

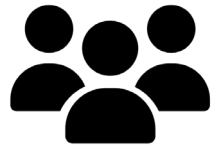


**FAMILY
CONNECTS
INTERNATIONAL**

**ARKANSAS HOUSE AGING, CHILDREN AND YOUTH,
LEGISLATIVE & MILITARY AFFAIRS COMMITTEE**

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November 20, 2023

THE FAMILY CONNECTS UNIVERSAL NEWBORN NURSE HOME VISITING MODEL



FOR ALL

Helping all families regardless of income or background



THREE WEEKS

Visits are scheduled around 3 weeks after a baby's birth



NO COST TO RECIPIENTS

As an eligible recipient, you will not be charged



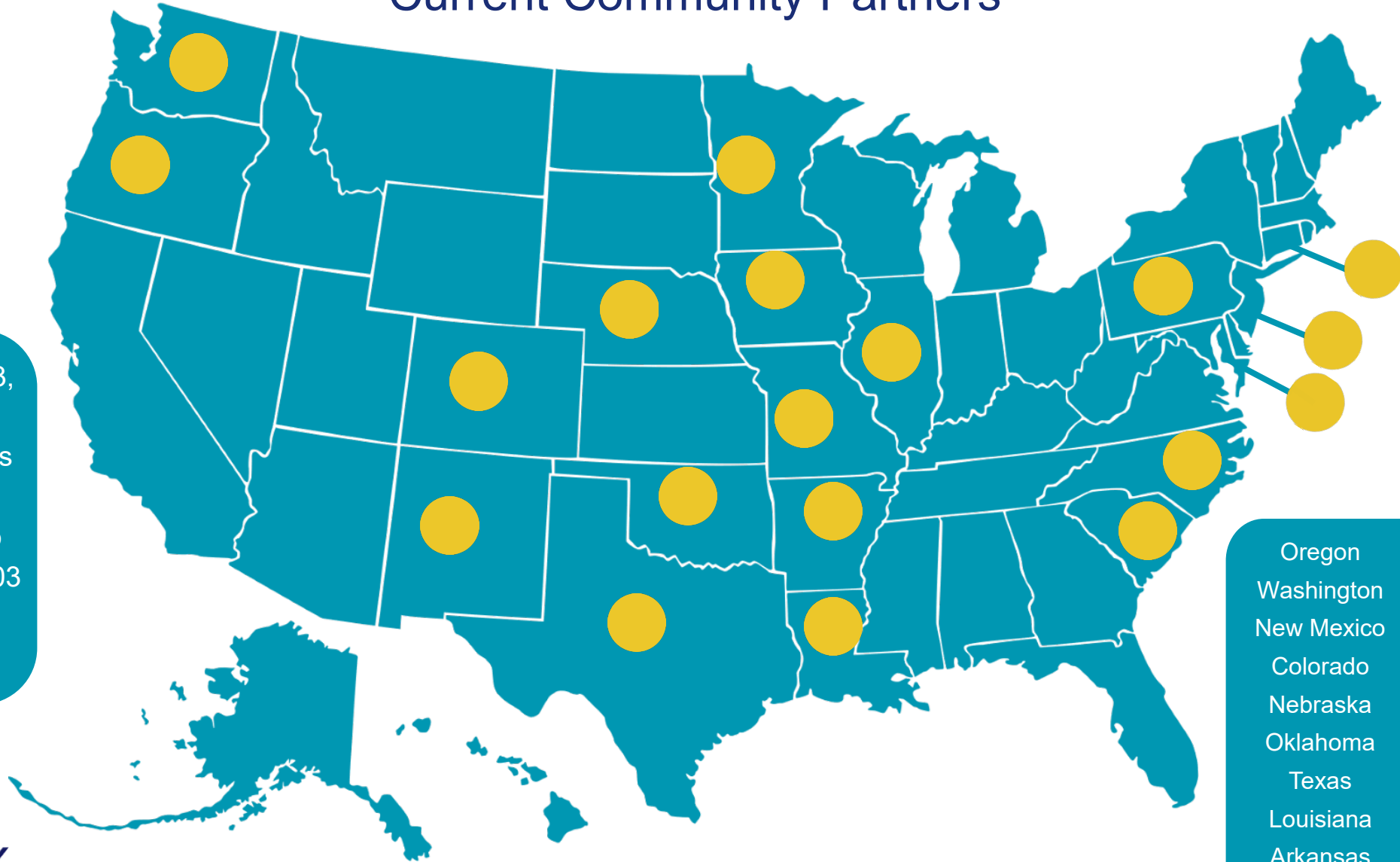
REGISTERED NURSE

All visits are made by highly trained nurses



Family Connects International

Current Community Partners



As of October 2023, there are 30 community partners serving 19 states. From July 2022 to October 2023, 22303 families have received a visit.

- Oregon
- Washington
- New Mexico
- Colorado
- Nebraska
- Oklahoma
- Texas
- Louisiana
- Arkansas
- Illinois
- Missouri
- Iowa
- Minnesota
- Pennsylvania
- Connecticut
- New Jersey
- Maryland
- North Carolina
- South Carolina

OUTCOME	RCT I	RCT II	LANCET STUDY
Maternal anxiety/depression	Mothers were 28% less likely to report possible postpartum clinical anxiety	Mothers were 30% less likely to experience possible postpartum depression or anxiety	RCT I-FC Black - Non-Hispanic White race disparity for anxiety reduced 48.3% . Depression reduced 43.5% . RCT II- Depression race disparity reduced by 24.4%
Infant-father relationship quality	Higher quality infant-father relationship for intervention group	Similar levels of father-infant relationship quality between Intervention and control groups	RCT I- FC reduced Black-White race disparity in father non-support by 18.5% . RCT II- no reduction in disparity
Infant ER care	ER visits and hospital overnight stays reduced by 50% in first year of life.	Similar rates of emergency medical care episodes between birth-6 months.	RCT I- FC reduced Black-White race disparity for child ER care by 98.8% . RCT II- 25.4%
Child Maltreatment investigations	39% reduction in total CPS investigations for suspected abuse or neglect.	44% lower rates of CPS investigations for suspected child abuse or neglect through age 2; 39% lower investigation rates through age 5.	RCT I- FC reduced Black-White race disparity in child maltreatment investigations by 38% . RCT II- 60.5%

*Other outcomes of note: Community connections increased 16%/ Increase in postpartum visit completion



PRIMARY PREVENTION

of Child Maltreatment



What is Primary Prevention of Child Maltreatment?
Stopping child abuse or neglect before it happens.

PRIMARY PREVENTION

Stop abuse **before** it occurs.

- Family strengthening & parent supports
- Universal home visiting
- Increasing economic supports for families
- Family-friendly workplace policies

SECONDARY PREVENTION

Immediate responses to target at-risk populations.

- Early Head Start
- Targeted home visiting
- Family First Prevention Services Act

TERTIARY PREVENTION

Long-term responses to stop abuse and neglect & minimize consequences.

- Foster Care
- Mental health & substance abuse programs

Upstream

Downstream

Social and Emotional Competence

Children's early experiences of being nurtured and developing a **positive relationship** with caring adult **affects all aspects** of behavior and development.

Knowledge of Parenting & Child Development

Children **thrive** when parents provide **not only affection**, but **also** respectful communication and listening, consistent rules and expectations, and **safe opportunities** that promote independence.



5

Protective Factors

Social Connections

Parents with a social network of **emotionally supportive friends, family, and neighbors** often find that it is **easier to care** for their children and themselves.



Resilience

Parents who can cope with the **stresses of everyday life**, as well an occasional crisis, have **resilience**; they have the flexibility and inner strength necessary to **bounce back** when things are not going well.



Concrete Support

Families who can meet their **own basic needs** for food, clothing, housing, and transportation—and who know how to access essential services such as childcare, health care, and mental health services to address family-specific needs—are **better able to ensure the safety and well-being of their children**.



Family Connects is a Primary Prevention Strategy that prioritizes child and family well-being.



WHY A NURSE?

1. Timing

2. Knowledge

3. Trust



FAMILY SUPPORT MATRIX DOMAINS

Support for Health Care

- Maternal Health
- Infant Health
- Health Care Plans

Support for Infant Care

- Child Care Plans
- Parent-Child Relationship
- Management of Infant Crying

Support for a Safe Home

- Household Safety/Material Supports
- Family and Community Safety
- History with Parenting Difficulties

Support for Parent(s)

- Parent Well Being
- Substance Use in Household
- Parent Emotional Support

Each factor is rated as:

1 = No family needs

3 = Community resources needed

2 = Needs addressed during visit

4 = Emergency intervention needed



COMMON REFERRAL EXAMPLES BY MATRIX FACTOR

Matrix Domain	Matrix Factor	Referral Example
Support for Health Care	1. Maternal Health	OB/Primary Care Provider
	2. Infant Health	Pediatrician
	3. Health Care Plans	Health Department for Medicaid
Support for Infant Care	4. Child Care Plans	Child Care Referral Agency
	5. Parent-Child Relationship	Early Head Start, Healthy Families, etc.
	6. Management of Infant Crying	PURPLE Crying education
Support for a Safe Home	7. Household Safety/Material Supports	Housing Authority
	8. Family and Community Safety	Social Worker, Domestic Violence Shelter
	9. History with Parenting Difficulties	Parent Child Interaction Therapy (PCIT)
Support for Parent(s)	10. Parent Well Being	Mental Health Services
	11. Substance Use in Household	Substance Use Counseling
	12. Parent Emotional Support	Parent Support Groups





FAMILY
CONNECTS

ARKANSAS
Union County

- Started visits in September 2019
- 670 visits, population reach between 47-57%
- Some issues identified during visits
 - Post partum depression/anxiety
 - Maternal high blood pressure
 - Infant feeding problems
 - Education on infant crying
 - Safe sleep practices
 - Childcare resources
 - Parenting Education



THANK YOU

