

# DEPARTMENT OF HUMAN SERVICES, DIVISION OF MEDICAL SERVICES

**SUBJECT:** State Plan Amendment 2021-0004 Long-Acting Reversible Contraceptives (LARCs); Physician 1-21

# **DESCRIPTION**:

# Statement of Necessity

The Division of Medical Services revises the Medicaid State Plan rate methodology for family planning to replace the term Intrauterine Device (IUD) with Long-Acting Reversible Contraceptives (LARCs). This change acknowledges the possible use of other types of LARCs as they become available. This SPA will also update the reimbursement rates for currently covered LARCs.

# Rule Summary

Adding language to the State Plan rate methodology for family planning to increase flexibility and to allow for the addition of new LARCs in a timely manner. The updated rates will be based on Wholesale Acquisition Cost.

Making technical corrections to the manuals below:

Section II of the Physician manual.

243.500 Contraception:

- 243.500(B) replaced Etonogestrel (contraceptive) implant with Contraceptive Implant Systems.
- 243.500(B1) deleted etonogestrel and replaced "system" with "systems."
- 243.500(C) deleted the word "prescription"

Section II of the Hospital manual:

216.513 Contraception:

- 216.513(B) replaced Etonogestrel (contraceptive) implant with Contraceptive Implant Systems.
- 216.513(B1) deleted etonogestrel and replaced "system" with "systems."
- 216.513(C) deleted the word "prescription"

Section II of the Rural Health Clinic manual:

217.220 Other Contraceptive Methods:

- Replaced "The Norplant System, its implementation" with "Contraceptive implant systems, their implementations . . ."

Section II of the Nurse Practitioner manual:

214.333 Contraception:

- 214.333(B) replaced Etonogestrel (contraceptive) implant with Contraceptive Implant Systems.
- 214.333(B1) deleted etonogestrel and replaced "system" with "systems."
- 214.333(C) deleted the word "prescription."

Section II of the Certified Nurse-Midwife manual:

215.250 Contraception:

- 215.250 (B) replaced Etonogestrel (contraceptive) implant with Contraceptive Implant Systems.
- 215.250 (B1) deleted etonogestrel and replaced "system" with "systems."
- 215.250 (C) deleted the word "prescription"

**PUBLIC COMMENT:** A public hearing was held on this rule on September 15, 2021. The public comment period expired September 25, 2021. The agency provided the following summary of the public comments it received and its responses to those comments:

<u>Commenter's Name</u>: Nancy Allison, Practice Manager, Creekside Center for Women, on behalf of OB/GYN Provider Medicaid Group #134004002

**COMMENT:** I am writing on behalf of OB/GYN Provider Medicaid group #134004002 in regards to the August 24, 2021 memorandum with the subject State Plan Amendment 2021-004 Long-Acting Reversible Contraceptives (LARCs); Physician 1-21. We were led to understand that Kyleena 19.5mg Levonorgestrel-Releasing Intrauterine Contraceptive System was also going to be added to the LARCs list that Arkansas Medicaid would reimburse for. Is there an update on that discussion or a date of when it may be added?

**RESPONSE:** Kyleena is included as part of this SPA. The language has been changed to clarify that all FDA approved IUDs and implants will be included.

Commenter's Name: William J. Mazanec, PharmD, MBA, Account Executive, Organon

**COMMENT:** The language in 243.500 Contraception

- B Etonogestrel Estrogen (contraceptive) Implant System
  - Medicaid covers the etonogestical estrogen contraceptive implant system, including implants and supplies.

NEXPLANON (etonogestrel implant)

Highlights of Prescribing Information

INDICATIONS AND USAGE section states NEXPLANON is a progestin indicated for use by women to prevent pregnancy. NEXPLANON is not an estrogen.

# 2. Introducine Devices (II/Ds) and Long-Acting Reversible Contraceptives (LARCs)

Effective for claims with dates of service January 1, 2014 and after, the intrauterine device (IUD) is reimbursed based on one hundred percent (100%) of the manufacturer's list price as of April 15, 2011. Effective for claims with dates of service October 1, 2014 and after, the fifty two milligrams [52] mg. Levenosgestrel-Releasing Intrauterine Contraceptive System is reimbursed based on one hundred percent (100%) of the manufacturer's list price as of November 18, 2013. Effective for claims with dates of service October 1, 2014 and after, the 13.5 mg. Levonorgestrel-Releasing Intrauterine Contraceptive System is reimbursed based on one hundred percent (100%) of the manufacturer's list price as of January 1, 2013.

NEXPLANON is a long-acting (up to 3 years), reversible, hormonal contraceptive method and if other LARCs are included in this section NEXPLANON should be included.

**RESPONSE:** Nexplanon is included as part of this SPA. The language has been changed to clarify that all FDA approved IUDs and implants will be included.

Commenter's Name: Dr. Timothy J. Bell

**COMMENT:** Please consider adding Kyleena into the approved Medicaid options/fee schedule for patients. This is a LARC (long-acting reversible contraception) as recommended by ACOG. This device has lower levels of hormone and a smaller size to the device that helps several patients that have suffered from cramps or who have never been pregnant, where a larger IUD may cause patient discomfort. Thank you for considering this added product.

**RESPONSE:** Kyleena is included as part of this SPA. The language has been changed to clarify that all FDA approved IUDs and implants will be included.

<u>Commenter's Name</u>: Brandee Litty, CPPM, Clinic Office Manager, on behalf of Dr. Maureen Flowers and Dr. William Smith, BRMC Urology Clinic

**COMMENT:** I would like to request on behalf of both my OB/GYN's, Dr. Maureen Flowers and Dr. William Smith that Kyleena be added to the Medicaid fee schedule and ARKids. We serve a rural, low-income area, and we need to be able to provide adequate family planning to all our patients. Please consider adding Kyleena to the fee schedule, so that we are not limiting our patients' care.

**RESPONSE:** Kyleena is included as part of this SPA. The language has been changed to clarify that all FDA approved IUDs and implants will be included.

The proposed effective date is December 1, 2021.

FINANCIAL IMPACT: The agency indicated that this rule has a financial impact.

Per the agency, the additional cost of this rule is \$681,899 for the current fiscal year (\$68,190 in general revenue and \$613,709 in federal funds) and \$1,168,970 for the next fiscal year (\$116,897 in general revenue and \$1,052,073 in federal funds). The total

estimated cost by fiscal year to state, county, and municipal government to implement this rule is \$68,190 for the current fiscal year and \$116,897 for the next fiscal year.

The agency indicated that there is a new or increased cost or obligation of at least \$100,000 to a private individual, private entity, private business, state government, county government, municipal government, or to two or more of those entities combined. Accordingly, the agency provided the following written findings:

(1) a statement of the rule's basis and purpose;

Reimbursements for IUDs and LARCs will be based on Wholesale Acquisition Costs.

(2) the problem the agency seeks to address with the proposed rule, including a statement of whether a rule is required by statute;

Reimburse providers for cost of the device.

- (3) a description of the factual evidence that:
- (a) justifies the agency's need for the proposed rule; and
- (b) describes how the benefits of the rule meet the relevant statutory objectives and justify the rule's costs;

Reimbursement is less than cost.

(4) a list of less costly alternatives to the proposed rule and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule;

None.

(5) A list of alternatives to the proposed rule that were suggested as a result of public comment and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule;

None at this time.

(6) a statement of whether existing rules have created or contributed to the problem the agency seeks to address with the proposed rule and, if existing rules have created or contributed to the problem, an explanation of why amendment or repeal of the rule creating or contributing to the problem is not a sufficient response; and

### N/A

- (7) an agency plan for review of the rule no less than every ten (10) years to determine whether, based upon the evidence, there remains a need for the rule, including, without limitation, whether:
- (a) the rule is achieving the statutory objectives;

(b) the benefits of the rule continue to justify its costs; and (c) the rule can be amended or repealed to reduce costs while continuing to achieve the statutory objectives.

The Agency monitors State and Federal rules and policies for opportunities to reduce and control cost.

**LEGAL AUTHORIZATION:** The Department of Human Services has the responsibility to administer assigned forms of public assistance and is specifically authorized to maintain an indigent medical care program (Arkansas Medicaid). *See* Ark. Code Ann. §§ 20-76-201(1), 20-77-107(a)(1). The Department has the authority to make rules that are necessary or desirable to carry out its public assistance duties. Ark. Code Ann. § 20-76-201(12). The Department and its divisions also have the authority to promulgate rules as necessary to conform their programs to federal law and receive federal funding. Ark. Code Ann. § 25-10-129(b).

# QUESTIONNAIRE FOR FILING PROPOSED RULES AND REGULATIONS WITH THE ARKANSAS LEGISLATIVE COUNCIL

DEPARTMENT/AGENCY Department of Human Services

DIVISIO	ON		Divis	ion of Me	edical	Services				
DIVISION	DIVISION DIRECTOR		Elizabeth Pitman							
CONTACT PERSON		N	Mac Golden							
ADDRESS			P. O. Box 1437, Slot S295 Little Rock, AR 72203-1437							0.11
PHONE		01-320-	6383	FAX N	NO.	501-40	4-4619	E-MAIL		.Golden arkansas.gov
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	NTER E-M			h.Pitman.						
				IN	STRU	JCTION	<u>s</u>			
<ul> <li>A. Please make copies of this form for future use.</li> <li>B. Please answer each question completely using layman terms. You may use additional sheets, if necessary.</li> <li>C. If you have a method of indexing your rules, please give the proposed citation after "Short Title of this Rule" below.</li> <li>D. Submit two (2) copies of this questionnaire and financial impact statement attached to the front of two (2) copies of the proposed rule and required documents. Mail or deliver to:</li> </ul>										
Jessica C. Sutton Administrative Rules Review Section Arkansas Legislative Council Bureau of Legislative Research One Capitol Mall, 5 <sup>th</sup> Floor Little Rock, AR 72201  **********************************										
	********** nat is the shor			State 1	Plan A	Amendme ves (LAI	ent 2021- RCs); Phy	0004 Long- ysician 1-21	Acting F	Reversible al 3-21; CNM
	nat is the subj				Cha	noino I.A	RC Rein	bursement	Methode ating pro	ology to wider manual
3. Is the	his rule requi	red to co	omply w	ith a feder	ral sta	tute, rule	, or regul	ation? Yes	s 🗌	No 🗵
4. Wa	as this rule fil	ed unde	r the em	ergency p	rovisi	ons of th	e Admini	strative Pro	cedure A	
								Ye	s 🗌	No 🖂
Ify	yes, what is th	ne effect	tive date	of the em	ergen	cy rule?				
Wł	hen does the	emerger	ncy rule	expire?						
Wi	ill this emerg	ency rul	le be pro	mulgated	under	the pern	nanent pr	ovisions of	the Adm	inistrative Revised June 2019

	Procedure Act?  Yes \( \scale=  \text{No} \scale=  \text{No} \scale=  \text{No} \squad  \text{No} \squad   \text{No} \squad   \qq \qquad \qqq \qqq \qqq \qqq \qqq \qqq \qqq \q
5.	Is this a new rule? Yes No No If yes, please provide a brief summary explaining the regulation.
	Does this repeal an existing rule? Yes No No If yes, a copy of the repealed rule is to be included with your completed questionnaire. If it is being replaced with a new rule, please provide a summary of the rule giving an explanation of what the rule does.
	Is this an amendment to an existing rule? Yes No I If yes, please attach a mark-up showing the changes in the existing rule and a summary of the substantive changes. Note: The summary should explain what the amendment does, and the mark-up copy should be clearly labeled "mark-up." See attached.
6.	Cite the state law that grants the authority for this proposed rule? If codified, please give the Arkansas Code citation. <u>Arkansas Code §§ 20-76-201, 20-77-107, and 25-10-129</u>
7.	What is the purpose of this proposed rule? Why is it necessary? See Attached.
	Please provide the address where this rule is publicly accessible in electronic form via the Internet as required by Arkansas Code § 25-19-108(b).  tps://humanservices.arkansas.gov/do-business-with-dhs/proposed-rules/
9.	Will a public hearing be held on this proposed rule? Yes ⊠ No ☐ If yes, please complete the following:
	Date: September 15, 2021  Time: 11:00  Zoom meeting -  Place: <a href="https://us02web.zoom.us/j/82736912788">https://us02web.zoom.us/j/82736912788</a>
10	When does the public comment period expire for permanent promulgation? (Must provide a date.)  September 25, 2021
11	. What is the proposed effective date of this proposed rule? (Must provide a date.)  December 1, 2021
	2. Please provide a copy of the notice required under Ark. Code Ann. § 25-15-204(a), and proof of the ablication of said notice. See Attached.
13	8. Please provide proof of filing the rule with the Secretary of State as required pursuant to Ark. Code Ann. § 25-15-204(e). See Attached.

14. Please give the names of persons, groups, or organizations that you expect to comment on these rules? Please provide their position (for or against) if known. **Unknown** 

# FINANCIAL IMPACT STATEMENT

# PLEASE ANSWER ALL QUESTIONS COMPLETELY

DEP	ART	MENT	Department of	f Human Services			
DIV	Division of Medical Services						
PER	SON	COMPL	ETING THIS	STATEMENT Jaso	on Callan		
TEL	EPH	ONE <u>501-</u>	320-6540	FAX 501-682-8155	EMAIL: Jason.	Callan@dhs.	arkansas.gov
To o	compl emen	y with Arl t and file t	k. Code Ann. § wo copies with	25-15-204(e), please the questionnaire an	e complete the followi d proposed rules.	ng Financial l	Impact
SHO		TITLE O	F THIS	State Plan Amenda Contraceptives (La Nursepra 3-21; Ru	ment 2021-0004 Long ARCs); Physician 1-2 Irlhlth 2-21	3-Acting Reve 1; Hospital 3-	rsible 21; CNM 2-21;
1.	Does	this propo	sed, amended,	or repealed rule have	e a financial impact?	Yes 🖂	No 🗌
	econo	omic or of	her evidence a	easonably obtainable and information availard alternatives to the re	ible concerning the	Yes 🖂	No 🗌
3.	. In consideration of the alternatives to by the agency to be the least costly r			tives to this rule, was ostly rule considered	this rule determined?	Yes 🔀	No 🗌
	If an	agency is	proposing a m	ore costly rule, please	e state the following:		
	(a)	How the	additional bene	efits of the more costl	y rule justify its additi	ional cost;	
•	(b)	The reaso	on for adoption	of the more costly ru	ile;		
	(c)	Whether so, please	the more costly e explain; and;	y rule is based on the	interests of public hea	alth, safety, or	welfare, and if
	(d) Whether the reason is within the scope of the agency's statutory authority; and if so, please explain.						
4.	4. If the purpose of this rule is to implement a federal rule or regulation, please state the following:						
er	(a)	What is t	he cost to imp	lement the federal rul	e or regulation?		
<u>Cı</u>	ırren	t Fiscal Y	ear		Next Fiscal Year		
Fe		Revenue Funds inds	\$		General Revenue Federal Funds Cash Funds	\$	

Revised June 2019

Special Rev Other (Iden				
Total	\$		Total	\$
(b) W	hat is the	additional cost of the sta	ate rule?	
Curren	nt Fiscal Y	<u> Year</u>	Next Fiscal Yea	<u>r</u>
General Revenu Federal Funds Cash Funds Special Revenu Other (Identify)		\$ 613,709	Special Revenu	\$ 1,052,073 e
Total		\$ 681,899	Total	\$ 1,168,970
Current F			Next Fiscal Year  \$  vear to state, county, and munic	cipal government to implement
this rul	e? Is this	the cost of the program	or grant? Please explain how the	ne government is affected.
<b>Current F</b> \$ 68,190		<u>t</u>	<b><u>Next Fiscal Ye</u></b> \$ 116,897	
or obligation or	ation of at entity, priv	least one hundred thous vate business, state gove	uestions #5 and #6 above, is the and dollars (\$100,000) per yearnment, county government, mi	r to a private individual,
two (2)	or more of	f those entities combined	1? Yes ⊠ No [	
time of	filing the	financial impact stateme	de Ann. § 25-15-204(e)(4) to fint. The written findings shall ball include, without limitation,	ile written findings at the se filed simultaneously
(1) a sta <b>base</b>	tement of ed on Wh	the rule's basis and purpolesale Acquisition Cos	pose; <b>Reimbursement for IUD</b> sts.	o's and LARC's will be
(2) the parul	problem the	ne agency seeks to addre red by statute; Reimbur	ss with the proposed rule, incluse providers for cost of the de	ding a statement of whether evice.
(3) a de	scription (a) justifie	of the factual evidence these the agency's need for	nat: the proposed rule; and	Payieed June 2010

- (b) describes how the benefits of the rule meet the relevant statutory objectives and justify the rule's costs; **Reimbursement is less than cost.**
- (4) a list of less costly alternatives to the proposed rule and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule; **NONE**
- (5) a list of alternatives to the proposed rule that were suggested as a result of public comment and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule; **None at this time.**
- (6) a statement of whether existing rules have created or contributed to the problem the agency seeks to address with the proposed rule and, if existing rules have created or contributed to the problem, an explanation of why amendment or repeal of the rule creating or contributing to the problem is not a sufficient response; and **N/A**
- (7) an agency plan for review of the rule no less than every ten (10) years to determine whether, based upon the evidence, there remains a need for the rule including, without limitation, whether:
  - (a) the rule is achieving the statutory objectives;
  - (b) the benefits of the rule continue to justify its costs; and
  - (c) the rule can be amended or repealed to reduce costs while continuing to achieve the statutory objectives. The Agency monitors State and Federal rules and policies for opportunities to reduce and control cost.

### NOTICE OF RULE MAKING

The Director of the Division of Medical Services of the Department of Human Services announces for a public comment period of thirty (30) calendar days a notice of rulemaking for the following proposed rule under one or more of the following chapters, subchapters, or sections of the Arkansas Code: §§ 20-76-201, 20-77-107, and 25-10-129.

# Effective December 1, 2021:

The Director of the Division of Medical Services (DMS) revises the Medicaid State Plan by replacing the term Intrauterine Device (IUD) with Long-Acting Reversable Contraceptives (LARCs) to acknowledge the possible use of other types of LARCs as they become available. The revision also revises rate methodology and updates reimbursement rates for currently covered LARCs. Claims with a date of service on and after December 1, 2021, for Long-Acting Reversible Contraceptives will be based on Wholesale Acquisition Costs as of December 1, 2021. Finally, DMS issues technical corrections to Section II of the Physician manual. The annual financial impact will be \$1,052,073 (Federal) and \$116,897 (State).

The proposed rule is available for review at the Department of Human Services (DHS) Office of Rules Promulgation, 2nd floor Donaghey Plaza South Building, 7th and Main Streets, P. O. Box 1437, Slot S295, Little Rock, Arkansas 72203-1437. You may also access and download the proposed rule on the Medicaid website at <a href="https://humanservices.arkansas.gov/do-business-with-dhs/proposed-rules/">https://humanservices.arkansas.gov/do-business-with-dhs/proposed-rules/</a>. Public comments must be submitted in writing at the above address or at the following email address:

ORP@dhs.arkansas.gov. All public comments must be received by DHS no later than September 25, 2021. Please note that public comments submitted in response to this notice are considered public documents. A public comment, including the commenter's name and any personal information contained within the public comment, will be made publicly available and may be seen by various people.

A public hearing by remote access only through a Zoom webinar will be held on September 15th, 2021, at 11:00 a.m. and public comments may be submitted at the hearing. Individuals can access this public hearing at <a href="https://us02web.zoom.us/j/82736912788">https://us02web.zoom.us/j/82736912788</a>. The webinar ID is 827 3691 2788. If you would like the electronic link, "one-tap" mobile information, listening only dial-in phone numbers, or international phone numbers, please contact ORP at <a href="https://orange.com/ORP@dhs.arkansas.gov">ORP@dhs.arkansas.gov</a>.

If you need this material in a different format, such as large print, contact the Office of Rules Promulgation at 501-396-6428.

The Arkansas Department of Human Services is in compliance with Titles VI and VII of the Civil Rights Act and is operated, managed and delivers services without regard to religion, disability, political affiliation, veteran status, age, race, color or national origin. 4501960528

Elizabeth Atman. Director
Division of Medical Services

## Statement of Necessity and Rule Summary

State Plan Amendment 2021-0004 Long-Acting Reversible Contraceptives (LARCs); PHYSICN 1-21; RURLHLTH-2-21, NURSEPRA-3-21, CNM- 2-21, HOSPITAL 3-21

# Why is this change necessary? Please provide the circumstances that necessitate the change.

The Division of Medical Services revises the Medicaid State Plan rate methodology for family planning to replace the term Intrauterine Device (IUD) with Long-Acting Reversible Contraceptives (LARC's). This change acknowledges the possible use of other types of LARCs as they become available. This SPA will also update the reimbursement rates for currently covered LARC's.

# What is the change? Please provide a summary of the change.

Adding language to the State Plan rate methodology for family planning to increase flexibility and to allow for the addition of new LARCs in a timely manner. The updated rates will be based on Wholesale Acquisition Cost.

Making technical corrections to the manuals below:

# Section II of the Physician manual 243.500 Contraception:

- 243.500 (B) -replaced Etonogestrel (contraceptive) implant with Contraceptive Implant Systems.
- 243.500 (B1) deleted etonogestrel and replaced system with systems.
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