# Restaurant Industry Food Allergies Update

MONTINE MCNULTY

EXECUTIVE DIRECTOR, ARKANSAS HOSPITALITY ASSOCIATION

#### Food Safety Statistics

- According to Pew Charitable Trusts, foodborne illnesses cost \$156 billion each year in the US in lost productivity
- ► Foodborne illnesses in Arkansas cost \$1,484,000,000
- Less than 10% of Arkansas restaurant employees were certified in food safety in 2011

#### Food Safety Statistics

- ▶ 80% of Americans eat out at least once a week
- From 1998 to 2004, 52% of confirmed foodborne illness outbreaks came from restaurants
- 68% of those restaurants did not have a ServSafe certified kitchen manager

#### ServSafe

- The ServSafe® program provides food safety training, exams and educational materials to foodservice managers.
- Managers learn to implement essential food safety practices and create a culture of food safety.
- All content and materials are based on actual job tasks identified by foodservice industry experts.



#### ServSafe

- The ServSafe program helps prepare you for the ServSafe Food Protection Manager Certification exam.
  - Training covers these concepts:
  - ► The Importance of Food Safety
  - Good Personal Hygiene
  - ► Time and Temperature Control
  - Preventing Cross-Contamination
  - Cleaning and Sanitizing
  - Safe Food Preparation
  - Receiving and Storing Food
  - Methods of Thawing, Cooking, Cooling and Reheating Food
  - HACCP (Hazard Analysis and Critical Control Points)
  - Food Safety Regulations
  - And more . . .

# Arkansas Hospitality Association Involvement

> 5,793 - number of people trained in Arkansas since 2012





#### ServSafe & Food Allergy Education

- Current food safety training can help prepare every manager and foodhandler to meet the challenges of food allergies.
- The ServSafe® Food Safety Training Program has a section devoted specifically to food allergies.
  - Allergy Symptoms
  - Common Food Allergens
  - Preventing Allergic Reactions
  - ► How to Avoid Cross Contamination
- This training can help all employees understand the many techniques they can use to prevent an allergic reaction.

#### ServSafe Allergens Course

- > 90 minute, online only course
- \$22 online payment
- The ServSafe Allergens online, interactive course drives home critical information your employees and managers need in order to accommodate guests with food allergies.
- The ServSafe Allergens online course covers such topics as identifying allergens, communication with the guest, preventing cross-contact, food labels and more.

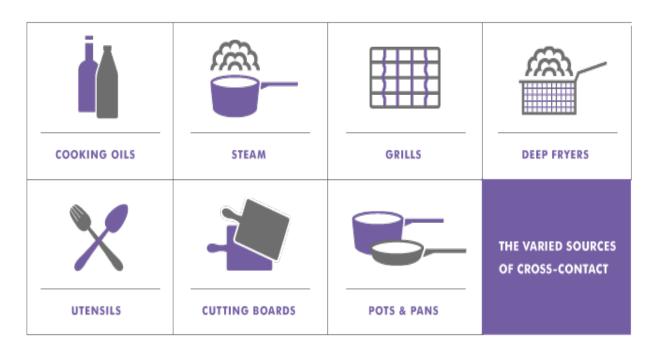


#### ServSafe Allergen-Arkansas Impact

- Arkansas industry employees have voluntarily been trained through the online course
- These efforts reduce the impact of allergic reactions in Arkansas operations
- Arkansas employees trained to:
  - Better understand allergy symptoms
  - Prevent allergic reactions
  - Avoid cross contamination
  - Know the menu items
    - Ingredients and cooking methods

#### Food Allergies: ServSafe Course

- The interactive ServSafe Allergens Online Course provides the protection you need. It drives home the critical lessons your employees and managers need to know before an emergency occurs.
- > THE COURSE
- DEFINING FOOD ALLERGIES
  - RECOGNIZING SYMPTOMS
  - IDENTIFYING ALLERGENS
  - DANGERS OF CROSS-CONTACT
  - PROPER CLEANING METHODS
- FRONT OF THE HOUSE
- PROPER COMMUNICATION
  - PREVENTING CROSS-CONTACT
  - WORKSTATIONS & SELF-SERVE AREAS
  - SPECIAL DIETARY REQUESTS
  - DEALING WITH EMERGENCIES
- BACK OF THE HOUSE
- IMPORTANCE OF FOOD LABELS
  - HANDLING FOOD DELIVERIES
  - PROPER FOOD PREPARATION
  - CLEANING AND PERSONAL HYGIENE



#### ServSafe Allergens Video 15 Million Reasons to Be Allergen Trained

https://www.youtube.com/watch ?v=om9MBtLJ8IY&feature=youtu. be

## Thank you for listening!

### Questions?

