

1 State of Arkansas
2 87th General Assembly
3 Regular Session, 2009

HR 1009

4
5 By: Representative D. Creekmore

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8 **HOUSE RESOLUTION**

9 RECOGNIZING NATIONAL WEAR RED DAY.

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11 **Subtitle**

12 RECOGNIZING NATIONAL WEAR RED DAY.

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15 WHEREAS, diseases of the heart are the nation's leading cause of death
16 and stroke is the third leading cause of death; and

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18 WHEREAS, cardiovascular disease claims the lives of nearly four hundred
19 fifty-five thousand (455,000) American women each year, which is
20 approximately one (1) death per minute; and

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22 WHEREAS, each year, fifty-three percent (53%) of all deaths due to
23 cardiovascular disease and sixty-one percent (61%) of stroke deaths occur in
24 women; and

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26 WHEREAS, in 2008, the direct and indirect cost of cardiovascular
27 diseases in the United States, including stroke, is estimated to be four
28 hundred seventy-five billion, three hundred million dollars
29 (\$475,300,000,000); and

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31 WHEREAS, more women die of heart disease, stroke, and all other
32 cardiovascular diseases than the next five (5) leading causes of death
33 combined, including all cancers; and

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35 WHEREAS, only twenty-one percent (21%) of women consider cardiovascular
36 disease their greatest health risk; and



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WHEREAS, February is designated as American Heart Month; and

WHEREAS, Go Red For Women is the American Heart Association’s national call to increase awareness about heart disease, which is the leading cause of death for women, and to inspire women to take charge of their heart health; and

WHEREAS, each woman should learn her own personal risk for heart disease, using tools such as the American Heart Association’s Go Red For Women Heart CheckUp and by talking to her healthcare provider; and

WHEREAS, making the right choices relating to proper nutrition, physical activity, doctor visits, and other lifestyle methods is essential to living a heart-healthy life,

NOW THEREFORE,
BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE EIGHTY-SEVENTH GENERAL ASSEMBLY OF THE STATE OF ARKANSAS:

That the House of Representatives recognizes the prevalence of heart disease in women, encourages each Arkansas woman to learn her own personal risk for heart disease and to make the right choices in living a heart-healthy life, recognizes February 6, 2009, as National Wear Red Day, and urges all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red.

BE IT FURTHER RESOLVED that upon adoption of this resolution, an appropriate copy shall be provided to the Arkansas Chapter of the American Heart Association by the Chief Clerk of the House of Representatives.