

# Update. MOU Arkansas Long Term- Services & Supports Reform



Rachel Davis, Executive Director  
Arkansas Health Care Association  
[rdavis@arhealthcare.com](mailto:rdavis@arhealthcare.com)

# Objectives

1. Smart Rebalancing
2. Assessment Process
3. Tiered Levels of Care Determinations
4. Quality, Outcomes and Efficiency
5. Value-Based Payment
6. Care Management, Coordination & Transitions
7. Service Capacity
8. Program Integrity
9. Fiscal Sustainability
10. Workforce Development

# Overview

- Signed May 20, 2016
- 5-year period
- Produce \$250 million aggregate savings through improved, high quality, person-centered LTSS care delivery.
- Sellers Dorsey retained to assist in development

# Covered Populations – Long Term Services & Supports

- Nursing Facilities
- Living Choices Assisted Living Waiver
- ARChoices Waiver
- Independent Choices State Plan
- Personal Care

# Current Work

- Development of Tier Levels
- Development of more comprehensive Assessment Process

# MOU Activity – Nursing Facilities

- Changes to Provisional Rate – *Public comment period complete, pending legislative review (\$7M savings per year)*
- Cap on Liability Insurance Premium – *Public comment period complete, pending legislative review (\$2.3M savings per year)*
- Changes to Population Based Beds Methodology – *Approved by HSPA Commission – Out for 30 day comment period (\$2.4M savings per year)*

# MOU Activity - HCBS

- Assisted Living Waiver Renewal – Rates flat for 5 years, 5% increase removed, slots increased from 1,000 to 1,200 *Complete*

# New Model for LTSS Delivery

## Four Primary Steps in Process

Comprehensive,  
Integrated, and  
Independent  
Assessment of  
Needs

Level of Care and  
Individual  
Services Budget  
Determined

Care Plan  
Authorizing HCBS  
and In-Home  
State Plan  
Services

Care  
Management,  
Coordination,  
Care Transitions  
via Health Homes



# Levels of Care

## Tiered Levels Based on Assessed Needs

Level of Care	Type of Needs	Covered Services
1. Highest Needs	<ul style="list-style-type: none"><li>• Significant assistance in ADLs</li><li>• Cognitive or behavioral risks</li><li>• Unstable, chronic, or recurring conditions</li><li>• Skilled nursing assessment, monitoring, and care needed (24-hours)</li><li>• Exceptional, emergency health and safety reasons</li></ul>	Nursing facility services  HCBS services if determined safe and within individual services budget
2. High Need	Significant needs below Level 1 criteria that may be met through HCBS services or combination of HCBS and State Plan services.	Combination of State Plan in-home services and HCBS, within individual services budget  Nursing facility if by choice
3. Moderate Need	LTSS needs may be met through approved State Plan services and limited HCBS (e.g., home modifications, monitoring tech, and respite)	State Plan services  Limited HCBS

# Long Term Care Savings & Reform Timeline\*



\* Timeline subject to change based on federal negotiations, legislative process and stakeholder input.

