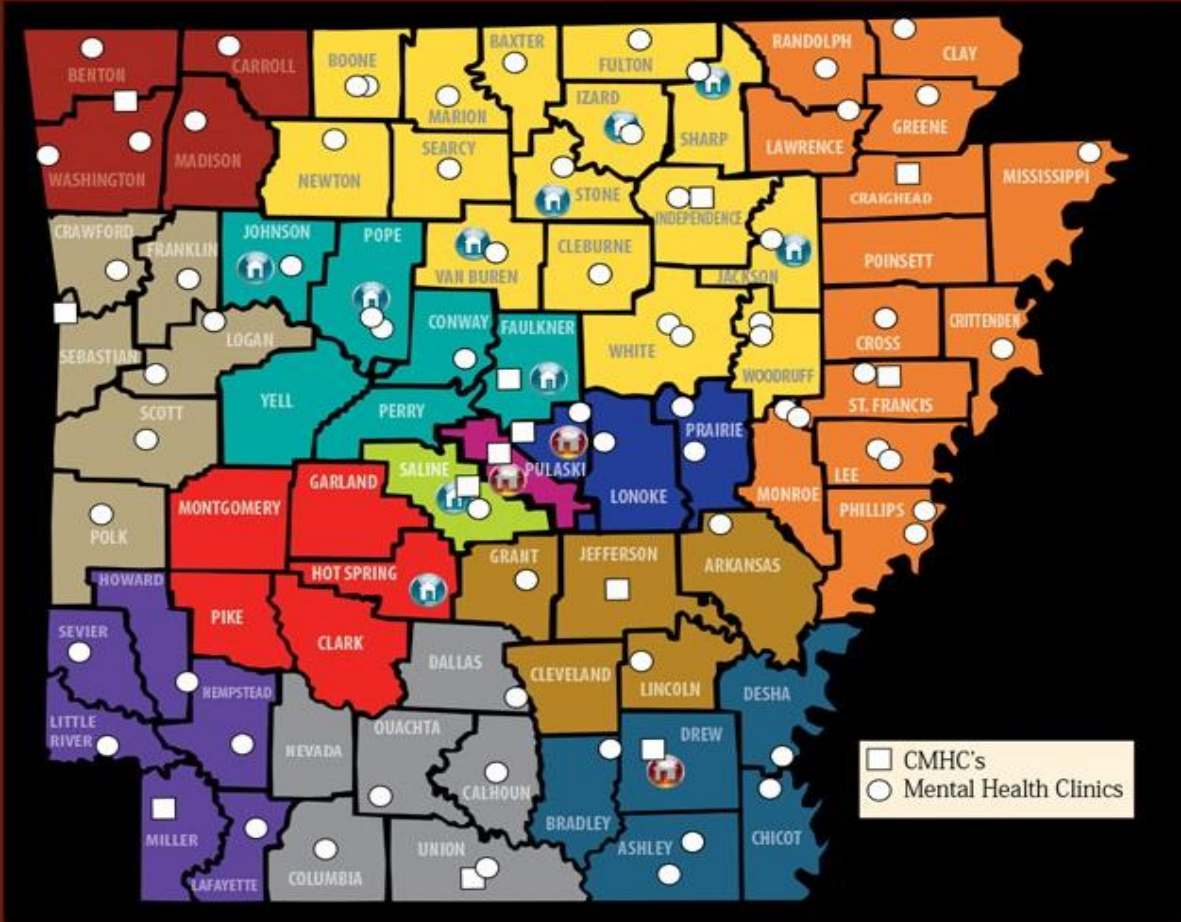


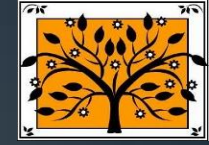
# The Mental Health Council of Arkansas

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Executive Director



*Mental Health Council  
of Arkansas*





- 12 community mental health centers, established after the 60's deinstitutionalization.
- 2 specialty centers.
- all private, non-profit, each with local voluntary board of directors.
- During SFY 2014 CMHC's provided services to **69,951** unduplicated clients; **20,750** children and **48,841** adults.

- We provide 24/7, 365 day per year coverage for crisis interventions in our jails, detention centers, courts, schools, hospital emergency rooms and intensive care units.
- In the fiscal year ending June 2014, across Arkansas our mental health professionals:
  - Screened a total of **13,916** individuals (adults and children).
  - Of these only **42.5%** (**5,917**) were hospitalized.
  - Hospitalized individuals are seen within 7 days of discharge for outpatient care.
  - Those not hospitalized (**7,999 individuals**) were referred to Community Mental Health Centers for mental health, substance abuse treatment, or other services on an outpatient basis.

## *...an Overview*

- ❑ Prior to 1963
- ❑ 5500 persons
- ❑ Arkansas State Hospital (ASH) in Little Rock, Benton Services Center and later George W. Jackson Hospital in Jonesboro.

# **Arkansas Mental Health**

- a. Deinstitutionalize the mentally ill.....
- b. psychotropic medications, the philosophy was to provide treatment
- c. least restrictive setting
- d. CAI was formed in 1972. The current 13 CMHC's were established in the 1970's. All are now private non-profit organizations. Funding is provided by some state and Federal grants, Medicaid, Medicare, private insurance, self pay, and employee assistance contracts.

## COMMUNITY MENTAL HEALTH CENTERS ARKANSAS' PUBLIC MENTAL HEALTH SYSTEM



**12 NON-PROFIT CITIZEN GOVERNED ORGANIZATIONS  
FUNDED BY STATE, FEDERAL AND LOCAL FUNDS**



**PUBLIC HEALTH SERVICE ACT SECTION 1913 REQUIRED SERVICES**

- **SERVICES TO INDIVIDUALS IN DEFINED GEOGRAPHIC AREA**
- **OUTPATIENT SERVICES, INCLUDING SPECIALIZED OUTPATIENT SERVICES FOR CHILDREN, THE ELDERLY, INDIVIDUALS WITH A SERIOUS MENTAL ILLNESS, AND RESIDENTS OF THE SERVICE AREAS OF THE CENTERS WHO HAVE BEEN DISCHARGED FROM INPATIENT TREATMENT AT A MENTAL FACILITY**
- **24-HOUR EMERGENCY SERVICES**
- **DAY TREATMENT OR OTHER PARTIAL HOSPITALIZATION SERVICES OR PSYCHOSOCIAL REHABILITATION SERVICES**
- **SCREENING FOR PATIENTS BEING CONSIDERED FOR ADMISSION TO STATE MENTAL HEALTH FACILITIES TO DETERMINE THE APPROPRIATENESS OF SUCH ADMISSION**

Specialized community mental health clinics have been developed to manage clients with special needs – GAIN, Birch and Small Group Work Therapy (now part of CCI), and Centers for Youth & Families (CYF).



# Target Population Clients

- ACT 911 patients
- Persons committed to public mental health system by Courts for dangerousness to others
- Forensic clients – persons with mental illness who are incarcerated or on probation.
- Seriously mentally ill adults (SMI)
- Emotionally disturbed children (SED)
- Others with mental health needs to the extent funds available.