#### **TOC** not required

### 252.111 Individual Behavioral Health Counseling

objectives and interventions articulated on the

most recent Mental Health Diagnosis. Services

3<del>-1-19</del>10-1-21

**ENCOUNTERS THAT** 

MAY BE BILLED:

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE	DESCRIPTION
90832, U4	90832: psychotherapy, 30 min	
90834, U4	90834: psychotherapy, 45 min	
90837, U4	90837: psychotherapy, 60 min	
90832, U4, GT - Telemedicine		
90834, U4, GT Telemedicine		
90837, U4, GT Telemedicine		
90832, U4, U5 – Substance Abuse		
90834, U4, U5 – Substance Abuse		
90837, U4, U5 – Substance Abuse		
90832, UC, UK, U4 – Under Age 4		
90834, UC, UK, U4 – Under Age 4		
90837, UC, UK, U4 – Under Age 4		
SERVICE DESCRIPTION	MINIMUM DOCUMEN	ITATION REQUIREMENTS
Individual Behavioral Health Counseling is a	Date of Service	
face-to-face treatment provided to an individual in an outpatient setting for the purpose of treatment and remediation of a condition as	Start and stop time with beneficiary	es of face-to-face encounter
described in the current allowable DSM. The	Place of service	
treatment service must reduce or alleviate identified symptoms related to either (a) Mental	Diagnosis and per	tinent interval history
Health or (b) Substance Abuse, and maintain or	Brief mental status	and observations
improve level of functioning, and/or prevent deterioration. Additionally, tobacco cessation counseling is a component of this service.		cription of the treatment ncide with Mental Health
	1	
		onse to treatment that rogress or regression and
	includes current pr prognosis	rogress or regression and cated for the diagnosis, or
	<ul> <li>includes current prognosis</li> <li>Any revisions indice medication concer</li> <li>Plan for next indivisional plan including any home</li> </ul>	rogress or regression and cated for the diagnosis, or
	<ul> <li>includes current pr prognosis</li> <li>Any revisions indic medication concer</li> <li>Plan for next indivi including any hom advanced psychia</li> </ul>	cated for the diagnosis, or ns dual therapy session, ework assignments and/or
NOTES	<ul> <li>includes current pr prognosis</li> <li>Any revisions indic medication concer</li> <li>Plan for next indivi including any hom advanced psychia</li> </ul>	cated for the diagnosis, or ns dual therapy session, ework assignments and/or tric directive or crisis plans

90834: 45 minutes

must be consistent with established behavioral healthcare standards. Individual Psychotherapy is not permitted with beneficiaries who do not have the cognitive ability to benefit from the service.

This service is not for beneficiaries under the age of four (4) years of age except in documented exceptional cases. This service will require a Prior Authorization for beneficiaries under the age of four (4) years of age.

90837: 60 minutes

One (1) encounter between all three (3) codes.

YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested):

Counseling Level
Beneficiary: <u>Twelve (12)</u>
encounters between all
<u>three (3)</u> codes

#### **APPLICABLE POPULATIONS**

#### Children, Youth, and Adults

Residents of **Long-Long-Term** Care Facilities

#### SPECIAL BILLING INSTRUCTIONS

A provider may only bill one (1) Individual Behavioral Health Counseling Code per day per beneficiary. -A provider cannot bill any other Individual Behavioral Health Counseling Code on the same date of service for the same beneficiary. For Counseling Level Beneficiaries, there are twelve (12) total individual counseling encounters allowed per year regardless of code billed for Individual Behavioral Health Counseling, unless an extension of benefits is allowed by the Quality Improvement Organization contracted with Arkansas Medicaid.

#### ALLOWED MODE(S) OF DELIVERY

Face-to-face

Telemedicine (Adults, Youth, and Children)

### TIER

Counseling

#### **ALLOWABLE PERFORMING PROVIDERS**

- Independently Licensed Clinicians Master's/Doctoral
- Non-independently Licensed Clinicians Master's/Doctoral
- Advanced Practice Nurses
- Physicians
- Providers of services for beneficiaries under age four (4) years of age must be trained and certified in specific evidence-based practices to be reimbursed for those services
  - Independently Licensed Clinicians –
     Parent/Caregiver & and Child (Dyadic treatment of Children age-from zero through forty-seven (0-47) months & of age and Parent/Caregiver) Provider
  - Non-independently Licensed Clinicians

     Parent/Caregiver & and Child (Dyadic treatment of Children age-from zero

#### **PLACE OF SERVICE (POS)**

02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 32 (Nursing Facility), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)

through forty-seven (0-47) months &of
age and Parent/Caregiver) Provider

#### 252.112 Group Behavioral Health Counseling

the minimum number that must be served in a

3-1-19<u>10-1-</u> <u>21</u>

Beneficiary: Twelve

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DE	SCRIPTION
90853, U4 90853, U4, U5 – Substance Abuse	Group psychotherapy (ot family group)	her than of a multiple-
SERVICE DESCRIPTION	MINIMUM DOCUMENTA	ATION REQUIREMENTS
Group Behavioral Health Counseling is a face-to-face treatment provided to a group of beneficiaries. Services leverage the emotional interactions of the group's members to assist in each beneficiary's treatment process, support his/hertheir rehabilitation effort, and to minimize relapse. Services pertain to a beneficiary's (a) Mental Health and/or (b) Substance Abuse condition, or both. Additionally, tobacco cessation counseling is a component of this service.  Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.	that includes identifie  Place of service  Number of participan  Diagnosis  Focus of group  Brief mental status ar  Rationale for group c with Mental Health As  Beneficiary's respons counseling that include regression and progression and progression concerns  Any changes indicate medication concerns  Plan for next group se homework assignments	nd observations ounseling must coincide essessment se to the group des current progress or losis ed for diagnosis, or
NOTES	UNIT	BENEFIT LIMITS
This does NOT include psychosocial groups. Beneficiaries eligible for Group Behavioral Health Counseling must demonstrate the ability to benefit from experiences shared by others, the ability to participate in a group dynamic process while respecting the others' rights to confidentiality, and must be able to integrate feedback received from other group members. For groups of beneficiaries aged eighteen (18) years of age and over, the minimum number that must be served in a specified group is two (2)The maximum that may be served in a specified group is twelve (12)For groups of beneficiaries under eighteen (18) years of age, the minimum number that must be served in a	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED: One (1)  YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested):  Counseling Level

specified group is two (2)The maximum that may be served in a specified group is ten (10). A beneficiary must be four (4) years of age to receive group therapyGroup treatment must be age and developmentally appropriate, (i.e., sixteen (16) year-olds and four (4) year-olds must not be treated in the same group). Providers may bill for services only at times during which beneficiaries participate in group activities.	(12) encounters	
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults	A provider can only bill one (1) Group Behavioral Health Counseling encounter per dayFor Counseling Level Beneficiaries, there are twelve (12) total group behavioral health counseling encounters allowed per year, unless an extension of benefits is allowed by the Quality Improvement Organization contracted with Arkansas Medicaid.	
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face <u>Telemedicine (Adults, eighteen (18) years of age and above)</u>	Counseling	
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
<ul> <li>Independently Licensed Clinicians –         Master's/Doctoral</li> <li>Non-independently Licensed Clinicians –         Master's/Doctoral</li> <li>Advanced Practice Nurses</li> <li>Physicians</li> </ul>	02 (Telemedicine), 03 (School), 11 (Office), 49 (Independent Clinic), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substances Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)	

252.113 Marital/Family Behavioral Health Counseling with Beneficiary Present 3-1-1910-1-

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION
90847, U4	Family psychotherapy (conjoint psychotherapy)
90847, U4, U5 – Substance Abuse	(with patient present)
90847, UC, UK, U4 – Dyadic Treatment *	
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS
Marital/Family Behavioral Health Counseling	Date of Service
with Beneficiary Present is a face-to-face treatment provided to one (1) or more family members in the presence of a beneficiary.	Start and stop times of actual encounter with beneficiary and spouse/family
Services are designed to enhance insight into	Place of service
family interactions, facilitate inter-family emotional or practical support and to develop alternative strategies to address familial issues,	Participants present and relationship to beneficiary
problems, and needs. Services pertain to a beneficiary's (a) Mental Health and/or (b)	Diagnosis and pertinent interval history

Substance Abuse condition, or both.

Additionally, tobacco cessation counseling is a component of this service.

Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.

\*Dyadic treatment is available for parent/caregiver &and child for dyadic treatment of children agewho are from zero through forty-seven (0-through -47) months of age& and parent/caregiver. Dyadic treatment must be prior authorized and is only available for beneficiaries in Tier One (1). Dyadic Infant/Caregiver Psychotherapy is a behaviorally based therapy that involves improving the parent-child relationship by transforming the interaction between the two parties. -The primary goal of **Dvadic Infant/Parent Psychotherapy is to** strengthen the relationship between a child and his or her parent (or caregiver) as a vehicle for restoring the child's sense of safety, attachment, and appropriate affect and improving the child's cognitive, behavioral, and social functioning. -This service uses child directed interaction to promote interaction between the parent and the child in a playful manner. Providers must utilize a nationally recognized evidencebased practice. -Practices include, but are not limited to, Child-Parent Psychotherapy (CPP) and Parent Child Interaction Therapy (PCIT).

\*\*Dyadic treatment by telemedicine must continue to assure adherence to the evidence-based protocol for the treatment being provided, i.e. PCIT would require a video component sufficient for the provider to be able to see both the parent and child, have a communication device (ear phones, ear buds, etc.) to enable the provider to communicate directly with the parent only while providing directives related to the parent/child interaction.

- Brief mental status of beneficiary and observations of beneficiary with spouse/family
- Rationale for, and description of treatment used that must coincide with the Mental Health Diagnosis and improve the impact the beneficiary's condition has on the spouse/family and/or improve marital/family interactions between the beneficiary and the spouse/family, or both.
- Beneficiary and spouse/family's response to treatment that includes current progress or regression and prognosis
- Any changes indicated for the diagnosis, or medication concerns
- Plan for next session, including any homework assignments and/or crisis plans, or both
- Staff signature/credentials/date of signature
- HIPAA compliant Release of Information, completed, signed, and dated

NOTES	UNIT	BENEFIT LIMITS
Natural supports may be included in these sessions if justified in service documentation and if supported in the documentation in the	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED: One

utpatient benavioral nealth Services	Section
Mental Health DiagnosisOnly one (1) beneficiary per family, per therapy session, may	(1)
be billed.	YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested):
	Counseling Level Beneficiaries: Twelve (12) encounters
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS
Children, Youth, and Adults	A provider can only bill one (1) Marital-/-Family Behavioral Health Counseling with (or without) Patient encounter per dayThere are twelve (12) total Marital/Family Behavioral Health Counseling with Beneficiary Present encounters allowed, per year, unless an extension of benefits is allowed by the Quality Improvement Organization contracted with Arkansas Medicaid.
	The following codes cannot be billed on the Same Date of Service:
	90849 - Multi-Family Behavioral Health Counseling
	90846 – Marital/Family Behavioral Health Counseling without Beneficiary Present
	H2027 Psychoeducation
ALLOWED MODE(S) OF DELIVERY	TIER
Face-to-face	Counseling
Telemedicine (Adults, Youth, and Children)	
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE
<ul> <li>Independently Licensed Clinicians - Master's/Doctoral</li> </ul>	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 49 (Independent Clinic), 50 (Federally Qualified
<ul> <li>Non-independently Licensed Clinicians – Master's/Doctoral</li> </ul>	Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse
Advanced Practice Nurses	Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)
Physicians	(TGGG FIGAITI OIIIIIO)
<ul> <li>Providers of dyadic services must be trained and certified in specific evidence—based practices to be reimbursed for those services</li> </ul>	
<ul> <li>Independently Licensed Clinicians -         Parent/Caregiver &amp; Child (Dyadic         treatment of Children age from zero         <u>through forty-seven (</u>0-47) months &amp; of</li> </ul>	

age and Parent/Caregiver) Provider

 Non-independently Licensed Clinicians -Parent/Caregiver & and Child (Dyadic treatment of Children age from zero through forty-seven (0-47) months &of age and Parent/Caregiver) Provider

sessions, if justified in service documentation,

# 252.114 Marital/Family Behavioral Health Counseling without Beneficiary Present

3-1-19<u>10-1-</u> 21

**ENCOUNTERS THAT** 

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DE	SCRIPTION
90846, U4 90846, U4, U5 – Substance Abuse 90846, U4, U5 – Substance Abuse, Telemedicine	Family psychotherapy (without the patient present)	
SERVICE DESCRIPTION	MINIMUM DOCUMENTA	TION REQUIREMENTS
Marital/Family Behavioral Health Counseling without Beneficiary Present is a face-to-face treatment provided to one or more family members outside the presence of a beneficiary. Services are designed to enhance insight into family interactions, facilitate inter-family	<ul> <li>Date of Service</li> <li>Start and stop times of spouse/family</li> <li>Place of service</li> </ul>	
emotional or practical support, and to-develop alternative strategies to address familial issues,	Participants present a beneficiary	·
problems, and needs. Services pertain to a beneficiary's (a) Mental Health and/or (b)	Diagnosis and pertinent interval history	
Substance Abuse condition, or both.	Brief observations with	th spouse/family
Additionally, tobacco cessation counseling is a component of this service.  Services must be congruent with the age and abilities of the beneficiary or family member(s), client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and family and provided with cultural competence.	beneficiary's condition spouse/family, and/or	de with the Mental I improve the impact the n has on the r improve marital/family the beneficiary and the
		se/family's response to es current progress or osis
	Any changes indicate medication concerns	ed for the diagnosis, or
	Plan for next session homework assignmendeth     both	, including any nts <mark>and/</mark> or crisis plans <u>, or</u>
	Staff signature/crede	ntials/date of signature
	HIPAA compliant Rel completed, signed, a	
NOTES	UNIT	BENEFIT LIMITS
Natural supports may be included in these	Encounter DAILY MAXIMUM OF	

and if supported in Mental Health Diagnosis. Only one (1) beneficiary per family per therapy session may be billed.	MAY BE BILLED: One (1)  YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested):  Counseling Level Beneficiaries: Twelve
	(12) encounters
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS
Children, Youth, and Adults	A provider can only bill one (1) Marital-/-Family Behavioral Health Counseling with (or without) Beneficiary encounter per day.  The following codes cannot be billed on the Same Date of Service:  90849 – Multi-Family Behavioral Health Counseling  90847 – Marital/Family Behavioral Health Counseling with Beneficiary Present  H2027 Psychoeducation
ALLOWED MODE(S) OF DELIVERY	TIER
Face-to-face	Counseling
Telemedicine (Adults, Youth, and Children)	
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE
<ul> <li>Independently Licensed Clinicians -         Master's/Doctoral</li> <li>Non-independently Licensed Clinicians -         Master's/Doctoral</li> <li>Advanced Practice Nurses</li> <li>Physicians</li> </ul>	O2 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)

#### 252.115 **Psychoeducation**

3-1-19<u>10-1-</u> <u>21</u>

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION
H2027, U4	Psychoeducational service; per fifteen (15)
H2027, U4, GT Telemedicine	minutes
H2027, UK, U4 – Dyadic Treatment*	
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS

Psychoeducation provides beneficiaries and their families with pertinent information regarding mental illness, substance abuse, and tobacco cessation, and teaches problemsolving, communication, and coping skills to support recovery. Psychoeducation can be implemented in two (2) formats: multifamily group and/or single\_family group. Due to the group format, beneficiaries and their families are also able to benefit from support of peers and mutual aid. Services must be congruent with the age and abilities of the beneficiary. client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.

\*Dyadic treatment is available for parent/caregiver and& child for dyadic treatment of children age-from zero through forty-seven (0-through -47) months of age and& parent/caregiver. Dyadic treatment must be prior authorized. -Providers must utilize a national recognized evidence-based practice. -Practices include, but are not limited to, Nurturing Parents and Incredible Years.

- Date of Service
- Start and stop times of actual encounter with beneficiary and spouse/family
- Place of service
- Participants present
- Nature of relationship with beneficiary
- Rationale for excluding the identified beneficiary
- Diagnosis and pertinent interval history
- Rationale for and objective used that must coincide with Mental Health Diagnosis and improve the impact the beneficiary's condition has on the spouse/family and/or improve marital/family interactions between the beneficiary and the spouse/family, or both.
- Spouse/Ffamily response to treatment that includes current progress or regression and prognosis
- Any changes indicated <u>for the</u> diagnosis, or medication concerns
- Plan for next session, including any homework assignments and/or crisis plans, or both
- HIPAA compliant Release of Information forms, completed, signed, and dated
- Staff signature/credentials/date of signature

NOTES	UNIT	BENEFIT LIMITS
Information to support the appropriateness of excluding the identified beneficiary must be documented in the service note and medical record. Natural supports may be included in these sessions when the nature of the relationship with the beneficiary and that support's expected role in attaining treatment goals is documented. Only one (1) beneficiary per family per therapy session may be billed.	Fifteen (15) minutes	DAILY MAXIMUM OF UNITS THAT MAY BE BILLED: Four (4)  YEARLY MAXIMUM OF UNITS THAT MAY BE BILLED (extension of benefits can be requested): forty-eight (48)
APPLICABLE POPULATIONS	SPECIAL BILLING INST	RUCTIONS
Children, Youth, and Adults	A provider can only bill a total of forty-eight (48) units of Psychoeducation  The following codes cannot be billed on the	
	Same Date of Service:	
	90847 – Marital/Family B Counseling with Beneficia	

			90846 – Marital/Family Behavioral Health Counseling without Beneficiary Present
ALLOWED MODE(S) OF DELIVERY		ELIVERY	TIER
Face-to-face			Counseling
Те	elemedicine (Adults, Youth,	, and Children)	
AL	LLOWABLE PERFORMIN	G PROVIDERS	PLACE OF SERVICE
•	Independently Licensed ( Master's/Doctoral	Clinicians -	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 49
•	Non-independently Licen Master's/Doctoral	sed Clinicians –	(Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse
•	Advanced Practice Nurse		Treatment Facility), 71 (Public Health Clinic), 72
•	Physician		(Rural Health Clinic)
•	Providers of dyadic services and certified in specific e practices to be reimburse services	vidence <u>-</u> -based	
	<ul> <li>Independently Licens Parent/Caregiver &amp;ar treatment of Children through forty-seven ( age and Parent/Care</li> </ul>	nd Child (Dyadic a <del>ge <u>f</u>rom zero</del> 0-47) months <u>&amp;of</u>	
	<ul> <li>Non-independently L Parent/Caregiver &amp;ar treatment of Children through forty-seven ( age and Parent/Care</li> </ul>	nd Child (Dyadic age from zero 0-47) months &of	

## 252.117 Mental Health Diagnosis

<del>3-1-19</del>10-1-<u>21</u>

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION	
90791, U4	Psychiatric diagnostic evaluation (with no medica	
90791, U4, GT Telemedicine	services)	
90791, UC, UK, U4 – Dyadic Treatment *		
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS	
Mental Health Diagnosis is a clinical service for	Date of Service	
the purpose of determining the existence, type, nature, and appropriate treatment of a mental illness, or related disorder, as described in the current allowable DSM. This service may	Start and stop times of the face-to-face encounter with the beneficiary and the interpretation time for diagnostic formulation	
include time spent for obtaining necessary	Place of service	
information for diagnostic purposes. The psychodiagnostics process may include, but is	Identifying information	
not limited to: a psychosocial and medical	Referral reason	
history, diagnostic findings, and recommendations. This service must include a face-to-face or telemedicine component and will	Presenting problem(s), history of presenting problem(s), including duration, intensity, and	

serve as the basis for documentation of modality and issues to be addressed (plan of care). Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.

- response(s) to prior treatment
- Culturally and age-appropriate psychosocial history and assessment
- Mental status/\_(Clinical observations and impressions)
- Current functioning plus strengths and needs in specified life domains
- DSM diagnostic impressions
- Treatment recommendations<sub>τ</sub> and prognosis for treatment
- Goals and objectives to be placed in Plan of Care

#### Staff signature/credentials/date of signature **NOTES** UNIT **BENEFIT LIMITS** This service may be billed for face-to-face Encounter DAILY MAXIMUM OF contact as well as for time spent obtaining **ENCOUNTERS THAT** necessary information for diagnostic purposes; MAY BE BILLED: One however, this time may NOT be used for **(1)** development or submission of required paperwork processes YEARLY MAXIMUM This service can be provided via telemedicine to OF ENCOUNTERS beneficiaries only ages 21 and above. THAT MAY BE BILLED \*Dyadic treatment is available for (extension of benefits parent/caregiver & and child for dyadic can be requested): treatment of children agefrom zero One (1) through forty-seven (0-through -47) months &of age and parent/caregiver. -A Mental Health Diagnosis will be required for all children through forty-seven (47) months of age to receive services. This service includes up to four (4) encounters for children through the age of forty-seven (47) months of age and can be provided without a prior authorization. This service must include an assessment of: Presenting symptoms and behaviors: **Developmental and medical** history; Family psychosocial and medical history; Family functioning, cultural and communication patterns, and current environmental conditions and stressors:

Clinical interview with the primary caregiver and observation of the caregiver-infant relationship and

interactive patterns <del>;</del> and		
<ul> <li>Child's affective, language, cognitive, motor, sensory, self- care, and social functioning.</li> </ul>		
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults	The following codes cannot be billed on the	
Residents of Long-Term Care	Same Date of Service:	
ALLOWED MODE(S) OF DELIVERY	90792 – Psychiatric Assessment  TIER	
Face-to-face	Counseling	
Telemedicine (Adults, Youth, and Children Only)	Counscing	
ALLOWABLE PERFORMING PROVIDER	PLACE OF SERVICE	
Independently Licensed Clinicians –     Master's/Doctoral	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 32 (Nursing Facility), 49 (Independent Clinic), 50	
Non-independently Licensed Clinicians –     Master's/Doctoral	(Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-	
Advanced Practice Nurses	Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)	
Physicians	7 ( Cabilo Floatar Cilino), 72 (Rarar Floatar Cilino)	
<ul> <li>Providers of dyadic services must be trained and certified in specific evidence—based practices to be reimbursed for those services</li> </ul>		
<ul> <li>Independently Licensed Clinicians –         Parent/Caregiver &amp; and Child (Dyadic treatment of Children age-from zero through forty-seven (0-47) months &amp; of age and Parent/Caregiver) Provider</li> </ul>		
<ul> <li>Non-independently Licensed Clinicians         <ul> <li>Parent/Caregiver &amp; and Child (Dyadic treatment of Children age from zero through forty-seven (0-47) months &amp; of age and Parent/Caregiver) Provider</li> </ul> </li> </ul>		

252.118 Interpretation of Diagnosis

3-1-19<u>10-1-</u> <u>21</u>

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION
90887, U4	Interpretation or explanation of results of
90887, U4, GT - Telemedicine	psychiatric, other medical examinations and procedures, or other accumulated data, to family
90887, UC, UK, U4 – Dyadic Treatment	or other responsible persons, (or advising them how to assist patient)
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS
Interpretation of Diagnosis is a direct service provided for the purpose of interpreting the	Start and stop times of face-to-face encounter with beneficiary and/or parent(s) or

results of psychiatric or other medical exams, procedures, or accumulated data. Services may include diagnostic activities and/or advising the beneficiary and his/ hertheir family. Services pertain to a beneficiary's (a) Mental Health and/or (b) Substance Abuse condition, or both. Consent forms may be required for family or significant other involvement. Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.

guardian(s)

- Date of service
- Place of service
- Participants present and relationship to beneficiary
- Diagnosis
- Rationale for and objective used that must coincide with the Mental Health Diagnosis
- Participant(s) response and feedback
- Recommendation for additional supports including referrals, resources, and information
- Staff signature/credentials/date of signature(s)

#### **NOTES** UNIT **BENEFIT LIMITS** For beneficiaries under the age of eighteen (18) Encounter DAILY MAXIMUM OF years of age, the time may be spent face-to-**ENCOUNTERS THAT** face with the beneficiary; the beneficiary and MAY BE BILLED: One the parent(s) or guardian(s); or alone with the (1) parent(s) or guardian(s). For beneficiaries over the age of eighteen (18) years of age, the time may be spent face-to-face with the beneficiary YEARLY MAXIMUM and the spouse, legal guardian, or significant OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits This service can be provided via telemedicine to can be requested): beneficiaries ages eighteen (18) years of age and above. This service can also be provided via telemedicine to beneficiaries ages Counseling Level seventeen (17) years of age and under with Beneficiary: One (1) documentation of parental or guardian involvement during the service. -This documentation must be included in the medical record. \*Dyadic treatment is available for parent/caregiver & and child for dyadic treatment of children age from zero through forty-seven (0-through 47) months of age and& parent/caregiver. Interpretation of Diagnosis will be required in order for all children, through forty-seven (47) months of age, to receive services. This service includes up to four (4) encounters for children through the age offorty-seven (47) months of age and can be provided without a prior authorization. The Interpretation of Diagnosis is a direct service that includes an interpretation from a broader perspective, based on the history and information collected through the Mental Health Diagnosis.

This interpretation identifies and prioritizes the infant's needs, establishes a diagnosis, and helps to determine the care and services to be provided.		
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults	The following codes cannot be billed on the Same Date of Service:	
	H2027 – Psychoeducation	
	90792 – Psychiatric Assessment	
	90849 – Multi-Family Behavioral Health Counseling	
	H0001 – Substance Abuse Assessment	
	This service can be provided via telemedicine to beneficiaries ages eighteen (18) years of age an aboveThis service can also be provided via telemedicine to beneficiaries ages seventeen (13 years of age and under with documentation of parental or guardian involvement during the serviceThis documentation must be included in the medical record.	
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	Counseling	
Telemedicine Adults, Youth and Children		
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
<ul> <li>Independently Licensed Clinicians – Master's/Doctoral</li> <li>Non-independently Licensed Clinicians – Master's/Doctoral</li> <li>Advanced Practice Nurses</li> <li>Physicians</li> <li>Providers of dyadic services must be trained and certified, in specific evidence-based practices, to be reimbursed for those services</li> <li>Independently Licensed Clinicians – Parent/Caregiver &amp; Child (Dyadic treatment of Children age from zero through forty-seven (0-47) months of age and &amp; Parent/Caregiver) Provider</li> <li>Non-independently Licensed Clinicians – Parent/Caregiver &amp; Child (Dyadic treatment of Children age from zero through forty-seven (0-47) months &amp; fage and Parent/Caregiver) Provider</li> </ul>	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)	

### 252.119 Substance Abuse Assessment

3-1-19<u>10-1-</u> <u>21</u>

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION		
H0001, U4	Alcohol and/or drug assessment		
SERVICE DESCRIPTION	·		
Substance Abuse Assessment is a service that identifies and evaluates the nature and extent of a beneficiary's substance abuse condition using the Addiction Severity Index (ASI) or an assessment instrument approved by DAABHS and DMS. The assessment must screen for and identify any existing co-morbid conditions. The assessment should assign a diagnostic impression to the beneficiary, resulting in a treatment recommendation and referral appropriate to effectively treat the condition(s) identified.  Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs, as identified by the beneficiary, and provided with cultural competence.	<ul> <li>MINIMUM DOCUMENTATION REQUIREMENTS</li> <li>Date of Service</li> <li>Start and stop times of the face-to-face encounter with the beneficiary and the interpretation time for diagnostic formulation</li> <li>Place of service</li> <li>Identifying information</li> <li>Referral reason</li> <li>Presenting problem(s), history of presenting problem(s), including duration, intensity, and response(s) to prior treatment</li> <li>Culturally and age-appropriate psychosocial history and assessment</li> <li>Mental status/_(Clinical observations and impressions)</li> <li>Current functioning and strengths in specified life domains</li> <li>DSM diagnostic impressions</li> <li>Treatment recommendations and prognosis for treatment</li> </ul>		
NOTES	Staff signature/credentials/date of signatur     BENEFIT LIMITS		
The assessment process results in the assignment of a diagnostic impression, beneficiary recommendation for treatment regimen appropriate to the condition and situation presented by the beneficiary, initial plan (provisional) of care, and referral to a service appropriate to effectively treat the condition(s) identified. If indicated, the assessment process must refer the beneficiary for a psychiatric consultation.	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED: One (1)  YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested): One (1)	
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS		
Children, Youth, and Adults	The following codes cannot be billed on the Same Date of Service:  90887 – Interpretation of Diagnosis		
ALLOWED MODE(S) OF DELIVERY	TIER		
Face-to-face	Counseling		

Telemedicine (Adults, Youth, Children)	
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE
Independently Licensed Clinicians –     Master's/Doctoral	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 49 (Independent Clinic), 50 (Federally Qualified
<ul> <li>Non-independently Licensed Clinicians – Master's/Doctoral</li> </ul>	Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse
Advanced Practice Nurses	Treatment Facility), 71 (Public Health Clinic), 72
Physicians	(Rural Health Clinic)

### 252.121 Pharmacologic Management

decisions regarding the prescribed medications.

3-1-19<u>10-1</u>

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION			
99212, UB, U4 – Physician 99213, UB, U4 – Physician 99214, UB, U4 – Physician 99212, UB, U4, GT – Physician, Telemedicine 99213, UB, U4, GT – Physician, Telemedicine 99214, UB, U4, GT – Physician, Telemedicine 99212, SA, U4 – APN 99213, SA, U4 – APN 99214, SA, U4 – APN 99214, SA, U4, GT – APN, Telemedicine 99213, SA, U4, GT – APN, Telemedicine 99214, SA, U4, GT – APN, Telemedicine	99212: Office or other outpatient encounter for the evaluation and management of an established patient, which requires at least two (2) of these three (3) key components: A problem focused history; A problem focused examination; or straightforward medical decision making.  99213: Office or other outpatient encounter for the evaluation and management of an established patient, which requires at least two (2) of these three (3) key components: An expanded problem focused history; An expanded problem focused examination; or mMedical decision making of low complexity.  99214: Office or other outpatient encounter for the evaluation and management of an established patient, which requires at least two (2) of these three (3) key components: A detailed history, A detailed examination; or mMedical decision making of moderate complexity.			
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS			
Pharmacologic Management is a service tailored to reduce, stabilize, or eliminate psychiatric symptoms, with the goal of improving functioning, including management	Date of Service     Start and stop times of actual encounter with beneficiary			
and reduction of symptoms. This service includes evaluation of the medication prescription, administration, monitoring, and supervision, as a snd well as informing	<ul> <li>Place of service (When <u>ninety-nine (99)</u> is used for telemedicine, specific locations of the beneficiary, and the physician must be included)</li> </ul>			
beneficiaries regarding medication(s) and its potential effects and side effects of	Diagnosis and pertinent interval history			
medication(s), in order to make informed decisions regarding the prescribed medications	Brief mental status and observations			

Services must be congruent with the age, strengths, and accommodations necessary for disability and cultural framework.

Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.

- Rationale for and treatment used that must coincide with the Psychiatric Assessment
- Beneficiary's response to treatment that includes current progress or regression and prognosis
- Revisions indicated for the diagnosis, or medication(s)
- Plan for follow-up services, including any crisis plans
- If provided by physician that is not a
  psychiatrist, then any off-label uses of
  medications should include documented
  consult with the overseeing psychiatrist within
  twenty-four (24) hours of the prescription
  being written
- Staff signature/credentials/date of signature

	• Otali signaturo/orodontiais/date or signature	
NOTES	UNIT	BENEFIT LIMITS
Applies only to medications prescribed to address targeted symptoms as identified in the Psychiatric Assessment.	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED: One (1)
		YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested): Twelve (12)
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults		
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	Counseling	
Telemedicine (Adults, Youth, and Children)		
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
<ul><li>Advanced Practice Nurse</li><li>Physician</li></ul>	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office), 12 (Patient's Home), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)	

252.122 Psychiatric Assessment

3-1-1910-1-

90792. U4

90792, U4, GT - Telemedicine

#### MINIMUM DOCUMENTATION REQUIREMENTS

Psychiatric diagnostic evaluation with medical

#### SERVICE DESCRIPTION

Psychiatric Assessment is a face-to-face psychodiagnostics assessment conducted by a licensed physician or Advanced Practice Nurse (APN), preferably one with specialized training and experience in psychiatry (child and adolescent psychiatry for beneficiaries under age-eighteen (18) years of age). This service is provided to determine the existence, type, nature, and most appropriate treatment of a behavioral health disorder. This service is not required for beneficiaries to receive Counseling Level Services.

Date of Service

services

- Start and stop times of the face-to-face encounter with the beneficiary and the interpretation time for diagnostic formulation
- Place of service
- Identifying information
- Referral reason
- The interview should obtain or verify all of the following:
  - 1. The beneficiary's understanding of the factors leading to the referral
  - 2. The presenting problem (including symptoms and functional impairments)
  - 3. Relevant life circumstances and psychological factors
  - 4. History of problems
  - Treatment history
  - 6. Response to prior treatment interventions
  - 7. Medical history (and examination as indicated)
- For beneficiaries under the age of eighteen (18) years of age
  - 1. an interview of a parent (preferably both), the guardian (including the responsible DCFS caseworker), and/or the primary caretaker (including foster parents) as applicable in order to:
    - a) Clarify the reason for the referral
    - b) Clarify the nature of the current symptoms
    - c) Obtain a detailed medical, family, and developmental history.
- Culturally and age-appropriate psychosocial history and assessment
- Mental status/Clinical observations and impressions
- Current functioning and strengths in specified life domains
- DSM diagnostic impressions

		Treatment recommendations	
		Staff signature/credentials/date of signature	
NO.	TES	UNIT	BENEFIT LIMITS
con nec how dev	s service may be billed for face-to-face tact as well as for time spent obtaining essary information for diagnostic purposes; vever, this time may NOT be used for elopment or submission of required erwork processes (i.e. treatment plans, ).	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED: One (1) YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested): One (1)
API	PLICABLE POPULATIONS	SPECIAL BILLING INST	RUCTIONS
	dren, Youth, and Adults	The following codes ca Same Date of Service:	nnot be billed on the
Tele	emedicine (Adults, Youth, and Children)	90791 – Mental Health D	iagnosis
ALL	OWED MODE(S) OF DELIVERY	TIER	
Fac	e-to-face	Counseling	
ALL	OWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
А. В.	an Arkansas-licensed physician, preferably one with specialized training and experience in psychiatry (child and adolescent psychiatry for beneficiaries under age eighteen (18) years of age) an Adult Psychiatric Mental Health Advanced Nurse Practitioner/Family Psychiatric Mental Health Advanced Nurse Practitioner (PMHNP-BC)	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office), 12, (Patient's Home), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)	
	The PMHNP-BC must meet all of the following requirements:		
	A. Licensed by the Arkansas State Board of Nursing		
	B. Practicing with licensure through the American Nurses Credentialing Center		
	C. Practicing under the supervision of an Arkansas-licensed psychiatrist with whom the PMHNP-BC has a collaborative agreement. The findings of the Psychiatric Assessment conducted by the PMHNP-BC, must be discussed with the supervising psychiatrist within forty-five (45) days of the beneficiary entering careThe collaborative agreement must comply with all Board of Nursing requirements		

D.

E.

and must spell out, in detail, what the nurse is authorized to do and what age group they may treat.

Practicing within the scope of practice as defined by the Arkansas Nurse Practice Act

Practicing within a PMHNP-BC's

255.001 Crisis Intervention

experience and competency level

<del>3-1-19</del>10-1-

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DE	SCRIPTION	
H2011, HA, U4	Crisis intervention service, per fifteen (15) minutes		
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS		
Crisis Intervention is unscheduled, immediate, short-term treatment activities provided to a Medicaid-eligible beneficiary who is experiencing a psychiatric or behavioral crisis. Services are to be congruent with the age, strengths, needed accommodation for any disability, and cultural framework of the beneficiary and his/her family. These services are designed to stabilize the person in crisis, prevent further deterioration and provide immediate indicated treatment in the least restrictive setting(These activities include evaluating a Medicaid-eligible beneficiary to determine if the need for crisis services is present.)  Services are to be congruent with the age, strengths, needed accommodation for any disability, and cultural framework of the beneficiary and his/hertheir family.	beneficiary and possi with caregivers or info Place of service Specific persons provinformation in relation Diagnosis and synope to crisis situation Brief mental status ar Utilization of previous psychiatric advance of pertinent to current si crisis intervention act Beneficiary's response includes current prog prognosis Clear resolution of the plans for further servi Development of a cle revision to existing plans	viding pertinent aship to beneficiary sis of events leading up and observations sly established directive or crisis plan as atuation OR rationale for ivities utilized se to the intervention that ress or regression and e current crisis and/or ices early defined crisis plan or	
NOTES	UNIT	BENEFIT LIMITS	
A psychiatric or behavioral crisis is defined as an acute situation, in which an individual is experiencing a serious mental illness or emotional disturbance to the point that the beneficiary or others are at risk for imminent harm, or in which to prevent significant deterioration of the beneficiary's functioning.	Fifteen (15) minutes	DAILY MAXIMUM OF UNITS THAT MAY BE BILLED: twelve (12)  YEARLY MAXIMUM OF UNITS THAT MAY	

This service can be provided to beneficiaries that have not been previously assessed or have not previously received behavioral health services.	BE BILLED (extension of benefits can be requested): seventy-two (72)	
The provider of this service MUST complete a Mental Health Diagnosis (90791) within seven (7) days of provision of this service, if provided to a beneficiary who is not currently a clientIf the beneficiary cannot be contacted or does not return for a Mental Health Diagnosis appointment, attempts to contact the beneficiary must be placed in the beneficiary's medical recordIf the beneficiary needs more time to be stabilized, this must be noted in the beneficiary's medical record and the Division of Medical Services Quality Improvement Organization (QIO) must be notified.		
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults		
	TIER	
ALLOWED MODE(S) OF DELIVERY	TIER	
ALLOWED MODE(S) OF DELIVERY  Face-to-face	Crisis	
Face-to-face		

255.003 Acute Crisis Units 3-1-1910-1

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION
H0018, U4	Behavioral Health; short-term residential
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS
Acute Crisis Units provide brief (96 hours or less) crisis treatment services to persons ever the age of eighteen (18) years of age and over, who are experiencing a psychiatricy- and/or substance abuse-related crisis, or both, and may pose an escalated risk of harm to self or others. Acute Crisis Units provide hospital diversion and step-down services in a safe environment with psychiatry and/or substance	

abuse services on-site at all times, as well as		
on-call psychiatry available twenty-four (24) hours a day. Services provide ongoing assessment and observation; crisis intervention; psychiatric, substance, and co-occurring		
treatment; and initiate referral mechanisms for independent assessment and care planning as needed.		
NOTES	EXAMPLE ACTIVITIES	
APPLICABLE POPULATIONS	UNIT	BENEFIT LIMITS
Youth and Adults	Per Diem	Ninety-six (96) hours or less per encounter admission; Extension of Benefits required for additional days  1 encounter per month  6 encounters per SFY
	PROGRAM SERVICE C	ATEGORY
	Crisis Services	
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	N/A	
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
Acute Crisis Units must be certified by the Division of Provider Services and Quality Assurance as an Acute Crisis Unit Provider.	55 (Residential Substance Abuse Treatment Facility), 56 (Psychiatric Residential Treatment Center	
CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DI	ESCRIPTION
H0018, U4	Behavioral Health; short	-term residential
SERVICE DESCRIPTION	MINIMUM DOCUMENTA	ATION REQUIREMENTS
Acute Crisis Units provide brief (96 hours or less) crisis treatment services to persons over the age of 18 who are experiencing a psychiatry and/or substance abuse related crisis and may pose an escalated risk of harm to self or others. Acute Crisis Units provide hospital diversion and step down services in a safe environment with psychiatry and/or substance abuse services on site at all times as well as on-call psychiatry available 24 hours a day. Services provide ongoing assessment and observation; crisis intervention; psychiatric, substance, and co-occurring treatment; and		

initiate referral mechanisms for independent assessment and care planning as needed.		
NOTES	<b>EXAMPLE ACTIVITIES</b>	
APPLICABLE POPULATIONS	UNIT	BENEFIT LIMITS
Youth and Adults	<del>Per Diem</del>	96 hours or less per encounter
		1 encounter per month
		• 6 encounters per SFY
	PROGRAM SERVICE C	ATEGORY
	Crisis Services	
ALLOWED MODE(S) OF DELIVERY	TIER	
Face to face	N/A	
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
N/A	<del>21, 51, 55, 56</del>	

255.004 Substance Abuse Detoxification

3-1-19<u>10-1-</u> <u>21</u>

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION	
H0014, U4	Alcohol and/or drug services; detoxification	
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS	
Substance Abuse Detoxification is a set of interventions aimed at managing acute intoxication and withdrawal from alcohol or other drugs. Services help stabilize beneficiaries by clearing toxins from the beneficiary's body. Services are short-term and may be provided in a crisis unit, inpatient, or outpatient setting, and may include evaluation, observation, medical monitoring, and addiction treatment. Detoxification seeks to minimize the physical harm caused by the abuse of substances and prepares the beneficiary for ongoing treatment.		
NOTES	EXAMPLE ACTIVITIES	
APPLICABLE POPULATIONS	UNIT	BENEFIT LIMITS
Youth and Adults	N/A	• 1 encounter per

	Six (6) encounters     per SFY; Extension     of Benefits required     for additional     encounters	
	PROGRAM SERVICE CATEGORY	
	Crisis Services	
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	N/A	
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
Substance Abuse Detoxification must be provided in a facility that is certified by the Division of Provider Services and Quality Assurance as a Substance Abuse Detoxification provider.	21 (Inpatient Hospital), 55 (Residential Substance Abuse Treatment Facility)	

#### TOC not required

#### 305.000 Telemedicine Billing Guidelines

<del>8-1-18</del><u>10-1-</u> <u>21</u>

Telemedicine is defined as the use of electronic information and communication technology to deliver healthcare services including without limitation, the assessment, diagnosis, consultation, treatment, education, care management, and self-management of a patient. Telemedicine includes store-and-forward technology and remote patient monitoring. (See policy section I.)

Arkansas Medicaid shall provide payment for telemedicine healthcare services to licensed or certified healthcare professionals or entities that are authorized to bill Arkansas Medicaid directly for healthcare services. -Coverage and reimbursement for healthcare services provided through telemedicine shall be reimbursed on the same basis as healthcare services provided in person.

Payment will include a reasonable facility fee to the originating site, (the site at which the patient is located at the time telemedicine healthcare services are provided). In order to receive reimbursement, the originating site must be operated by a healthcare professional or licensed healthcare entity that is authorized to bill Medicaid directly for healthcare services. The distant site is the location of the healthcare provider delivering telemedicine services. Services at the distant site must be provided by an enrolled Arkansas Medicaid Provider who is authorized by Arkansas law to administer healthcare.

#### Coding Guidelines:

- 1. The originating site shall submit a telemedicine claim under the billing providers "pay to" information, using HCPCS code Q3014. -The code must be submitted for the same date of service as the professional code and must indicate the place of service (where the member was at the time of the telemedicine encounter). Except in the case of hospital facility claims, the provider who is responsible for the care of the member at the originating site shall be entered as the performing provider in the appropriate field of the claim. -For outpatient claims that occur in a hospital setting, the provider must also use Place of Service code twenty-two (22) with the originating site billing Q3014. -In the case of in-patient services, HCPCS code Q3014 is not separately reimbursable because it is included in the hospital per diem.
- 2. The provider of the distant site must submit claims for telemedicine services using the appropriate CPT or HCPCS code for the professional service delivered, along with the telemedicine modifier GT. The GT modifier should appear in one of the four modifier fields on the claim. The provider must also use Place of Service two (02) (telemedicine distant site) when billing the CPT or HCPCS codes with a GT modifier.

#### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE ARKANSAS

ATTACHMENT 3.1-A Page 6c16

# AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED 20172021

July-October August 1,

## CATEGORICALLY NEEDY

- 13. Other diagnostic, screening, preventive and rehabilitative services, i.e., other than those provided elsewhere in this plan. (Continued)
  - d. Rehabilitative Services (continued)
    - 3. Outpatient Behavioral Health Services (OBHS)(continued)

xxix. Crisis Care - De-escalation\*

Eligibility for this service is determined by an Independent Assessment and must be prior authorized.

DEFINITION: Crisis Care – De-escalation provides temporary direct care for a beneficiary in the beneficiary's community that is not facility-based.— Crisis Care – De-escalation services de-escalate stressful situations and provide a therapeutic outlet.- Crisis Care includes behavioral interventions that keep beneficiaries in their current situation and reduces the need for acute hospitalization or other higher levels of care.- Crisis Care shall be indicated in the treatment plan.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Crisis Care – De-escalation provider must be certified by the Department of Human Services as a Crisis Care – De-escalation provider.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider – Bachelor's; and Qualified Behavioral Health Provider – Non-Degreed.

xxx. Acute Crisis Units\*

Definition: Acute Crisis Units provide brief 96 hours or less) crisis treatment services to persons over the age of 17 who are experiencing a psychiatry- and/or substance abuse-related crisis and may pose an escalated risk of harm to self or others. Acute Crisis Units provide hospital diversion and step-down services in a safe environment with psychiatry and/or substance abuse services on-site at all times as well as on-call psychiatry available 24 hours a day. Services provide ongoing assessment and observation; crisis intervention; psychiatric, substance, and co-occurring treatment; and initiate referral mechanisms for independent assessment and care planning as needed.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Acute Crisis Unit must be certified by Department of Human Services as an Acute Crisis Unit.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider – Bachelors; and Qualified Behavioral Health Provider – Non-Degreed.

An Extension of Benefit for medical necessity is required for admissions exceeding ninety-six (96) hours.

<sup>\*</sup>All medically necessary 1905(a) services, that correct or ameliorate physical and mental illnesses and conditions, are covered for EPSDT eligible beneficiaries, ages birth to twenty-one, in accordance with 1905(r) of the Social Security Act.

# STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE ARKANSAS

ATTACHMENT 3.1-A Page 6c17

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED 20172021

July-October August 1,

#### CATEGORICALLY NEEDY

- 13. Other diagnostic, screening, preventive and rehabilitative services, i.e., other than those provided elsewhere in this plan. (Continued)
  - d. Rehabilitative Services (continued)
    - 3. Outpatient Behavioral Health Services (OBHS)

xxxi. Crisis Intervention\*

DEFINITION: Crisis Intervention is an unscheduled, immediate, short-term treatment activity provided to a Medicaid-eligible beneficiary who is experiencing a psychiatric or behavioral crisis. Services are to be congruent with the age, strengths, needed accommodation for any disability, and cultural framework of the beneficiary and <a href="https://historycommodation.com/his/hertheir">his/hertheir</a> family. These services, which can include interventions, stabilization activities, evaluation, coping strategies, and other various activities to assist the beneficiary in crisis, are designed to stabilize the person in crisis, prevent further deterioration, and provide immediate indicated treatment in the least restrictive setting. The services provided are expected to reduce or eliminate the risk of harm to the person or others in order to stabilize the beneficiary.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician

xxxii. Substance Abuse Detoxification\*

Definition: Substance Abuse Detoxification is a set of interventions aimed at managing acute intoxication and withdrawal from alcohol or other drugs. Services help stabilize beneficiaries by clearing toxins from the beneficiary's body. Services are short-term-and, may be provided in a crisis unit, residential, or outpatient setting, and may include evaluation, observation, medical monitoring, and addiction treatment. Detoxification seeks to minimize the physical harm caused by the abuse of substances and prepares the beneficiary for ongoing treatment.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Substance Abuse Detoxification Unit must be certified by the Department of Human Services as a Substance Abuse Detoxification provider.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider – Bachelor's; and Qualified Behavioral Health Provider – Non-Degreed.

Six encounters are allowed per State Fiscal Year (July 1 through June 30). Extension of Benefits for Medically Necessary Encounters beyond the first six (6) is required.

<sup>\*</sup>All medically necessary 1905(a) services, that correct or ameliorate physical and mental illnesses and conditions, are covered for EPSDT eligible beneficiaries ages birth to twenty-one, in accordance with 1905(r) of the Social Security Act.

#### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE ARKANSAS

ATTACHMENT 3.1-B Page 5f16

# AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED 20172021

July-October August 1,

#### MEDICALLY NEEDY

- 13. Other diagnostic, screening, preventive, and rehabilitative services, i.e., other than those provided elsewhere in this plan. (Continued)
  - d. Rehabilitative Services (continued)
    - 3. Outpatient Behavioral Health Services (OBHS)(continued)

xxix. Crisis Care - De-escalation\*

Eligibility for this service is determined by an Independent Assessment and must be prior authorized and must be prior authorized.

DEFINITION: Crisis Care – De-escalation provides temporary direct care for a beneficiary in the beneficiary's community that is not facility-based.— Crisis Care – De-escalation services de-escalate stressful situations and provide a therapeutic outlet.- Crisis Care includes behavioral interventions that keep beneficiaries in their current situation and reduces the need for acute hospitalization or other higher levels of care.- Crisis Care shall be indicated in the treatment plan.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Crisis Care – De-escalation provider must be certified by the Department of Human Services as a Crisis Care – De-escalation provider.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider – Bachelor's; and Qualified Behavioral Health Provider – Non-Degreed.

xxx. Acute Crisis Units\*

Definition: Acute Crisis Units provide brief, 96 hours or less,) crisis treatment services to persons over the age of 17 who are experiencing a psychiatry- and/or substance abuse-related crisis and may pose an escalated risk of harm to self or others. Acute Crisis Units provide hospital diversion and step-down services in a safe environment with psychiatry and/or substance abuse services on-site at all times as well as on-call psychiatry available 24 hours a day. Services provide ongoing assessment and observation; crisis intervention; psychiatric, substance, and co-occurring treatment; and initiate referral mechanisms for independent assessment and care planning as needed.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Acute Crisis Unit must be certified by Department of Human Services as an Acute Crisis Unit.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider – Bachelor's; and Qualified Behavioral Health Provider – Non-Degreed.

<u>An Extension of Benefit for medical necessity is required for admissions exceeding ninety-six (96) hours.</u>

<sup>\*</sup>All medically necessary 1905(a) services that correct or ameliorate physical and mental illnesses and conditions are covered for



# STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE ARKANSAS

ATTACHMENT 3.1-B Page 5f17

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED 20172021

July-October August 1,

#### MEDICALLY NEEDY

- 13. Other diagnostic, screening, preventive, and rehabilitative services, i.e., other than those provided elsewhere in this plan. (Continued)
  - d. Rehabilitative Services (continued)
    - 3. Outpatient Behavioral Health Services (OBHS)

xxxi. Crisis Intervention\*

DEFINITION: Crisis Intervention is an unscheduled, immediate, short-term treatment activity provided to a Medicaid-eligible beneficiary who is experiencing a psychiatric or behavioral crisis. Services are to be congruent with the age, strengths, needed accommodation for any disability, and cultural framework of the beneficiary and his/her family. These services, which can include interventions, stabilization activities, evaluation, coping strategies and other various activities to assist the beneficiary in crisis, are designed to stabilize the person in crisis, prevent further deterioration, and provide immediate indicated treatment in the least restrictive setting. The services provided are expected to reduce or eliminate the risk of harm to the person or others, in order to stabilize the beneficiary.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician

xxxii. Substance Abuse Detoxification\*

Definition: Substance Abuse Detoxification is a set of interventions aimed at managing acute intoxication and withdrawal from alcohol or other drugs. Services help stabilize beneficiaries by clearing toxins from the beneficiary's body. Services are short-term and may be provided in a crisis unit, residential, or outpatient setting, and may include evaluation, observation, medical monitoring, and addiction treatment. Detoxification seeks to minimize the physical harm caused by the abuse of substances and prepares the beneficiary for ongoing treatment.

Substance Abuse Detoxification Unit must be certified by the Department of Human Services as a Substance Abuse Detoxification provider.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider – Bachelor's; and Qualified Behavioral Health Provider – Non-Degreed.

Six (6) encounters are allowed per State Fiscal Year (July 1 through June 30). Extension of Benefits for Medically Necessary Encounters beyond the first six (6) is required.

<sup>\*</sup>All medically necessary 1905(a) services that correct or ameliorate physical and mental illnesses and conditions are covered for- EPSDT eligible beneficiaries ages birth to twenty-one, in accordance with 1905(r) of the Social Security Act.

# Stricken language would be deleted from and underlined language would be added to present law. Act 624 of the Regular Session

1 2	State of Arkansas As Engrossed: $H2/2/21$ $H2/8/21$ $S3/4/21$ $A$ Bill
3	Regular Session, 2021 HOUSE BILL 1176
4	
5	By: Representatives L. Johnson, Pilkington
6	By: Senator B. Davis
7	
8	For An Act To Be Entitled
9	AN ACT TO ENSURE THAT REIMBURSEMENT IN THE ARKANSAS
10	MEDICAID PROGRAM FOR CERTAIN BEHAVIORAL AND MENTAL
11	HEALTH SERVICES PROVIDED VIA TELEMEDICINE CONTINUES
12	AFTER THE PUBLIC HEALTH EMERGENCY CAUSED BY
13	CORONAVIRUS 2019 (COVID-19); TO DECLARE AN EMERGENCY;
14	AND FOR OTHER PURPOSES.
15	
16	
17	Subtitle
18	TO ENSURE THAT REIMBURSEMENT IN THE
19	ARKANSAS MEDICAID PROGRAM FOR CERTAIN
20	BEHAVIORAL AND MENTAL HEALTH SERVICES
21	PROVIDED VIA TELEMEDICINE CONTINUES AFTER
22	THE PUBLIC HEALTH EMERGENCY; AND TO
23	DECLARE AN EMERGENCY.
24	
25	
26	BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF ARKANSAS:
27	
28	SECTION 1. Arkansas Code Title 20, Chapter 77, Subchapter 1, is
29	amended to add an additional section to read as follows:
30	20-77-112. Provision of behavioral and mental health services via
31	<u>telemedicine — Medicaid reimbursement.</u>
32	(a)(1) The General Assembly finds that during the public health
33	emergency caused by coronavirus 2019 (COVID-19), the Department of Human
34	Services issued several memorandums authorizing certain reimbursement for
35	behavioral and mental health services provided via telemedicine for the time
36	period of the public health emergency.

I	(2) It is the intent of the General Assembly to make the
2	authorization for certain reimbursement for behavioral and mental health
3	services provided via telemedicine permanent.
4	(b) The Arkansas Medicaid Program shall reimburse for the following
5	behavioral and mental health services provided via telemedicine:
6	(1) Counseling and psychoeducation provided by a person licensed
7	<u>as:</u>
8	(A) A psychologist;
9	(B) A psychological examiner;
10	(C) A professional counselor;
11	(D) An associate counselor;
12	(E) An associate marriage and family therapist;
13	(F) A marriage and family therapist;
14	(G) A clinical social worker; or
15	(H) A master social worker;
16	(2) Crisis intervention services;
17	(3) Substance abuse assessments;
18	(4) Mental health diagnosis assessments for an individual under
19	twenty-one (21) years of age; and
20	(5) Group therapy for individuals who are eighteen (18) years of
21	age or older under the current service definition determined by the Arkansas
22	Medicaid Program and when provided via audio-visual technology that is
23	compliant with the Health Insurance Portability and Accountability Act of
24	1996, Pub. L. No. 104-191, and composed of beneficiaries of similar age and
25	clinical presentation to qualified beneficiaries.
26	(c) The Arkansas Medicaid Program shall reimburse for supplemental
27	support services provided in-person or via audio-visual technology or
28	telephone that is compliant with the Health Insurance Portability and
29	Accountability Act of 1996, Pub. L. No. 104-191, within the managed care
30	program in the same manner as provided by risk-based provider organizations
31	under the Medicaid Provider-Led Organized Care Act, § 20-77-2701 et seq.,
32	through the later of:
33	(1) The end of the public health emergency that began on March
34	11, 2020, by Executive Order 20-03; or
35	(2) December 31, 2021.
36	(d) The department shall apply for any federal waiver, Medicaid state

1	plan amendment, or other authorization necessary to implement this section.
2	(e) This section applies to Medicaid beneficiaries in the fee-for-
3	service Arkansas Medicaid Program and the managed care Arkansas Medicaid
4	Program.
5	
6	SECTION 2. EMERGENCY CLAUSE. It is found and determined by the
7	General Assembly of the State of Arkansas that due to the coronavirus 2019
8	(COVID-19) pandemic, the Department of Human Services has issued several
9	memorandums authorizing certain reimbursements for behavioral and mental
10	health services provided via telemedicine for the time period of the public
11	health emergency to beneficiaries in the Arkansas Medicaid Program; that on
12	February 26, 2021, the Governor announced that the public health emergency
13	was extended but the Governor was going to lift some regulations related to
14	the pandemic; that these reimbursements allowed behavioral and mental health
15	providers to ensure that the beneficiaries of the Arkansas Medicaid Program
16	had the services that they needed, and lifting these reimbursements to the
17	healthcare providers of behavioral and mental health services would greatly
18	disadvantage and harm the beneficiaries of the Arkansas Medicaid Program who
19	need these services; and that this act is immediately necessary to ensure
20	that the beneficiaries of the Arkansas Medicaid Program have access to
21	behavioral and mental health services provided via telemedicine. Therefore,
22	an emergency is declared to exist, and this act being immediately necessary
23	for the preservation of the public peace, health, and safety shall become
24	effective on:
25	(1) The date of its approval by the Governor;
26	(2) If the bill is neither approved nor vetoed by the Governor,
27	the expiration of the period of time during which the Governor may veto the
28	<u>bill; or</u>
29	(3) If the bill is vetoed by the Governor and the veto is
30	overridden, the date the last house overrides the veto.
31	
32	/s/L. Johnson
33	
34	
35	APPROVED: 4/8/21
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