

# factsheet

MARCH 2016

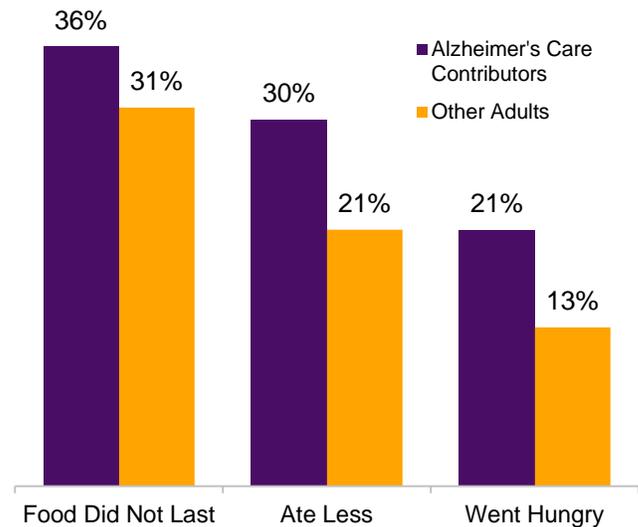
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## 2016 Alzheimer's Disease Facts and Figures

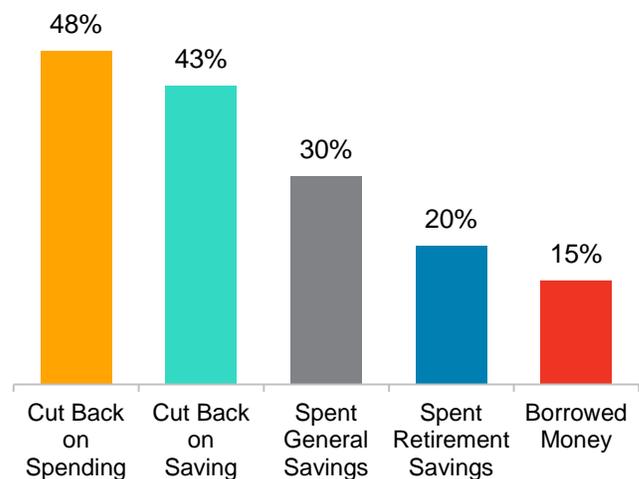
### Alzheimer's takes a devastating toll – not just on those with the disease, but on entire families.

- Nearly half of care contributors – those who are caregivers of someone with Alzheimer's and/or contribute financially to their care – cut back on their own expenses (including food, transportation and medical care) to pay for dementia-related care of a family member or friend.
- Care contributors are 28 percent more likely than other adults to eat less or go hungry because they cannot afford to pay for food.
- One in five care contributors cut back on their own doctor visits because of their care responsibilities. And, among caregivers, 74 percent report they are "somewhat" to "very" concerned about maintaining their own health since becoming a caregiver.
- On average, care contributors lose over \$15,000 in annual income as a result of reducing or quitting work to meet the demands of caregiving.
- In total, 15.9 million family and friends provided 18.1 billion hours of unpaid care in 2015 to those with Alzheimer's and other dementias. That care had an estimated economic value of \$221.3 billion.

### Consequences of Not Being Able to Afford Food, by Percent of Individuals



### Financial Steps Taken to Help Pay for the Needs of Someone with Alzheimer's, by Percent of Care Contributors



### Facts in Your State

The *2016 Alzheimer's Disease Facts and Figures* report also contains state-by-state data on the impact of the disease. Find the full report and information on your state at [www.alz.org/facts](http://www.alz.org/facts).

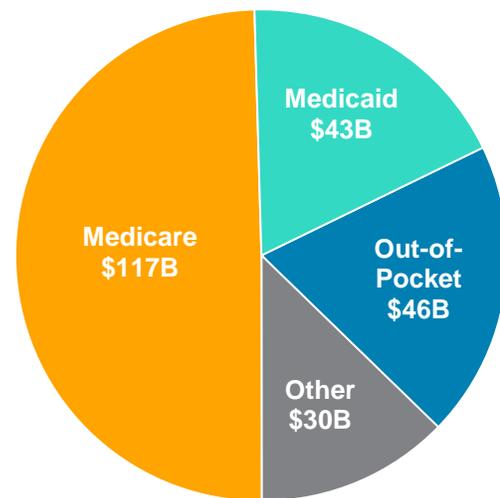
## The number of Americans living with Alzheimer's disease is growing – and growing fast.

- Today, 5.4 million Americans are living with Alzheimer's disease, including an estimated 200,000 under the age of 65. By 2050, up to 16 million will have the disease.
- Nearly two-thirds of those with Alzheimer's disease – 3.3 million – are women.
- By 2025, 20 states will see at least 35 percent or greater growth in the number of people with Alzheimer's.
- Someone in the United States develops Alzheimer's every 66 seconds. In 2050, someone in the United States will develop the disease every 33 seconds.

## The growing Alzheimer's crisis is helping to bankrupt Medicare.

- In 2016, the direct costs to American society of caring for those with Alzheimer's will total an estimated \$236 billion, with just under half of the costs borne by Medicare.
- Nearly one in every five Medicare dollars is spent on people with Alzheimer's and other dementias. In 2050, it will be one in every three dollars.
- Average per-person Medicare spending for those with Alzheimer's and other dementias is three times higher than average per-person spending across all other seniors. Medicaid payments are 19 times higher.
- Unless something is done, in 2050, Alzheimer's will cost \$1.1 trillion (in 2016 dollars). Costs to Medicare will increase 365 percent to \$589 billion.

## 2016 Costs of Alzheimer's = \$236 Billion



## Alzheimer's is not just memory loss – Alzheimer's kills.

- Alzheimer's disease is the 6th leading cause of death in the United States and the 5th leading cause of death for those aged 65 and older.
- In 2013, over 84,000 Americans officially died *from* Alzheimer's; in 2016, an estimated 700,000 people will die *with* Alzheimer's – meaning they will die after having developed the disease.
- Deaths from Alzheimer's increased 71 percent from 2000 to 2013, while deaths from other major diseases (including heart disease, stroke, breast and prostate cancer, and HIV/AIDS) decreased.
- Among 70-year olds, 61 percent of those with Alzheimer's are expected to die before the age of 80 compared with 30 percent of people without Alzheimer's – a rate twice as high.
- Alzheimer's is the only cause of death among the top 10 in America that cannot be prevented, cured, or even slowed.