

# **Equine Herpesvirus Myeloencephalopathy**





Heidi Banse, DVM, PhD, DACVIM (LA) Dean, College of Veterinary Medicine Arkansas State University





## **Equine herpes virus (EHV) Disease**



EHV-1 most commonly causes respiratory disease (adult horses) and abortion



Can also cause neurologic disease

Inflammation of blood vessels
Activation of clotting in brain and



Latent infections reasonably common (15-27% of horses)

Trigeminal neuron

spinal cord





#### **Clinical Signs**

- Fever
- Swollen limbs
- Weakness (ataxia)
- Dribbling urine
- +/-Cranial nerve signs



Video courtesy R. Baker





#### **Diagnosis and Prognosis**

#### Diagnosis

 Polymerase chain reaction on nasal swab and blood

#### Prognosis

- ~60-70% recover (may take weeks to months)
- Dependent upon severity of infection





#### **Transmission**



Spread by aerosol or direct contact

Can start to shed during stressful time (transport, showing)





#### Control



Quarantine and monitor for fever (21 days)

Vaccination has not been demonstrated to reduce risk of neurologic disease

Can reduce shedding





#### **Treatment**

Supportive care (anti-inflammatories, fluids, nursing care)

Antivirals (valacyclovir)

Potential as early treatment





#### **Current outbreak**



First case confirmed November 18

Case traced to Waco, Texas at a barrel race (Women's Professional Rodeo Association World Finals and Elite Barrel Race) November 5-9

Cases identified in multiple states as horses returned home before confirmation of first case

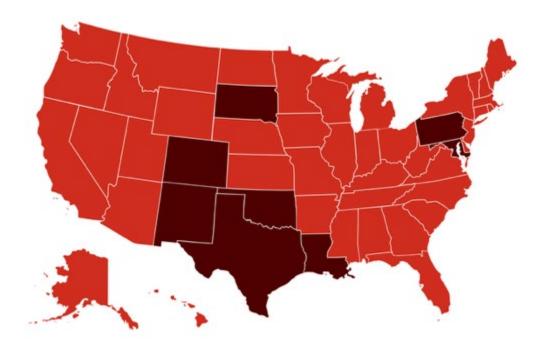


https://commons.wikimedia.org/wiki/File:Barrel\_Racing%2814583529 059%29.jpg





#### **Current outbreak**



https://equinediseasecc.org/news/article/Equine-Herpesvirus-Myeloencephalopathy-(EHM)-Outbreak



State	EHV-1 cases - PCR positive, no neurologic signs	EHM cases - PCR positive, with neurologic signs	no
Texas	4	18	1
Oklahoma	3	7	
Louisiana		3	
South Dakota		1	
Colorado		1	
New Mexico		3	
Arizona			3
Washington	2		

### Questions?

hbanse@astate.edu



