# **EMS** Critical Care. Critical Issues.



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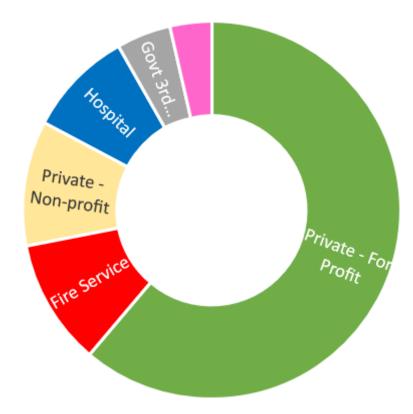
## STATE OF THE INDUSTRY

- Today, 73 of 75 counties (97%) have Advanced Life Support (ALS) as the basis for EMS response within their jurisdiction.
- Ambulance services are essential, safety net providers
- The vast majority of ambulance services are funded by feefor-service





- 40 years of leadership, system development & advocacy.
- Representing 65% of licensed ambulance services.
- Recognized by industry peers as innovators and champions for rural health care providers.



## PROVIDER TYPE

| Private - For Profit | 120 | <b>61</b> % |
|----------------------|-----|-------------|
| Private - Non-profit | 21  | <b>11%</b>  |
| Hospital             | 18  | <b>9%</b>   |
| Fire Service         | 21  | 11%         |
| Govt 3rd Service     | 9   | 5%          |
| Volunteer            | 7   | 3%          |



## ARAA: INNOVATION & SOLUTIONS

- Provider & stakeholder education
- Municipal Ambulance Licensing Act market stabilization / franchising (1989)
- Ambulance providers voluntarily increased licensing & permit fees to fund higher Medicaid reimbursement rates (1993)
- Strong advocate on the national stage for rural ambulance service payment extenders (2001)
- Upper Payment Limit (UPL) program (2017)



## **EMS FUNDING: PROGRESS & PITFALLS**

- The vast majority of ambulance services are fee-for-service providers.
- Other sources of funding include:
  - \* Ambulance general fund subsidies \* Assessment fees and local taxes

  - \* Ambulance districts
  - \* Foundation funding

  - \* Arkansas Trauma System EMS Subgrants
     \* Arkansas Citizens First Responder Safety Enhancement Act Grants



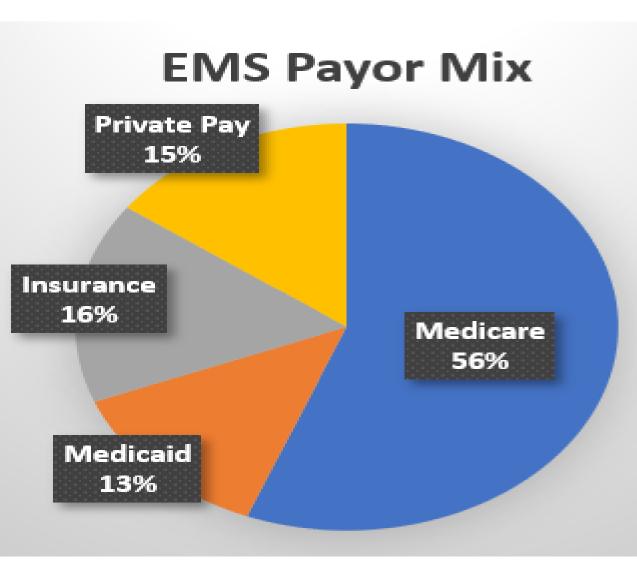
# FEE-FOR-SERVICE

Commercial payers are adopting similar managed care policies that fail to reimburse above the cost of providing the service.

National survey data shows that on average, Medicare reimburses as much as **16% below cost**.

Arkansas Medicaid rates are **57% to 215%** below surrounding states of similar demographics.

## 69% capitated revenue

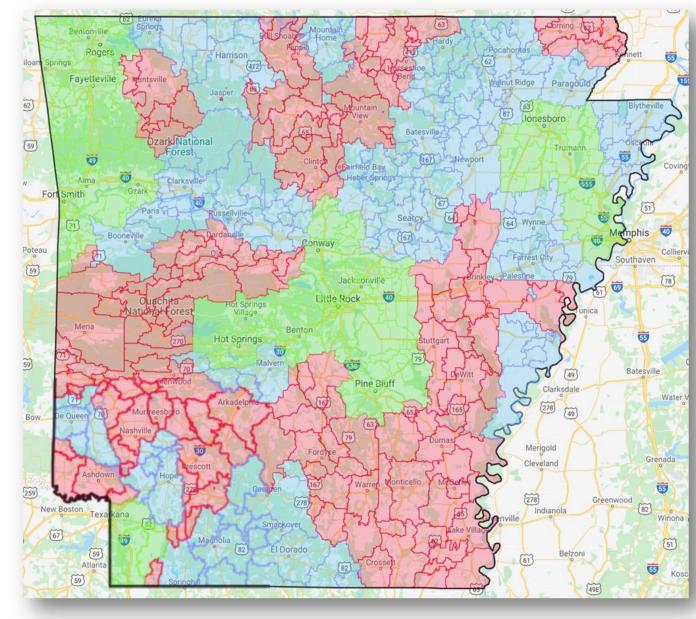


# NATIONAL AMBULANCE FEE Schedule

Recognizes the added cost of readiness and access to care for rural and super rural communities.

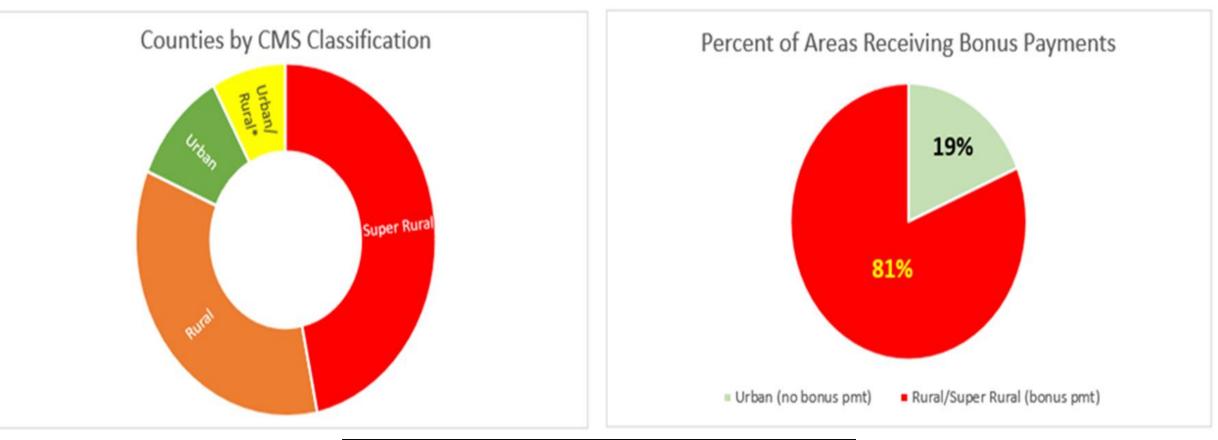
Adjusted by a national index known as the GPCI.

Allows for annual adjustments based on Consumer Price Index (CPI)



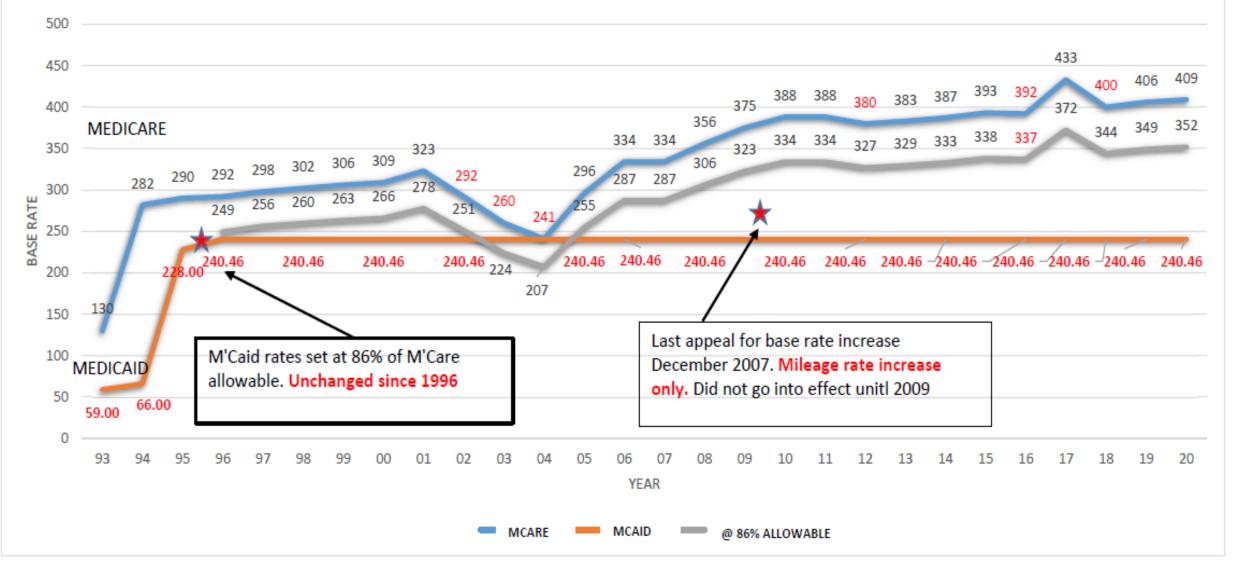
\* URBAN \*RURAL \*SUPER RURAL

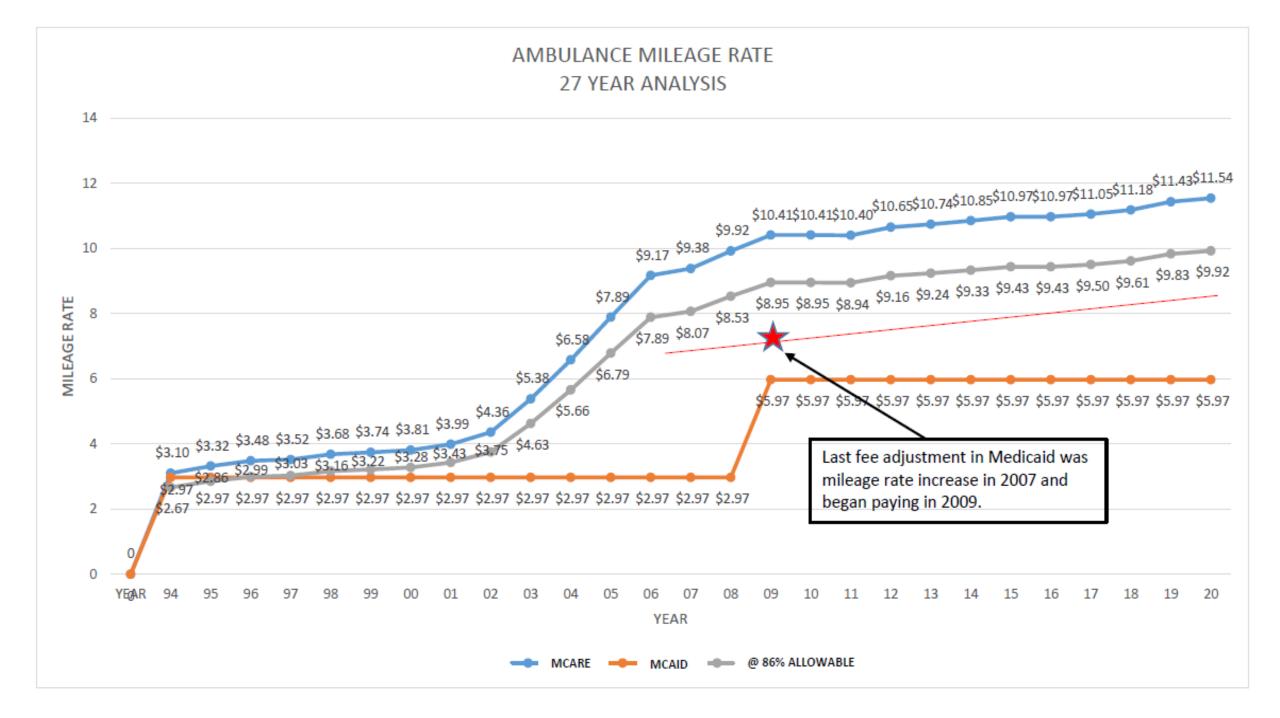


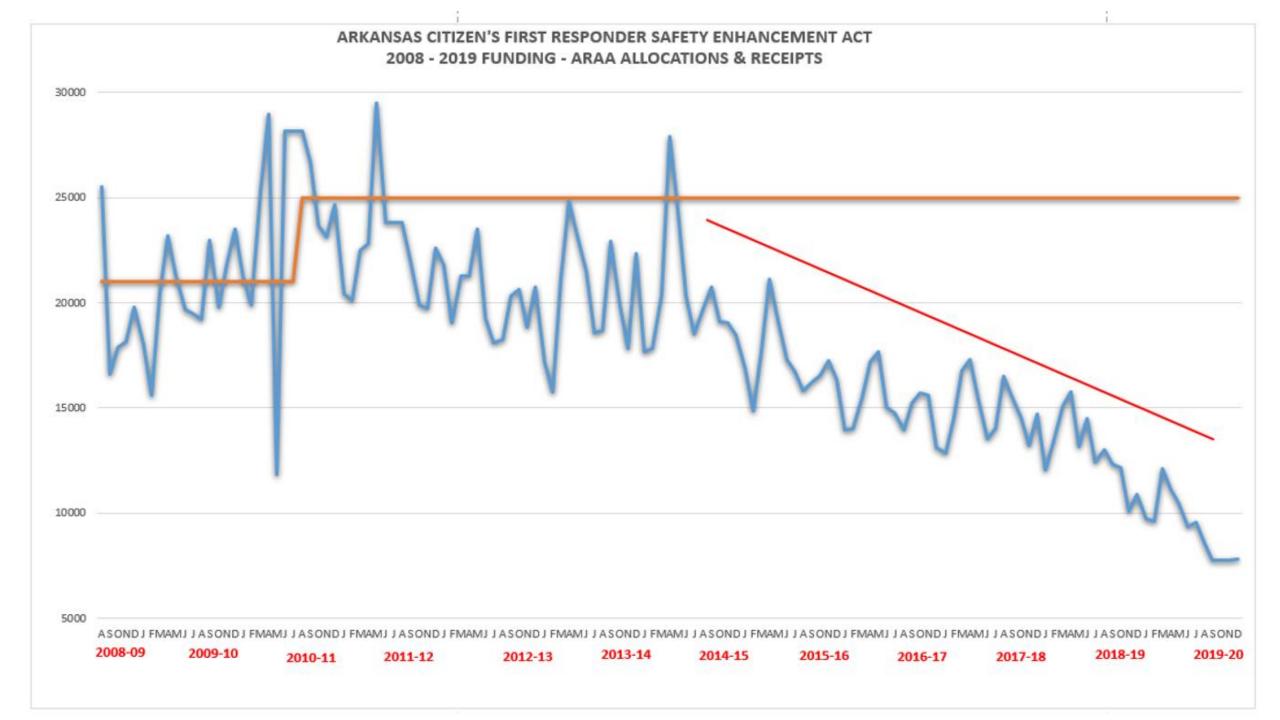


| Class        | Count | %   |     |                   |
|--------------|-------|-----|-----|-------------------|
| Urban        | 8     | 11% |     |                   |
| Urban/Rural* | 6     | 8%  |     |                   |
| Rural        | 26    | 35% |     |                   |
| Super Rural  | 35    | 47% | 81% | Rural/Super Rural |

## AMBULANCE BASE RATE 27 YEAR SNAPSHOT ALS EMERGENCY ALLOWABLE







# RISING COSTS

|                         | 2000      | 2009      | 2019       | +/-  |
|-------------------------|-----------|-----------|------------|------|
| EKG Cardiac Monitor     | \$ 13,500 | \$ 17,400 | \$ 32,100  | 138% |
| Patient Stretcher       | \$ 4,395  | \$ 8,800  | \$ 15,262  | 247% |
| Type II (van ambulance) | \$ 47,000 | \$ 76,000 | \$ 98,000  | 100% |
| Type III (modular)      | \$ 56,000 | \$ 96,500 | \$ 145,000 | 158% |
| Ambulance Remount       | \$45,000  | \$ 65,000 | \$ 85,000  | 88%  |

Equipment upgrades are no longer options, they are mandatory.

Unit replacements (remounts) of older ambulances must meet new safety standards. Some cannot be remounted.





## Critical Care. Critical Issues.

|                         | 2000      | 2009      | 2019       | +/-  |  |
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| Medications             | 800%      |           |            |      |  |
| Airway equipment        | 600%      |           |            |      |  |
| IV supplies             | 450%      |           |            |      |  |
|                         |           |           |            |      |  |
| EMT Wages               | \$ 24,000 | \$ 28,600 | \$ 36,800  | 54%  |  |

#### ARKANSAS MINIMUM WAGE INCREASE

- Year 1 .... Average 8% increase in wages to bring entry-level positions up to new rate
- Year 2 .... Additional 28% increase in wages if applied only to entry-level (EMT positions)
- Year 3 .... Entry-level EMT pay will be on par with Paramedic pay. Potential impact 22% increase
  - Over the 3-year phase in period, wage expenditures increase by 58%

COST OF BENEFITS ... 2000-2009 Average increase of 51%



# **RISING COSTS**

|                                | Metay<br>Miler |
|--------------------------------|----------------|
|                                |                |
| arkansas ambulance association |                |
|                                | - 8            |



# Medications800%Airway equipment600%IV supplies450%

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| FNAT WARRA              | É 24.000  | ¢ 20 600  | ¢ 36.000   | E 40/ |

## EMT Wages \$ 24,000 \$ 28,600 \$ 36,800 54% Paramedic Wages \$ 34,500 \$ 38,400 \$ 48,900 41%

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# RISING COSTS

Year 1 ... Average 8% increase for entry-level positions

Year 2 ... Additional 28% if applied only to entry-level

Year 3 ... Entry-level pay will be on par with paramedic level pay adding an additional 22%

Over the 3-year phase in period, ambulance providers will see an estimated 58% wage expenditure increase.

## CRITICAL







## Critical Care. Critical Issues.

|                         | 2000      | 2009      | 2019       | +/-  |
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| EMT Wages               | \$ 24,000 | \$ 28,600 | \$ 36,800  | 54%  |
| Paramedic Wages         | \$ 34,500 | \$ 38,400 | \$ 48,900  | 41%  |

#### ARKANSAS MINIMUM WAGE INCREASE

CRISIS

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Over the 3-year phase in period, wage expenditures increase by 58%

COST OF BENEFITS ... 2000-2009 Average increase of 51%



# **INNOVATIVE SOLUTIONS**

 Voluntary increase in ambulance license and permit fees. (1993)

 Ambulance Upper Payment Limit (UPL) program (2017)

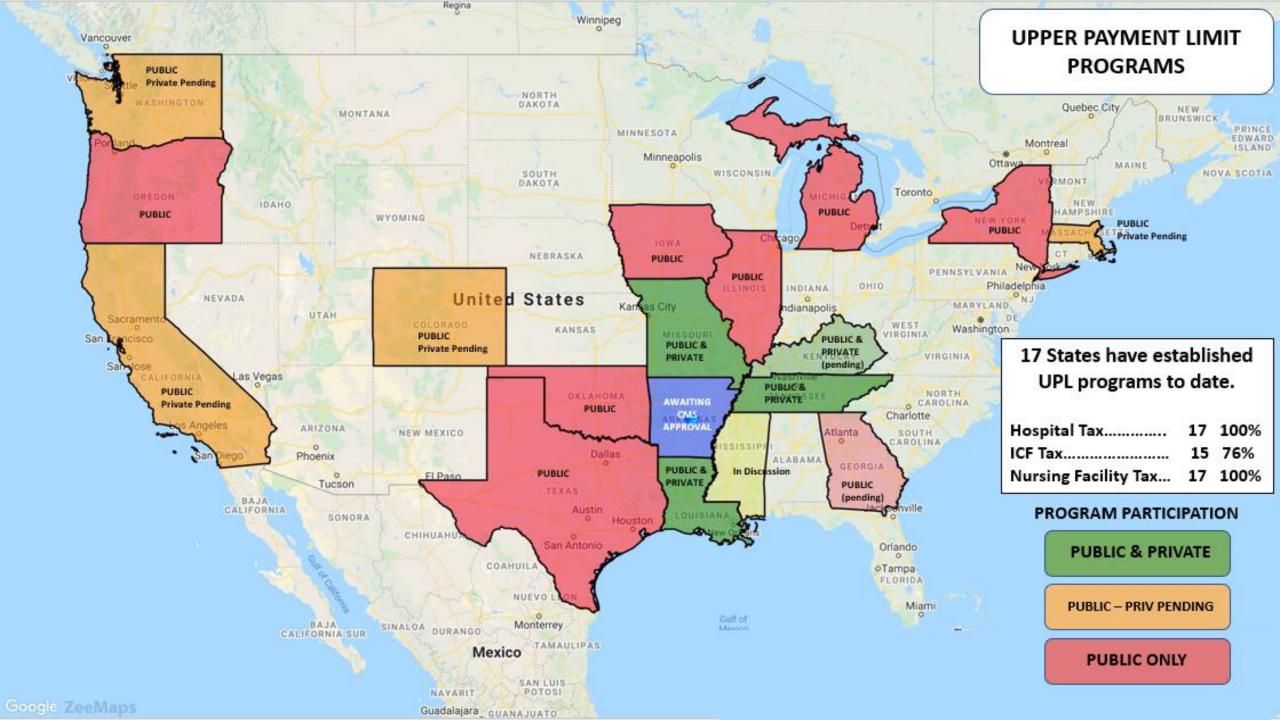


# UPL LEGISLATION

## AR Code § 20-77-2802 (2017)

- Ambulance providers agreed to voluntary assessments to help draw down federal matching funds
- Commonly used by hospitals and nursing facilities to offset uncompensated care and below cost expenditures
- 43 of 50 states have programs for hospitals and nursing facilities
- 17 states have ambulance UPL programs and others are "in process"





# MEDICAID RATE REBASING

- Demonstration of inequities in Arkansas Medicaid rates as compared to the national ambulance fee schedule
- Market level adjustments necessary to preserve access to care while preserving EMS readiness
- July 2019 ArAA and DHS met to review data and rates



| As presented but corrected.            |         |          |  |  |  |  |  |  |
|--|---------|----------|--|--|--|--|--|--|
| Incorrect Rates, error in their formul |         |          |  |  |  |  |  |  |
| Medicare                               |         |          |  |  |  |  |  |  |
|  | Average |          |  |  |  |  |  |  |
| Procedure                              | Average | Rate (AR |  |  |  |  |  |  |
| Code                                   | Rate    | Region)  |  |  |  |  |  |  |

| A0382 | 11.42   |         |          |
|-------|---------|---------|----------|
| A0398 | 11.42   |         |          |
| A0422 | 20.57   |         |          |
| A0425 | 5.97    | 7.52    | -26.00%  |
| A0426 | 240.46  | 248.27  | -3.20%   |
| A0427 | 240.46  | 348.39  | -144.90% |
| A0428 | 183.86  | 219.67  | -19.50%  |
| A0429 | 127.25  | 305.48  | -240.10% |
| A0431 | 2462.25 | 4038.36 | -164.00% |
| A0434 | 75      | 541.48  | -722.00% |
| A0436 | 17.43   | 27.56   | -58.10%  |
| A0999 | 8.65    |         |          |

DHS Proposed Chart with corrected Medicare Fee Schedule Amounts



# Medicare AR Average Procedure Average Rate (AR)

| Code  | Rate    | Region) |          |
|-------|---------|---------|----------|
|       |         | -       | -        |
| A0382 | 11.42   |         |          |
| A0398 | 11.42   |         |          |
| A0422 | 20.57   |         |          |
| A0425 | 5.97    | 7.55    | -26.50%  |
| A0426 | 240.46  | 256.2   | -6.50%   |
| A0427 | 240.46  | 405.64  | -168.70% |
| A0428 | 183.86  | 213.5   | -16.10%  |
| A0429 | 127.25  | 341.59  | -268.40% |
| A0431 | 2462.25 | 5092.69 | -206.80% |
| A0434 | 75      | 693.86  | -825.10% |
| A0436 | 17.43   | 35.43   | -203.30% |
| A0999 | 8.65    |         |          |



|                            | Procedure Code | N  | oosed 86%<br>M'Care<br>Iowable | Rate Change | <u>% Increase</u> | <u>(</u> | Current Rank   | <u>Arkansas</u> | <u>Louisiana</u> | <u>Mississippi (w 5%</u><br><u>Reduction)</u> | <u>Oklahoma</u> | <u>Texas</u> |
|----------------------------|----------------|----|--------------------------------|-------------|-------------------|----------|----------------|-----------------|------------------|---|-----------------|--------------|
| MILEAGE - GROUND           | A0425          | \$ | 6.55                           | \$ 0.58     | 9.72%             |          | 2nd            | \$5.97          | \$6.64           | \$4.90  | \$5.88          | \$4.71       |
| MILEAGE -GROUND            | A0425 - NE     |    |                                |             |                   |          | N/A            |                 | \$6.34           |   |                 |              |
| ALS- NON-EMERGENCY LEVEL 1 | A0426          | \$ | 272.77                         | \$ 32.31    | 13.44%            |          | 1st            | \$240.46        | \$165.96         |   | \$214.15        | \$186.00     |
| ALS-1 EMERGENCY            | A0427          | \$ | 352.27                         | \$ 113.31   | 46.50%            |          | 5th            | \$240.46        | \$319.89         | \$263.28                                      | \$339.07        | \$285.28     |
| BLS NON-EMERGENCY          | A0428          | \$ | 185.41                         | \$ 1.55     | 0.84%             |          | 2nd            | \$183.86        | \$165.96         | \$138.57                                      | \$178.46        | \$186.00     |
| BLS EMERGENCY              | A0429          | \$ | 296.65                         | \$ 169.40   | 133.12%           |          | 5th            | \$127.25        | \$167.24         | \$221.71                                      | \$285.54        | \$240.23     |
| ALS-2 EMERGENCY            | A0433          | \$ | 509.95                         |             |                   | A        | Add Coverage   | $\geq$          | \$319.89         |   | \$490.75        | \$412.90     |
| SPECIALITY CARE TRANSPORT  | A0434          | \$ | 602.57                         |             |                   | A        | Add Coverage 🖊 | $\sim$          | \$319.89         |   | \$579.98        | \$487.97     |
|                            |                |    |                                |             |                   |          |                |                 |                  |   |                 |              |

In 1994, it was verbally agreed to that Medicaid rates would be based on 86% of the Medicare allowable. Unfortunately, nothing was codified and, over time, our rates have been held flat with no increases in base fees or recognition of expanded levels of care as the EMS systems have changed. If we were to implement such a standard today, this is where Arkansas should be as compared to the 2019 Medicare allowables\*

\*Rural base adjusted fees

Where 3 of 5 states recognize rates for high level emergencies, we are suppressed to lower level reimbursemen These rates have been flipped for years; paying more for Non-emergency than emergency

25 years of stagnation have left our two emergency levels of service lagging; Ranked 5th amongst surrounding state

## Non-emergencies are paid at rates higher than emergencies.

Technical edits create delayed payments, denied claims and a dual-rule system that makes claims management more difficult.



# WHAT EMS MEANS TO ARKANSAS

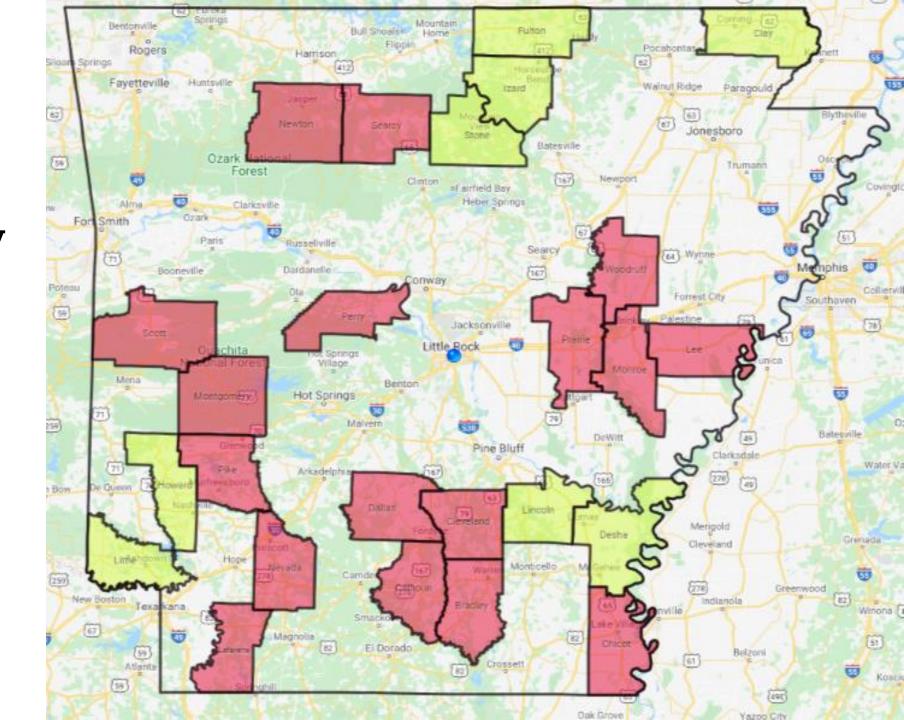
- ALS is a big deal across Arkansas
- EMS is an essential public safety net provider
- Arkansas' systems of care are hallmarks of success
  - Trauma, heart attack, stroke & all time sensitive diseases
- Cost of readiness is a tremendous cost
- We are unique.
- We are special.
- We cannot opt out of responding.
- We provide all services without regarding ability to pay.



## Areas of Vulnerability

- Low population density
- High cost of readiness
- Low service volumes

25 counties with populations <15K



# HERE'S HOW YOU CAN HELP

- We have moved from CRITCAL to CRISIS.
- There are few things today that cost you <u>nothing</u>.
  - Ensure UPL legislation is implemented as passed
  - Include non-emergency transports in the UPL
  - Direct DHS to implement key program manual changes
  - Open dormant Medicaid payment codes allowing EMS providers to maximize UPL supplemental payments
- Medicaid rate rebasing
  - Include a rural modifier for counties of population of <15K</li>

