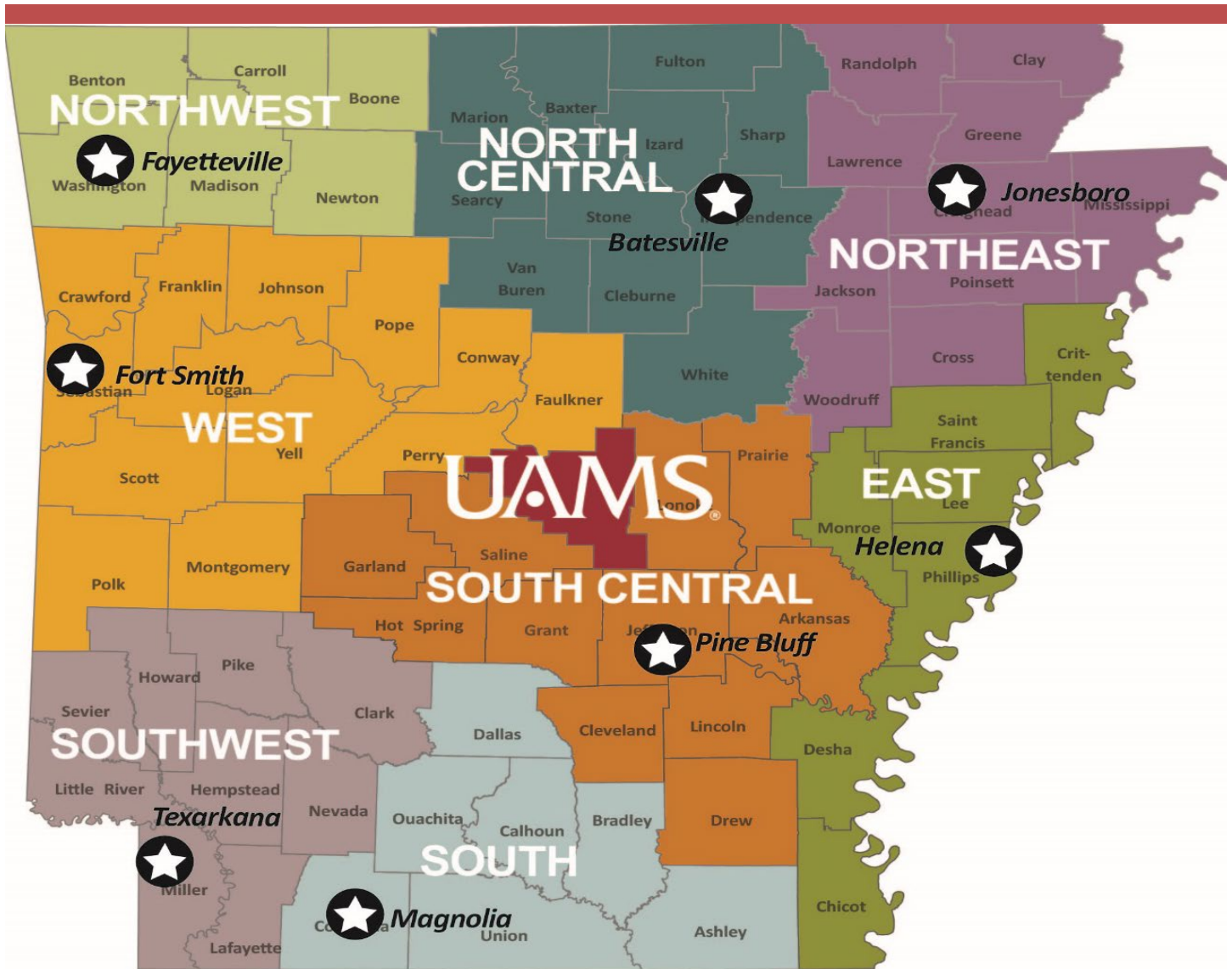




UAMS EAST REGIONAL CAMPUS



SEPTEMBER 3, 2024
STEPHANIE LOVELESS, CENTER DIRECTOR



The University of Arkansas Medical Sciences East Regional Campus provides healthcare outreach services to seven counties including St. Francis, Lee, Phillips, Chicot, Desha, Monroe and Crittenden Counties.

UAMS East is located in Helena with centers in West Memphis and Lake Village.

The overall mission of the UAMS East Regional Campus is to improve the health of the Delta's population.

The goal of UAMS East Regional Campus is to recruit and retain healthcare professionals and to provide community-based healthcare and education to improve the health of the people residing in the Delta region.

UAMS East provides disease prevention to the region through education and screening programs and primary health care to the region through UAMS Family Medical Center.



UAMS East Family Medical Center (FMC)

UAMS East FMC staff utilize primary, secondary and tertiary prevention measures to improve the health of the rural Delta population. Patient encounters increased by over 45% in 2023. In 2023, there were 3,940 patient visits and 353 new patients. FMC staff are trained in the utilization of telehealth services which provide access to specialists while reducing the burden of traveling to receive care. Those services include endocrinology clinic and most recently the addition of the UAMS Satellite Transplant Clinic being conducted at UAMS East FMC. Dr. Lyle Burdine, M.D., Ph.D. is an associate professor in the UAMS Department of Surgery and provides care to patients in Helena. The FMC staff have been exceeding quality metrics for controlling hypertension and diabetes, screening for foot care, and screening all patients for tobacco. The clinic provides additional support to patients for smoking cessation, weight loss, and chronic disease management.

UAMS East Fitness Center and Exercise Programs

UAMS East Regional Campus maintains the number of clients who participate in exercise programs offered by UAMS East Regional Campus within 10% of previous year. In 2023, there were 38,209 exercise encounters of which 28,198 were from the UAMS East Fitness Center and walking track. Additionally, UAMS East Regional Center in Lake Village and West Memphis help meet the goal with outreach programs offered in the community. Those include programs such as *Sliver Sneakers*, Zumba, line dancing and *Walk away the Pounds*.

UAMS East Outreach Promotion and Prevention

UAMS East Regional Campus maintains a robust health education promotion and prevention programs for area youth and adults. All three sites provide outreach prevention and programming. The services provided vary depending on the needs of that community and collaborative partnerships that have been established. In 2023, there 35,956 health education and promotion encounters.

Programs include nutrition education such as Cook Smart, Eat Smart, CPR and first aid, Kids for Health, stroke education and awareness, opioid education and NARCAN® training, smoking and vaping prevention, worksite wellness and parenting classes.

In West Memphis, UAMS East Regional Center continues a partnership with East Arkansas Community Corrections by offering childcare safety and parenting classes and Diabetes Empowerment Education Program (DEEP). Also, in West Memphis, staff provide car set checks and installations.

In Lake Village, UAMS East Regional Center provides various programs that include conducting health screenings and work site wellness. A great partnership in Lake Village is the work with Chicot Memorial Medical Center and the Community Outreach Center.

These valuable services could not be offered without the support that UAMS East Regional Center receives yearly through the Arkansas Tobacco Settlement. UAMS East Regional Centers work to secure additional funds through external funding sources to maximize its resources. We are continually working on collaborative efforts and value all partnerships.



