

Behavioral Health Treatment in Arkansas

**Division of Behavioral Health Services
Arkansas Department of Human Services**

To make a meaningful impact on Behavioral Health treatment it is essential to address the following:

- **Substance abuse treatment services** are not adequately accessible
- Enhanced continuum of **crisis services**
- Enhance and expand **Care coordination**
- Overutilization of **residential treatment** for children
- Lack of emphasis on **Family Support Services** and other evidence based practices



Enhance the Accessibility of Substance Abuse Services

- Expand the populations eligible for substance abuse services within the traditional Medicaid program
- Enhance the available service array
- Integration of substance abuse services with behavioral health services allowing providers to treat those with co-occurring disorders.

Implement a Continuum of Crisis Services

While there are pockets of crisis services in the current behavioral health system, Arkansas lacks a coordinated behavioral health crisis system. Crisis services for behavioral health emergencies have the potential for significant cost savings by reducing:

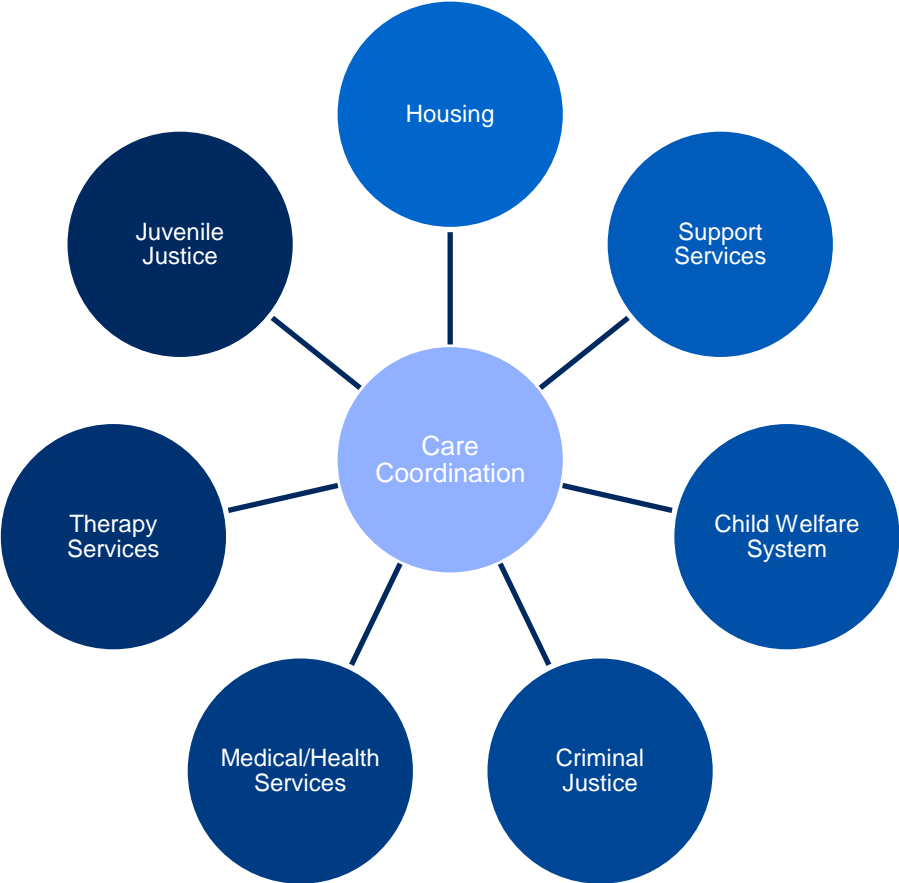
- Inpatient Hospitalization
- Emergency Department Utilization
- Jail Overcrowding

Cost savings and public safety can be dramatically increased by providing access to a handful of crisis services:

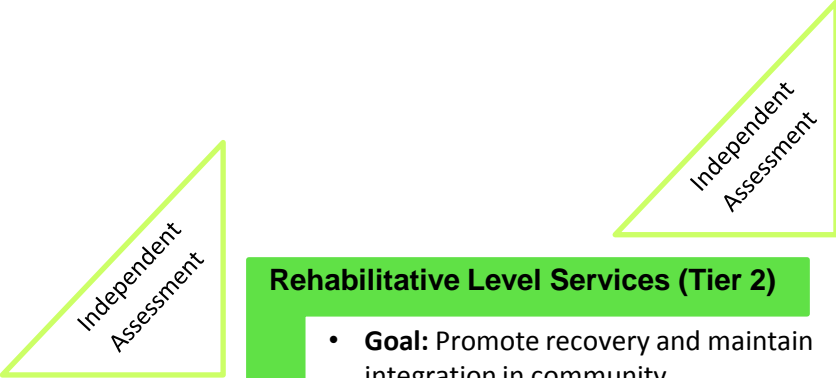
- Crisis Units
- Crisis Response and Intervention
- Substance Abuse Detoxification

Introduce a Care Coordination Entity into the Arkansas Behavioral Health System

Care Coordination assists adults and children with behavioral health needs develop person centered plans and facilitates access to needed services across multiple systems. DBHS proposes to contract with a Care Coordination entity to provide Care Coordination to individuals with the highest levels of behavioral health service need.



Proposed Behavioral Health Payment Improvement Initiative: Service Availability and Thresholds



Counseling Level Services (Tier 1)

- **Goal:** Improve access to needed services
- **Population Served:** Medicaid beneficiaries in need of mental health and/or substance abuse treatment
- **Available Services (Not Inclusive):**
 - Behavioral health counseling
 - Psychoeducation
 - Pharmacologic management
 - Diagnosis and Assessment

Rehabilitative Level Services (Tier 2)

- **Goal:** Promote recovery and maintain integration in community
- **Population Served:** Children with Serious Emotional Disturbance and Adults with Serious Mental Illness
- **Available Services (Not Inclusive):**
 - Psychotherapy
 - Treatment Plan
 - Adult Rehabilitative Day Service
 - Care Coordination
 - Peer Support
 - Family Support Partners
 - Pharmacologic Counseling
 - Child and youth support services

Intensive Level Services (Tier 3)

- **Goal:** Stabilize and prepare for integration in to community
- **Population Served:** Children with Serious Emotional Disturbance and Adults with Serious Mental Illness
- **Available Services :**
 - Psychiatric Residential for Children
 - Therapeutic Communities for Adults

In Crisis?

- Mobile response and crisis stabilization
- Acute crisis units
- Medical and Non-Medical Detoxification
- Acute hospitalization

Timeline for Behavioral Health Transformation

