

# Alzheimer's Advisory Council

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Established in 1951, Arkansas Health Care Association (AHCA) is the state's largest organization of long term care providers, representing 93% of the licensed long term care facilities in Arkansas. Its responsibilities are to educate, inform and represent members and member facilities before government agencies, other trade associations and related industries.

The organization provides training, education and assistance to care facilities across the state, promoting high-quality care for patients and strict professional standards for staff. AHCA also strives to cooperate with the state legislature and state Office of Long Term Care to improve the quality of life in Arkansas nursing homes.



# Association Members

## Facility Membership

- Nursing Facilities: 212
- Assisted Living: 45
- Residential Care: 10
- ICF/MR: 19

## Partnerships

- Department of Human Services
- Arkansas Foundation for Medical Care
- UAMS
- Department of Health



# Long Term Care in Arkansas

25,000 patients and residents each year

29,000 employees



# Arkansas Quality Partners

Started in 2013

Arkansas ranked #47 in nation for use of antipsychotic medication for LTC residents with dementia

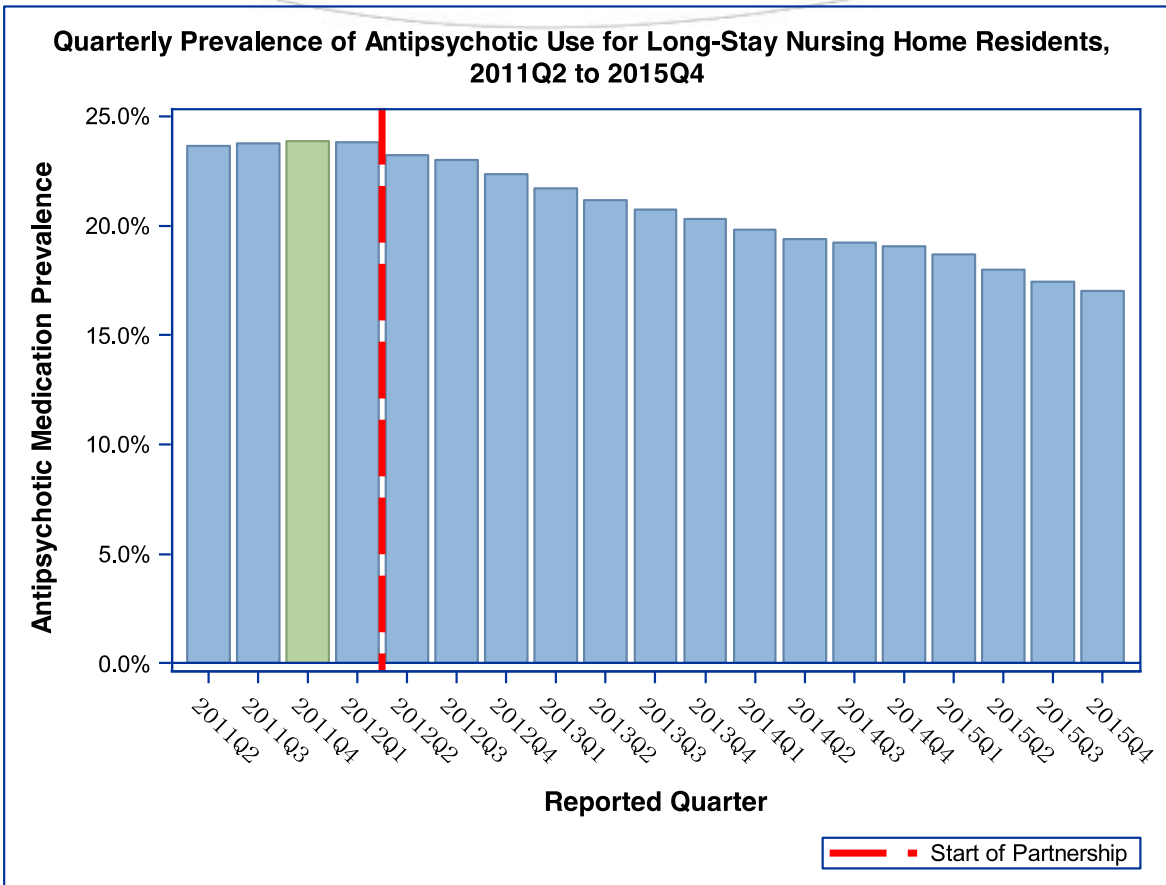
Strategic partnership with DHS, AFMC, other stakeholders

Presented on national CMS conference calls with the “National Partnership to Improve Dementia Care in Nursing Homes”

3<sup>rd</sup> most improved state in nation. Reduced percentage by 35.3% overall



# National Partnership to Improve Dementia Care



**Partnership to Improve Dementia Care in Nursing Homes**  
**Antipsychotic Drug use in Nursing Homes Trend Update**  
**Quarterly Prevalence of Antipsychotic Use for Long-Stay Residents, States 2011Q2 to 2015Q4**

State	2011Q4	2012Q2	2012Q4	2013Q2	2013Q4	2014Q2	2014Q4	2015Q2	2015Q4	Percentage point difference (2011Q4-2015Q4)	% Change
ALABAMA	27.3%	26.5%	24.0%	22.2%	22.2%	22.4%	21.9%	20.58	19.61	-7.71	-28.2%
ALASKA	13.7%	13.0%	12.4%	11.8%	12.8%	14.8%	16.4%	14.85	15.04	1.30	9.5%
ARIZONA	22.7%	21.7%	20.9%	20.2%	20.7%	17.5%	17.7%	17.56	17.04	-5.70	-25.1%
ARKANSAS	26.1%	25.3%	25.5%	24.4%	22.8%	19.9%	17.9%	17.03	16.89	-9.23	-35.3%
CALIFORNIA	21.6%	20.4%	19.2%	18.4%	17.1%	15.8%	15.2%	14.21	13.46	-8.10	-37.6%
COLORADO	19.9%	20.3%	19.4%	17.5%	16.4%	16.1%	15.9%	15.30	14.95	-4.95	-24.9%
CONNECTICUT	26.0%	25.0%	23.2%	21.6%	21.0%	20.3%	20.5%	18.60	16.90	-9.14	-35.1%
DELAWARE	21.3%	22.6%	20.9%	16.8%	15.5%	14.7%	14.8%	14.25	12.55	-8.74	-41.1%
DISTRICT OF COLUMBIA	20.0%	18.8%	18.2%	17.6%	14.5%	15.0%	14.1%	12.78	12.94	-7.04	-35.3%
FLORIDA	24.5%	23.8%	23.3%	22.1%	21.2%	20.6%	20.8%	18.89	16.88	-7.60	-31.1%
GEORGIA	28.7%	28.0%	24.2%	21.8%	21.1%	20.3%	20.2%	19.86	19.79	-8.87	-30.9%
HAWAII	12.5%	15.3%	11.7%	11.4%	11.6%	9.1%	8.4%	8.09	7.56	-4.89	-39.3%
IDAHO	25.3%	25.1%	23.9%	21.9%	19.3%	18.9%	17.2%	16.84	16.11	-9.23	-36.4%
ILLINOIS	25.7%	25.3%	25.5%	25.2%	24.0%	23.7%	23.1%	22.08	19.99	-5.71	-22.2%
INDIANA	24.0%	22.9%	22.2%	20.9%	20.2%	19.2%	18.9%	17.12	15.93	-8.10	-33.7%
IOWA	22.3%	21.7%	20.6%	20.2%	20.0%	19.3%	18.9%	17.57	16.18	-6.16	-27.6%
KANSAS	26.1%	25.2%	25.1%	23.9%	23.0%	22.8%	22.3%	20.93	20.13	-5.99	-22.9%
KENTUCKY	26.0%	25.2%	23.1%	22.0%	21.6%	20.9%	21.1%	20.12	20.28	-5.70	-22.0%
LOUISIANA	29.7%	29.1%	28.6%	27.0%	26.5%	25.1%	25.0%	23.69	20.04	-9.68	-32.6%
MAINE	27.2%	25.9%	24.2%	21.7%	20.1%	18.2%	19.3%	18.33	17.44	-9.80	-36.0%
MARYLAND	19.8%	18.5%	17.7%	16.7%	15.9%	15.8%	14.8%	14.33	13.87	-5.92	-29.9%
MASSACHUSETTS	26.7%	25.4%	24.5%	22.2%	21.2%	20.2%	19.9%	18.93	19.05	-7.67	-28.7%
MICHIGAN	16.4%	15.8%	15.5%	14.4%	13.9%	13.4%	13.7%	13.36	13.17	-3.22	-19.7%
MINNESOTA	19.0%	18.1%	18.0%	17.3%	16.6%	15.3%	14.6%	13.54	13.69	-5.34	-28.1%
MISSISSIPPI	26.6%	26.6%	25.3%	24.4%	24.3%	23.0%	23.1%	21.92	20.45	-6.13	-23.1%
MISSOURI	26.1%	25.3%	24.9%	24.4%	23.1%	21.6%	20.7%	20.10	19.19	-6.95	-26.6%
MONTANA	21.5%	19.5%	19.5%	19.2%	17.2%	16.3%	16.9%	15.48	14.85	-6.63	-30.9%
NEBRASKA	22.3%	22.6%	22.9%	22.2%	22.7%	21.4%	21.6%	20.45	18.67	-3.66	-16.4%
NEVADA	20.3%	21.1%	20.2%	20.4%	19.7%	18.8%	18.4%	17.47	15.28	-4.99	-24.6%
NEW HAMPSHIRE	25.5%	24.0%	23.7%	21.1%	20.1%	18.4%	18.8%	16.87	17.63	-7.90	-31.0%
NEW JERSEY	17.9%	17.5%	17.1%	15.9%	15.1%	14.2%	14.1%	13.16	12.80	-5.11	-28.5%
NEW MEXICO	21.7%	20.0%	22.2%	20.7%	18.1%	17.3%	16.1%	17.19	16.96	-4.71	-21.7%
NEW YORK	21.3%	20.8%	19.7%	18.9%	18.2%	17.6%	17.3%	16.04	15.47	-5.84	-27.4%
NORTH CAROLINA	21.4%	20.7%	18.0%	16.0%	15.6%	14.8%	15.3%	14.81	14.39	-7.05	-32.9%
NORTH DAKOTA	21.3%	20.6%	19.8%	18.5%	18.7%	18.3%	19.3%	19.11	18.21	-3.09	-14.5%
OHIO	25.4%	25.0%	24.5%	23.3%	22.0%	21.6%	22.0%	20.37	19.30	-6.15	-24.2%
OKLAHOMA	27.3%	27.3%	25.5%	22.7%	21.7%	20.9%	21.0%	19.88	19.40	-7.92	-29.0%

# Arkansas Quality Partners

Arkansas' Quality Partners is beginning a third year's effort of training and educating nurses, aides, nurse consultants, pharmacists, medical directors and physicians providing care to residents in nursing homes regarding the safe reduction of antipsychotic medications for residents having dementia and to aide in further implementation of positive, person centered care for those residents having behavioral issues.

Arkansas' Quality Partners seek to continue reducing the use of antipsychotic medications in nursing home residents through training of nursing home staff and other medical professionals on the use of alternative methods. The focus of these trainings include:

Direct Care Staff to ensure they are provided with the hands-on training necessary to overcome the fear of antipsychotic reduction; ensure that they understand the behavioral concerns related to residents with a Dementia diagnosis with behavioral issues; and are provided with behavioral interventions for working with residents with Dementia with behavioral issues.

Training on the recognition of behavioral triggers and warnings; and alternatives to medication.

Training on effective use of validation to decrease anxiety for residents.

Pharmacy Consultant training on identifying alternative medications and alternative methods for addressing behavioral issues among residents with Dementia who are on antipsychotics.

Medical Directors and Physicians for nursing home residents will again be offered an opportunity for a refresher program to learn of Arkansas' need to safely reduce the use of antipsychotic medications in persons with Dementia with behavioral issues.





# Arkansas Quality Partners

The work of Arkansas' Quality Partners also provides a number of benefits to nursing home residents. Those benefits include:

Residents with dementia who have behavioral concerns will receive behavioral interventions in lieu of an antipsychotic medication to address those behaviors.

Communication between nursing staff and physicians will be enhanced.

Each facility will emphasize the use of positive intervention strategies that do not require or utilize antipsychotic medications.

The health and overall well-being of nursing home residents will be improved.

Quality of life among residents with dementia with behavioral issues will be enhanced by providing alternative methods to antipsychotic medications for those behavioral issues.

During the past year, Arkansas' Quality Partners conducted numerous Positive Approach trainings for Direct Care staff, held panel trainings for Licensed Nurses, participated in AHCA's Fall Conference and Spring Convention, developed printed materials that were distributed at trainings, conducted a series of LPN trainings across the state, and more.

1,777 individuals have attended an Arkansas' Quality Partners training to date

