

1 State of Arkansas
2 92nd General Assembly
3 Regular Session, 2019

SR 5

4
5 By: Senator Bledsoe

6
7 **SENATE RESOLUTION**

8 TO RECOGNIZE NATIONAL WEAR RED DAY.

9
10
11 **Subtitle**

12 TO RECOGNIZE NATIONAL WEAR RED DAY.

13
14
15 WHEREAS, cardiovascular disease kills 1 in 3 women in the United
16 States, yet up to 80 percent of cardiovascular disease can be prevented;
17 and

18
19 WHEREAS, cardiovascular disease and stroke kill 1 woman every 80
20 seconds in the United States; and

21
22 WHEREAS, an estimated 44 million women in the United States are
23 affected by cardiovascular disease; and

24
25 WHEREAS, 90% of women have 1 or more risk factors for developing
26 cardiovascular disease or stroke, yet only 1 in 5 women believe
27 cardiovascular disease is among their greatest health threats; and

28
29 WHEREAS, women are less likely to call 911 for themselves when
30 experiencing symptoms of a heart attack than they are if someone else is
31 having a heart attack; and

32
33 WHEREAS, only 36% of African-American women and 34% of Hispanic women
34 know that heart disease is their greatest health risk, compared with 65% of
35 Caucasian women; and

36



1 WHEREAS, the American Heart Association’s Go Red For Women movement
2 encourages women to learn their family histories and to meet with healthcare
3 providers to determine their risks for cardiovascular disease and stroke;
4 and

5
6 WHEREAS, women involved with the Go Red For Women movement live
7 healthier lives; and

8
9 WHEREAS, the Go Red For Women movement encourages women to take
10 control of their heart health by knowing and managing their total
11 cholesterol, HDL cholesterol, blood pressure, blood sugar, and body mass
12 index; and

13
14 WHEREAS, the American Heart Association observes the entire month of
15 February each year as American Heart Month to raise awareness of the
16 importance of the ongoing fight against cardiovascular disease and stroke,

17
18 NOW THEREFORE,

19 BE IT RESOLVED BY THE SENATE OF THE NINETY-SECOND GENERAL ASSEMBLY OF THE
20 STATE OF ARKANSAS:

21
22 THAT the Senate recognizes the month of February 2019 as American
23 Heart Month in Arkansas, recognizes January 31, 2019, as Wear Red Day in
24 Arkansas, and urges all Arkansans to show their support for women and the
25 fight against cardiovascular disease by commemorating this day by wearing
26 the color red.