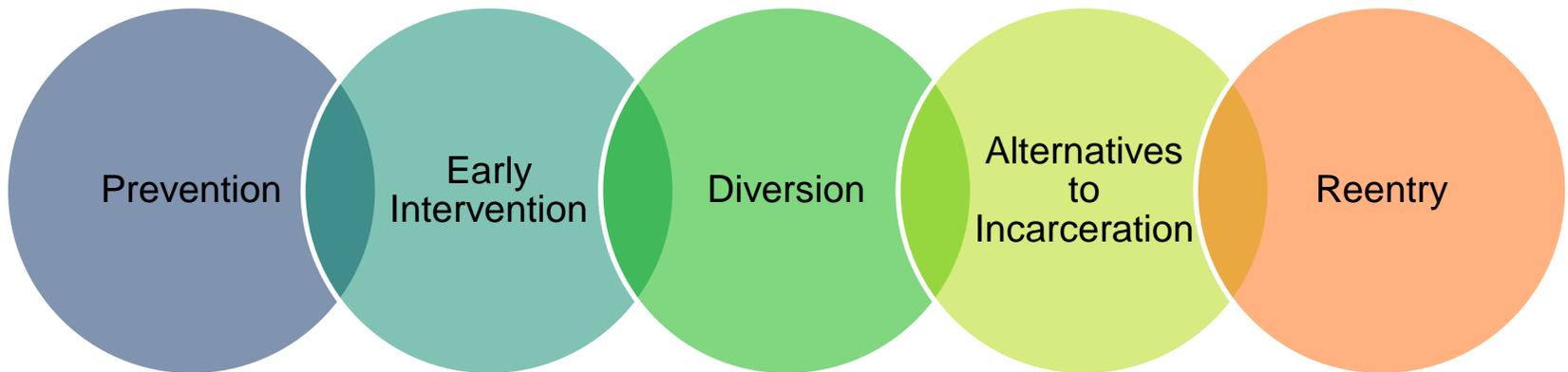


# **Behavioral Health Treatment in Arkansas**

**Division of Behavioral Health Services  
Arkansas Department of Human Services  
Julie Meyer, MPS**

# Intersection of Behavioral Health and Criminal Justice

“More than 80% of state prisoners, 72% of federal prisoners, and 82% of jail inmates meet the criteria for having either a mental health or substance use issue.”



“Studies have found that for youth in the juvenile justice system, 50% to 70% met criteria for a mental disorder and 60% met criteria for a substance use disorder.”

# There are many opportunities within the behavioral health care system

- Individuals do not have access to needed **substance abuse treatment services**
- Lack access to a continuum of **crisis services**
- **Care coordination** is not a reimbursable service
- Children are being served in **residential treatment** facilities that are far from their homes, not the best or least restrictive option, and costly to the state
- **Family Support Services** need to be available to divert children from residential services and assist in community integration



## Enhance the Accessibility of Substance Abuse Services

- Expand the populations eligible for substance abuse services within traditional Medicaid
- Enhance the available service array

# Implement a Continuum of Crisis Services

While there are pockets of crisis services in the behavioral health system, the state lacks a coordinated crisis system. Crisis services for behavioral health emergencies have the potential for significant cost savings by reducing:

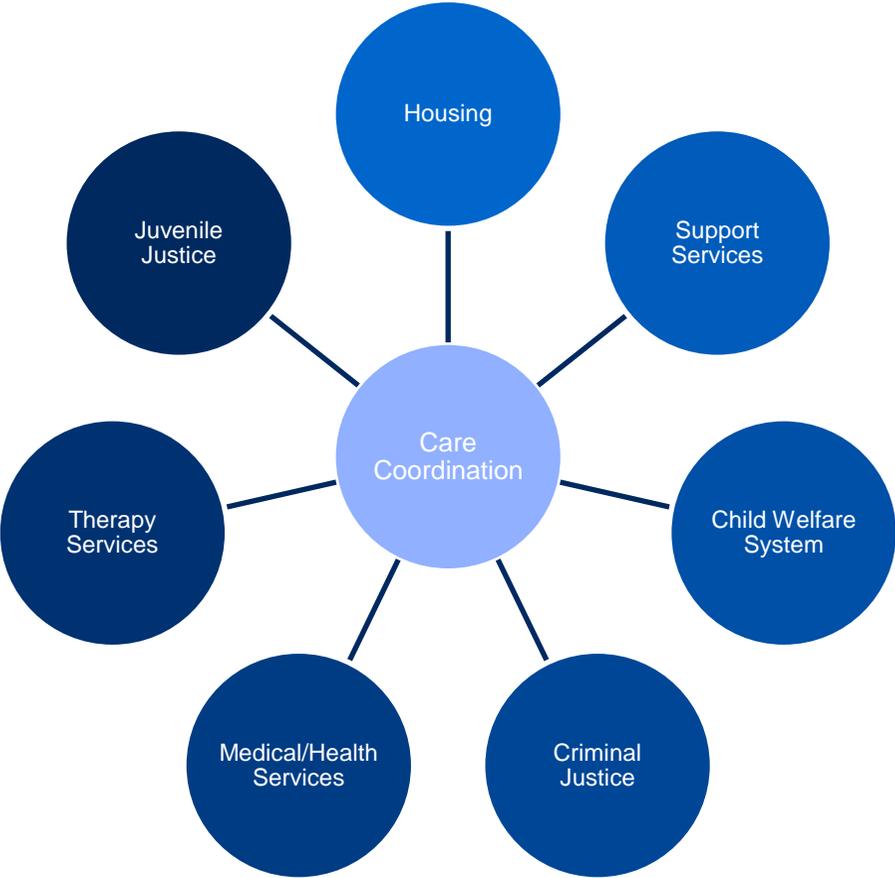
- Inpatient Hospitalization
- Emergency Department Utilization
- Jail Overcrowding

Cost savings and public safety can be dramatically increased by providing access to a handful of crisis services:

- Crisis Units
- Crisis Response and Intervention
- Substance Abuse Detoxification

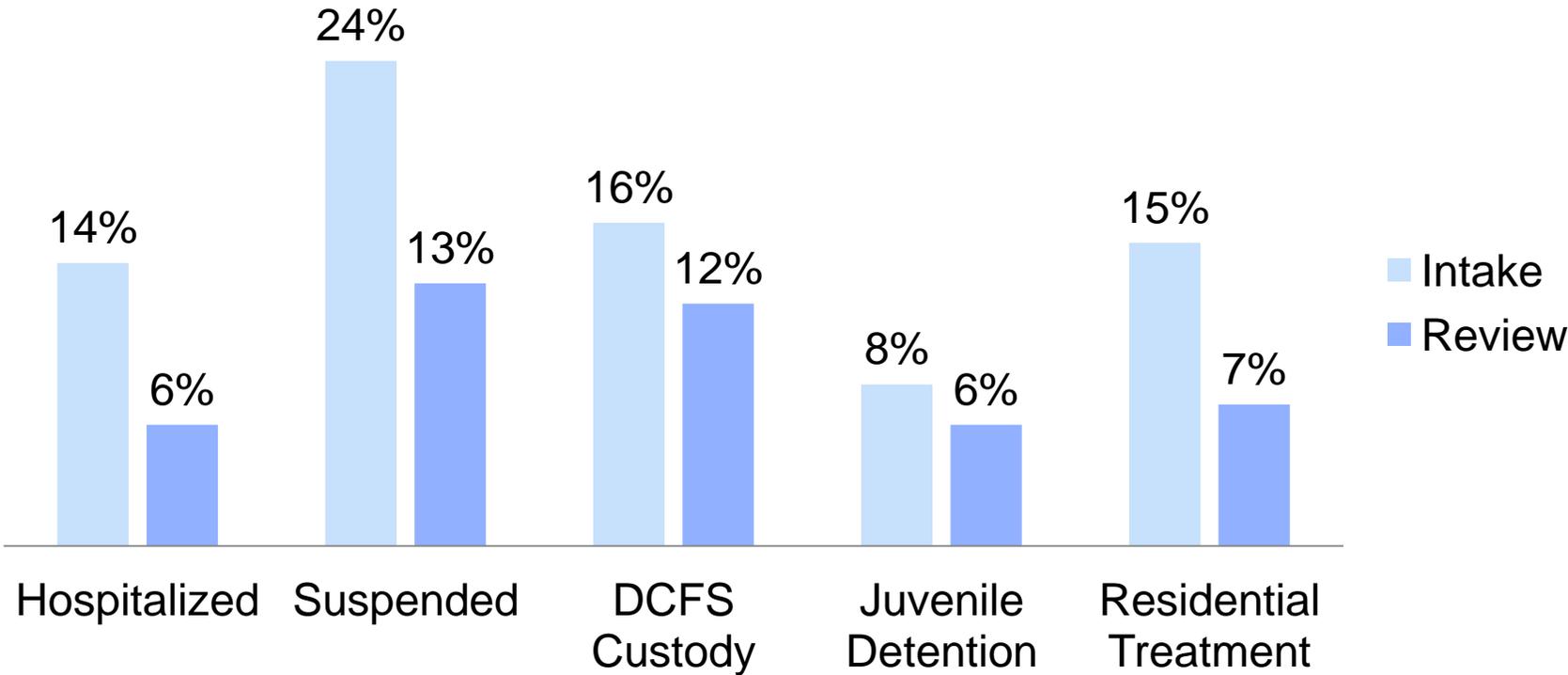
# Introduce Care Coordination as a Medicaid Reimbursable Service

Care Coordination assists adults and children with behavioral health needs develop person centered plans and access to needed services across multiple systems. Medicaid does not currently reimburse for care coordination for individuals with behavioral health challenges.



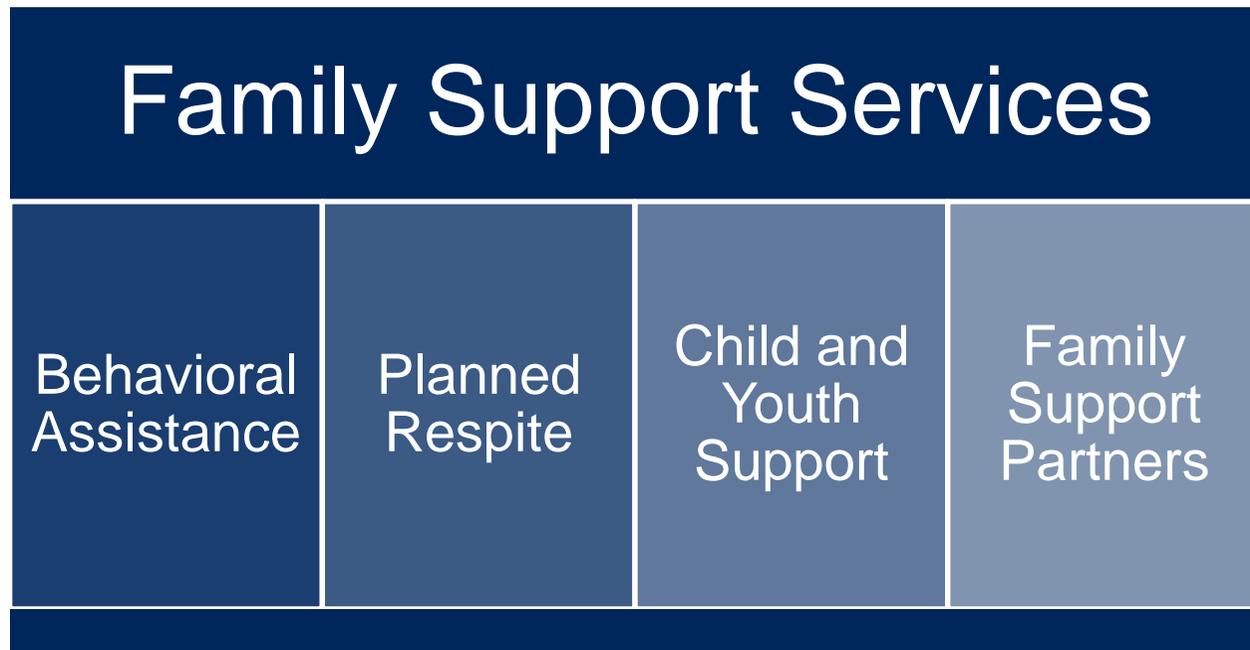
# Care Coordination Outcomes for Children in Arkansas

The Division of Behavioral Health Services has funded a model of Care Coordination, Wraparound Facilitation, at a small scale in communities across the state. The Arkansas Youth Information Form was developed to track outcomes from the beginning of Care Coordination and at 90 day reviews.



## An Alternative to Residential Care

*To keep children in school and with their families, it is essential to provide access to a continuum of family support services in their homes and communities.....*



*These services are not only effective with proven outcomes, but cost efficient.*

# Cost of Residential vs. Outpatient Services for Children

|                                      | <b>Residential</b> | <b>Outpatient</b> |
|--------------------------------------|--------------------|-------------------|
| Total Spend                          | \$148,330,000      | \$205,940,000     |
| Unique Beneficiaries                 | 5,923              | 55,443            |
| <b>Average Spend per Beneficiary</b> | <b>\$25,043</b>    | <b>\$3,714</b>    |

Source: SFY2014 Medicaid Claims