

Medicaid Behavioral Health Service and Support System

Arkansas Department of Human Services



November 13, 2022



Medicaid Populations and Mental Health Services

Traditional Medicaid Beneficiaries

Total Child eligibility 0-211% FPL 476,375 Adult eligibility 0-17% FPL or other categories 299,899

Need outpatient counseling services provided in an office, clinic or school setting

Need medication management by a psychiatrist or primary care physician

Can be stabilized quickly in a hospital and connected to outpatient counseling and medication management

PASSE Beneficiaries

BH children 34,151 BH Adult 14,848 IDD children 1,626 IDD adult 5,810

Are not responding to outpatient counseling services

Have functional deficits due to mental health diagnosis

Need home and community-based services to prevent institutional settings

ARHOME Beneficiaries

Total 340,941 healthy adults aged 19-64 19-133% FPL

Can access outpatient counseling and full range of SUD services through Qualified Health Plans

Child/Youth BH Continuum – Current Services

Increasing intensity of services

Counseling	Home & Community Based Services (HCBS)	Residential HCBS	Psychiatric Residential Treatment Facility (PRTF)	Psychiatric Hospital Sub-Acute Unit
<ul style="list-style-type: none"> • Individual • Family • Group • Crisis Intervention 	<ul style="list-style-type: none"> • Behavioral Assistance • Child and Youth Support • Life Skills Development • Planned Respite • Family Peer Support Partner • Crisis Stabilization Intervention • Intensive In Home 	<ul style="list-style-type: none"> • Residential Community Reintegration Program 	<ul style="list-style-type: none"> • Residential Treatment Center 	<ul style="list-style-type: none"> • Residential Treatment Unit • Inpatient Stay (short-term stabilization)
<i>Provider types:</i> OBHA or ILP/ILP groups	<i>Provider types:</i> OBHA or CSSP	<i>Provider types:</i> OBHA or CSSP	<i>Provider types:</i> U21 Inpatient Psychiatric RTC	<i>Provider types:</i> U21 Inpatient Psychiatric RTU, psych hospital or hospital with psych unit
<div> <div>←</div> <div>Crisis Services</div> <div>→</div> </div> <div> Hospital acute crisis unit beds and acute psychiatric hospitals </div>				

Adult BH Continuum – Current Services

Increasing intensity of services

Counseling	Home & Community Based Services (HCBS)	Transitional Housing	Residential HCBS	Hospital
<ul style="list-style-type: none"> • Individual • Family • Group • Crisis Intervention 	<ul style="list-style-type: none"> • Adult Rehab Day Service • Supportive Employment • Supportive Housing • Adult Life Skills Develop • Peer Support • Aftercare Recovery • Assertive Community Treatment • Crisis Stabilization Intervention 	<ul style="list-style-type: none"> • Not a Medicaid reimbursable service but often needed to for individuals who don't meet the level of need for Therapeutic Communities but need housing and additional supports 	<ul style="list-style-type: none"> • Therapeutic Communities 	<ul style="list-style-type: none"> • Inpatient Psychiatric Units in General Hospitals
Provider types: OBHA or ILP/ILP groups		Provider types: OBHA or CSSP	Provider types: OBHA or CSSP	Provider types: General Hospital
<p>← Crisis Services → Crisis stabilization units / hospital acute crisis unit beds and psychiatric units</p>				

Counseling Services

Reimbursed by AR Medicaid for Traditional
Medicaid Clients

Reimbursed by PASSE for PASSE members

Outpatient Counseling Services: Traditional Medicaid and PASSE payors

Individual, family and group counseling can be provided in counseling clinics, physician clinics, schools and home settings using Medicaid location code. Most counseling services are being provided in clinic settings.

Rate updates

- Rate adjustments implemented for individual and family therapies and psychiatric diagnostic evaluation increased to 80% of the Medicare rate October 1, 2022
- The rates for group and multifamily group will be decreased to 100% of Medicare over 2 years with the first decrease beginning March 1, 2023

AR Medicaid policy changes

- The number of Behavioral Health services provided by Outpatient providers prior to PCP referral was moved from 3 to 10
- Counseling services codes were added to AR Medicaid Physicians manual to allow physicians to employee counselors
Certification requirements for Independently Licensed Practitioners were removed allowing licensure and retrospective reviews to drive compliance

Outpatient Counseling Services: Traditional Medicaid and PASSE payors

AR Medicaid policy changes continued

- Certification requirements for Independently Licensed Practitioners were removed allowing licensure and retrospective reviews to drive compliance
- Outpatient Behavioral Health Counseling Services manual was updated to:
 - Added provisionally licensed professionals and master's level Licensed Alcoholism and Drug Abuse Counselors (LADAC)
 - Worked with UAMS and AR Infant Mental Health (IMH) representatives to update services
 - Added Intensive Outpatient Substance Use Treatment and Crisis Intervention Stabilization service
- Behavioral health screening was added to AR Medicaid Physicians manual to allow physicians to screen patients for behavioral health conditions

Next Steps

- Continued work with all providers and stakeholders to continue move towards behavioral health/primary care integration including use of psychiatric collaborative care management (CoCM) codes and intersection with PCMH program

Behavioral Health Crisis Services

Rates

- Added code and rate for Inpatient Hospital Acute Crisis Unit beds for Medicaid beneficiaries over age 4

Service development

- Using ARP funding to complete analysis of current delivery of crisis services and determine steps needed to create an integrated crisis system

Next Steps

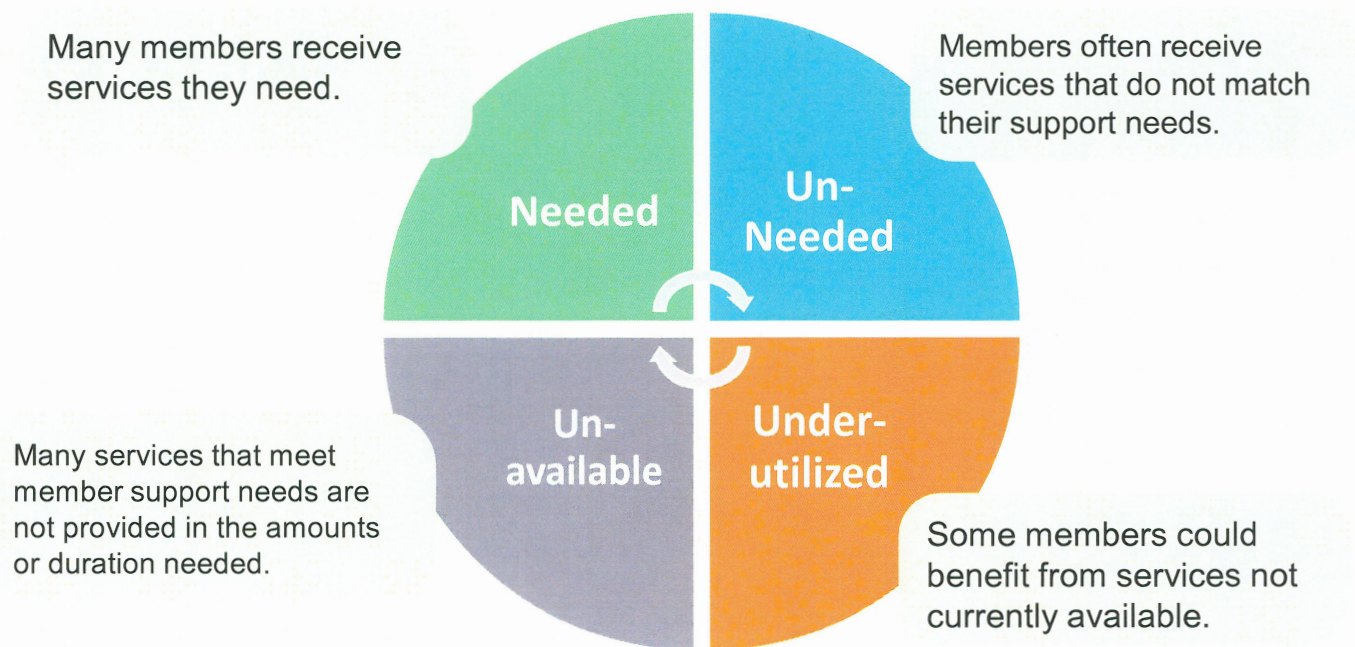
- Operationalize integrated mobile crisis system
- Designate use of additional \$500,000 one-time mental health block grant funds to develop mobile crisis implementation for children/youth
- Recruit rural hospitals to open ACU beds

Home and Community Based Services

Reimbursed by PASSE for PASSE members

DHS program staff and stakeholders identified the three challenges related to services available to PASSE members.

Addressing these challenges will require efforts across the care continuum.



Home and Community Based Service (HCBS): PASSE payor

Rates

- Updated rates for Therapeutic Communities
- Added new Evidenced Based Practices (EBP) services using team of paraprofessionals led by professional paid using a daily rate and setting a comparison rate for:
 - Assertive Community Treatment (ACT) for adults
 - Intensive In Home (IIH) for children and youth
- In process of setting comparison rates for all child/youth HCBS for January 1, 2023

Funding support

- ARP directed payment to recruit, retain and train HCBS workforce
- Awarded ARP funding to offer training for ACT and IIH

Service development

- Implementing a new identification of complex cases along with enhanced care coordination requirement for PASSEs

AR Medicaid policy

- Created 3 levels of Community Support System Provider type to add professional oversight for some HCBS to allow for new services, new payment methodologies, better coverage in rural areas and attract new providers

CSSP Certification: Three Levels

Enhanced

- Therapeutic Communities
- Residential Community Reintegration Program
- Outpatient Acute Crisis Units
- 8 Bed IDD Group Homes
- Adult Rehabilitative Day Service

Intensive

- Assertive Community Treatment (ACT)
- Peer Support
- Aftercare Recovery Support
- Intensive In Home Services (ACT like service for children/youth)
- Behavioral Assistance
- Child and Youth Support
- Family Support Partners
- Crisis Stabilization Intervention

Base

- Adult Life Skills Development
- Supportive Employment
- Supportive Housing
- Life Skills Development Individual and Group
- Planned Respite
- Supportive Living
- Supplemental Support

DHS is using resources made available through American Rescue Plan Act, Section 9817 to identify and bridge current gaps using a proven three-step process.

- Review existing policy and procedure
- Collect information from a wide range of stakeholders
- Gather promising practices from other states

Assess



- Design operational changes that close current gaps
- Develop new services
- Identify needed changes in the provider network
- Create tools that support beneficiaries and providers

Design



- Amend Medicaid Authorities
- Update policies and procedures
- Deploy new tools
- Provide training to providers
- Inform beneficiaries and natural supports

Implement



Current ARPA 9817 Work

ARPA 9817 Initiatives

Workforce Stabilization Provider Incentive Program

Guidehouse is assisting DHS to support the HCBS program by providing \$112.5M in funding to providers to stabilize and strengthen current operations and develop provider-based plans for quality implementation, staff advancement and retention, both short and long term. Guidehouse is also assisting in developing a reporting platform to track and monitor providers in their disbursement of payments to their workforce.

Transitions Workstream

To ensure appropriate placement options for complex clients and a streamlined transition process, Guidehouse is assessing current state of transitions across the HCBS program and developing recommendations for improvement, based on information learned during internal and external stakeholder engagement and best practices across the nation.

HCBS Education Workstream

Guidehouse is assisting DHS in developing an overarching HCBS educational campaign, with a focus on highlighting the array of services available to promote client independence and access to services. DHS envisions using the campaign to expand the network of HCBS providers, especially in under-utilized services.

HCBS Technology Workstream

Guidehouse is supporting DHS to develop a best practice model for a comprehensive assistive technology program, with a focus on training and capacity-building for HCBS providers and clients. This effort will promote client independence and access to services

Community-Based Crisis Response Workstream

Guidehouse is developing a strategic plan for DHS to develop a Community-Based Crisis Response System (CBCR) which will result in an organized set of structures, processes, and services that are in place to meet all the urgent, and emergent behavioral health crisis needs of a defined population in a community, as soon as possible, and for as long as necessary.

HCBS

Next Steps

- Develop and implement payment methodology for team-based approach for school based HCBS
- Recruit and enroll additional providers for Therapeutic Communities and Residential Community Reintegration
- Train existing providers and recruit and enroll additional providers of ACT and IIH

Psychiatric Residential Treatment

Reimbursed by PASSE for PASSE members

Child and Youth Psychiatric Residential Treatment Services: PASSE payor

There are two types of Psychiatric Residential Treatment Services Psychiatric Residential Treatment Facilities (PRTF) and Sub-acute Residential Units in Psychiatric Hospitals

Rates

- PRTF comparison rates for PRTF daily rate development in process
- Inpatient Psychiatric Hospital part of hospital rate rebasing work

Service support

- Providers will receive a directed payment for workforce recruitment, retention and training based on services provided to AR Medicaid beneficiaries

Next steps

- Update the Inpatient Psychiatric Services for Under Age 21 AR Medicaid provider manual work to begin 2023

Forensic Services

Reimbursed through Medicaid and contracted
State funding

Improving Forensic Evaluation Services and Clinical Outcomes

Service development

- DAABHS will establish a Court Involved Screening, Treatment and Recommendations Team (CISTR) which will oversee the forensics program, in addition to other court-involved treatment issues.
- For individuals found not fit to proceed, evaluation results will include clinical recommendations on appropriate behavioral health treatment needed for effective restoration.
- Improve quality review of evaluations by shifting staff and processes to DAABHS

Next Steps

- Provide through contract, a centralized site for jail-based restoration, which counties can choose as an alternative to restoration currently being conducted in jails.
- Establish stronger criteria in CMHC contract to ensure efficient effect restorations
- Provide ARPA funding for training, monitoring, supervision and certification to establish Assertive Community Treatment programs
- Money Follows the Person program will recruit behavioral health providers to support individuals receiving ACT services upon discharge from institutions.

AR HOME

AR Medicaid pays premiums

AR HOME: Qualified Health Plans payor

AR Medicaid beneficiaries who are enrolled through the AR HOME program receive services reimbursed by a Qualified Health Plan (QHP). AR Medicaid pays the premium for the beneficiary and the QHP is responsible for maintaining a network and available services.

- QHPs required to meet annual health improvement targets based on the Medicaid Adult Core Set used to monitor trends in performance on standardized indicators of quality of care related to

- Primary and preventive care

- Maternal and perinatal care

- Care of acute and chronic conditions

- Behavioral health care

Provide **incentives** to their members or providers to encourage health improvement activities

Be required to submit annual Quality Assessment and Performance Improvement **Strategic Plans**

AR HOME

Service development

- Life360 HOMEs are a new AR Medicaid provider type
- Hospitals currently enrolled in AR Medicaid can choose to become a Life360 HOME and choose their service area
- AR Medicaid will pay hospitals directly for Life360 HOME services and hospitals may choose community partners to provide services
- Medical care is still provided by the client's local physician, pharmacy, behavioral health provider, etc
- 3 different Life360 HOMEs

Maternal Life360 HOMEs-must be a birthing hospital

Rural Life360 HOMEs-must be a rural hospital

Success Life360 HOMEs-must be an acute care hospital

Behavioral Health Task Force Impact

DHS activities

Summary of Workgroup Issues Addressed Through Medicaid Rate and Policy Work

- Prevention and Early Intervention
 - Update physician's manual to allow behavioral health integration
 - Updated IMH services
- Workforce Development
 - New service with professionals as team lead for high need PASSE members
 - Funding for recruitment and retention
- Access to High Quality Services
 - New certification for PASSE members with specialized training for PASSE sub-populations
- Substance Abuse/Co-occurring Disorders
 - Allow substance abuse licensed counselors to provide SUD services in Medicaid OBH manual
- Services for Special Population
 - Rate changes and new provider for high need, complex Medicaid beneficiaries in PASSE
- Rates, Regulations, Efficiencies and Bed Availability
 - Rates for Outpatient counseling, PRTF, team-based HCBS approach
 - Addressing quality in U21 Inpatient Psychiatric Hospital (PRTF) manual