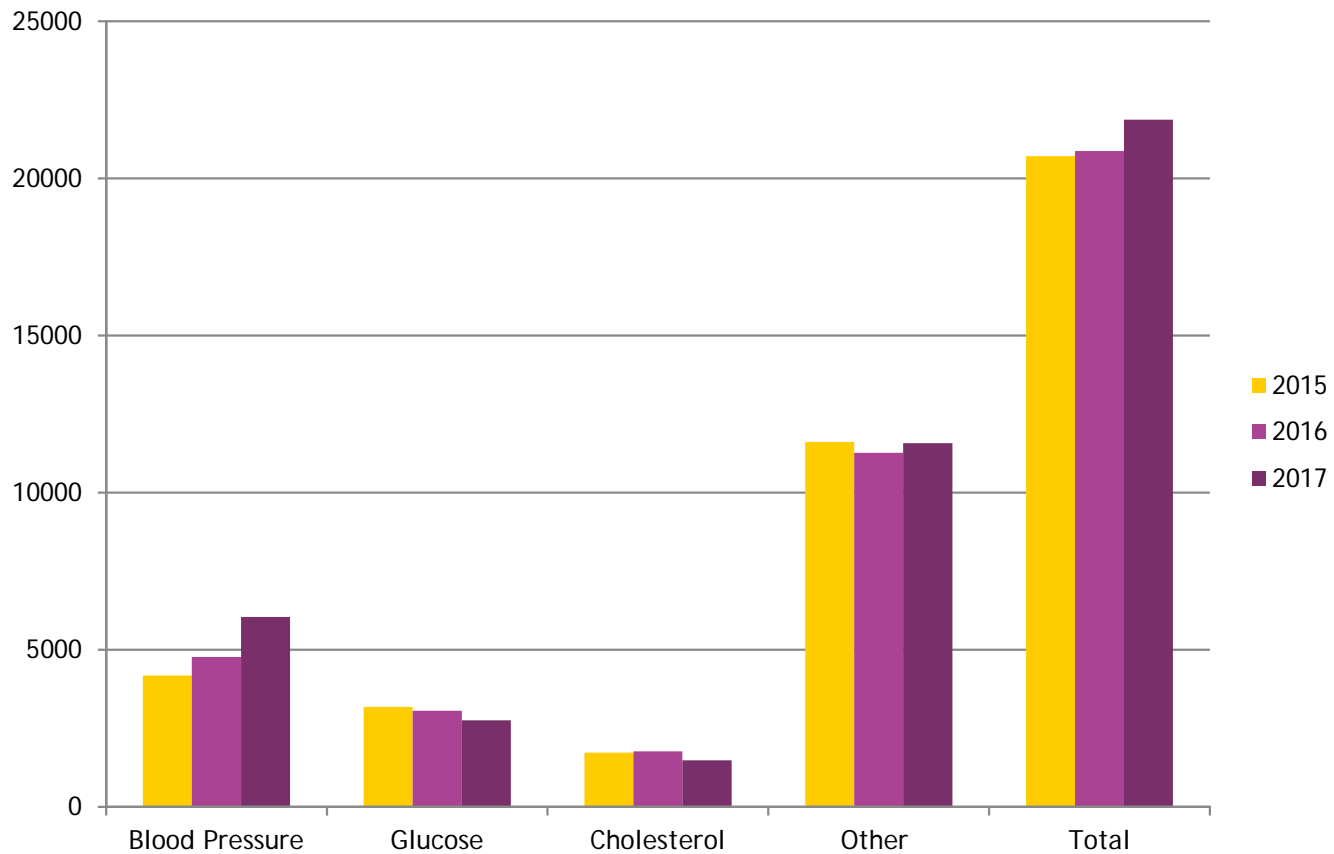
** Based on 2016 Arbitron Ratings

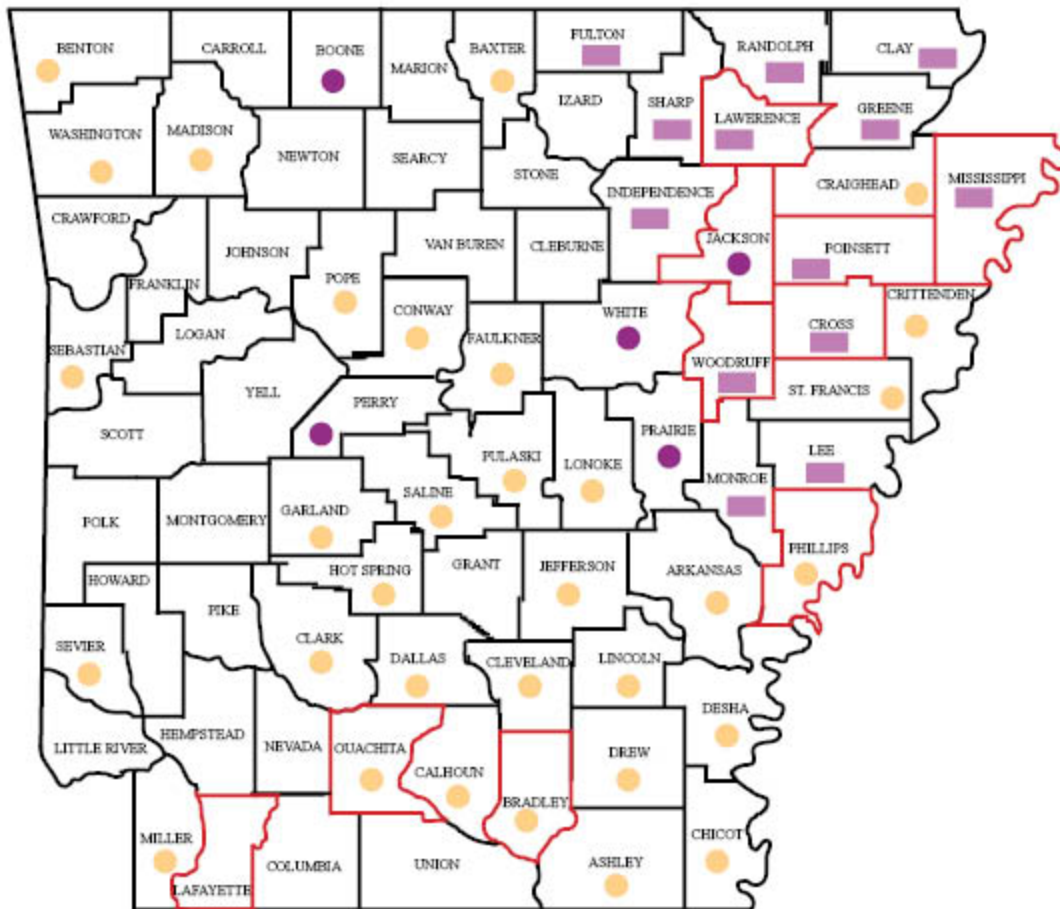


ACTIVITIES IN MEETING GOALS/MANDATES - FY2017

INCREASE SCREENINGS (Goal 1)	OUTREACH/ EDUCATION (Goal 2)	Resource Database (Goal 3)	Stakeholders (Goal 4)	COLLABORATION/ COORDINATION (Goal 5)	CONSTITUENCY (Goal 6)	POLICY (Goal 7)
Hypertension Initiative	Southern Ain't Fried Sundays	Public Health in Arkansas Communities Search system (PHACS)	Workforce Diversity Report	Arkansas Minority Health Consortium	Public Forums	State of Minority Health Summit
Statewide Initiative	Radio, TV, Print		Society for Public Health Education (SOPHE)	Public Health Leaders' Roundtable	Health Fairs	Tobacco Policy Initiatives
Red County Initiative	Sponsorship/ Partnership					Legislative Policy Summary

INCREASE SCREENINGS





Screenings:

- Blood pressure, glucose and cholesterol
- Blood pressure and glucose
- Glucose only
- Red counties indicate life expectancy is up to 10 years less than other counties



INCREASE HEALTH EDUCATION

Pregnant, or Might Become Pregnant

Protect yourself from Zika Virus



Zika Virus causes serious birth defects through mosquito bites and during sex.

Protect yourself from mosquito bites:

- Use insect repellent with DEET, Picaridin, IR3535
- Wear long-sleeved shirts and long pants and tuck them in
- Remember that mosquitoes bite during the day
- Mosquito-proof your home by using window and door screens
- Remove standing water around your home to help reduce mosquito breeding

If you travel to the Caribbean, Central or South America, protect from mosquito bites for at least 71 days before you get pregnant, or right before pregnancy, if you are already pregnant, or when you're going to have a baby. Visit www.cdc.gov/zika for more information.

Protect yourself during sex:

- If you're infected with Zika, you should not have sex with your partner for at least 6 weeks after the symptoms go away
- Take precautions and talk to a healthcare provider if you have sex with your partner during pregnancy

If a close sex partner has been diagnosed with Zika or has symptoms of Zika, you should avoid sex for at least 6 weeks after the symptoms go away. If you have sex with a partner who has symptoms of Zika, you should avoid sex for at least 6 weeks after the symptoms go away. If you have sex with a partner who has symptoms of Zika, you should avoid sex for at least 6 weeks after the symptoms go away.

ARKANSAS DEPARTMENT OF HEALTH

¿Embarazada o pudiera quedar embarazada?

¡Protejase del virus del Zika!



El virus del Zika causa defectos serios de nacimiento a través de las picaduras de mosquito y durante las relaciones sexuales.

Protejase de las picaduras de mosquito:

- Use repelente de insectos con DEET, Picaridin, IR3535 o aceite de eucalipto
- Use camisas de manga larga y pantalones largos. Tále los mangos y los puños
- Recuerde que los mosquitos pican durante el día y por la noche
- Mantenga el agua estancada alejada de su casa para evitar que los mosquitos se reproduzcan

Si viaja a la América Central, América del Sur o a las Islas del Caribe, protéjase de las picaduras de mosquito por lo menos 71 días después de haber viajado.

Si está embarazada, o planea quedar embarazada, protéjase de las picaduras de mosquito por lo menos 71 días antes de quedar embarazada. Visite www.cdc.gov/zika para obtener más información.

Protejase durante las relaciones sexuales:

- Si usted está infectado con Zika, no debe tener relaciones sexuales con su pareja por lo menos 6 semanas después de que los síntomas hayan desaparecido
- Tome las debidas precauciones si tiene relaciones sexuales durante el embarazo

Si un sexo cercano ha sido diagnosticado con Zika o tiene síntomas de Zika, evite tener relaciones sexuales por lo menos 6 semanas después de que los síntomas hayan desaparecido. Si tiene relaciones sexuales con una persona que tiene síntomas de Zika, evite tener relaciones sexuales por lo menos 6 semanas después de que los síntomas hayan desaparecido.

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Kwōn ekkōl: Kij in naetan Zika kōkeijel ñan utamwe ko an ajiri ilo



Elashe kwōn bōro-ro-kōj-parok eok maiko in naetan Zika. No tōroin, ejjetok uno ñan in naetan Zika.

No kwōn bōro-ro, kōj-parok eok jām kij in gam:

- Kij-parok kele ko gam ko. Hakkon kele kee ko weh DEET, Picaridin, IR3535, o aceite de eucalipto
- Use camisas de manga larga y pantalones largos. Tále los mangos y los puños
- Recuerde que los mosquitos pican durante el día y por la noche
- Mantenga el agua estancada alejada de su casa para evitar que los mosquitos se reproduzcan

Kij in naetan Zika emarok bar ajjeeded (male) ñan bairōr eo an ilo ñen eo rej ilo ekkōl:

- Si usted está infectado con Zika, no debe tener relaciones sexuales con su pareja por lo menos 6 semanas después de que los síntomas hayan desaparecido
- Tome las debidas precauciones si tiene relaciones sexuales durante el embarazo

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RESOURCE DATABASE

Rank	Free Clinic Name	Distance (Miles)
1	Free Clinic: Westside Free Medical...	~1.27 MILES
2	Free Clinic: River City Ministry	~2.47 MILES
3	Free Clinic: Shepherd's Hope Neig...	~2.58 MILES
4	Free Clinic: St. Francis House Clinic...	~2.58 MILES
5	Free Clinic: Harmony Health Clinic	~3.67 MILES

POWERED BY esri County of Pulaski, Esri, HERE, Garmin, NGA, USGS, NPS

<http://uams.edu/phacs/default.aspx>

STAKEHOLDERS



2017 Arkansas Health Workforce Report

COORDINATION & COLLABORATION



CONSTITUENCY



FREE Community Health Screening Event

SEPT 8 WRMC MEDICAL COMPLEX
NEWPORT
 Come Anytime Between **11AM - 2PM** 2200 Malcolm Ave.

Blood Pressure Screening • Body Fat Percent • Bone Density Heel Screening
 Cholesterol Screening (fast four hours for best results) • Diabetes Education
 Glucose Testing • Peak Flow Lung Screening • Posture/Balance Screening
 Vision Screening by CustomEyes Vision Care • Vitamin D Testing • AND MORE!

FOR MORE INFORMATION CALL: (870) 262-2559

Physicians & Providers Will Be On-site!
 A Limited Number of Flu Shots will be available!

Giveaways to the first 100 participants!

Transportation is available through IMAD: (870) 664-6643

WRMC MEDICAL COMPLEX NEWPORT
 The Care You Need Where You Need It.

AMHC
 Arkansas Minority Health Commission

Thanks to our partners: White River Medical Center, MPDC Orthopaedic Clinic, ASU Newport Nursing Students, CustomEyes Vision Care, & IMAD!

POLICY



2017-2018 PLANNED WORK



QUESTIONS





**Arkansas
Minority
Health
Commission**

SHARHONDA LOVE

1501 S. Main Street
Little Rock, AR 72204
(501) 686-2720

ShaRhonda.Love@arkansas.gov

arminorityhealth.com