

# Childhood Post-infectious Autoimmune Encephalopathy (CPAE) Clinic

A multidisciplinary clinic formed by collaboration between University of Arkansas for Medical Sciences and Arkansas Children's Hospital

What you can expect from our program:

Patients served:

- Children and adolescents younger than 21 years old with acute-onset neuropsychiatric symptoms.
- We treat patients who meet the criteria for PANS/PANDAS only.
- We give preference in making appointments to residents of Arkansas.

Services offered:

- We will evaluate and assess for Post-Infectious Autoimmune Encephalopathy.
- We will work with you and your primary care physician to develop a care plan which we will ask your PCP to implement.
- We will offer ongoing support to you and your PCP as you progress through treatments.
- We will facilitate referrals for care for those patients not meeting CPAE diagnostic criteria

What to expect in a clinic visit (these outpatient visits/evaluations will be tailored to your needs):

- Neurological evaluation
- Child and Adolescent Psychiatric evaluation
- Psychological evaluation/Functional Behavior Assessment (FBA)
- Recommendations to your PCP based on findings

What we are not able to offer:

- Acute inpatient psychiatric care
- Transportation from your locale
- Guarantee of insurance coverage
- Medical interventions or treatments at the time of the visit

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# Adult Post-infectious Autoimmune Encephalopathy (APAE) Clinic

A multidisciplinary clinic formed by University of Arkansas for Medical Sciences Psychiatric Research Institute and the Neurodiversity Clinic

## What you can expect from our program:

Patients served:

- We treat patients who meet the criteria for PANS/PANDAS or who are suspected of having these disorders.
- The criteria for PANS/PANDAS require an abrupt, dramatic overnight onset of Obsessive-Compulsive symptoms as well as the abrupt onset of several additional symptoms.
- We treat adults who have had the acute onset of these symptoms during childhood as well as adults who have this acute onset as an adult.
- For patients not meeting the above criteria, much easier/faster access can be provided by our AR Connect virtual service. Please call (501) 526-3563 to access this service.
- Patients must have an established PCP and communication with the PCP is required.

Services offered:

- We will evaluate and assess for Post-Infectious Autoimmune Encephalopathy.
- We will work with you and your primary care physician to develop a care plan which we will ask your PCP to implement.
- We will offer ongoing support to you and your PCP as you progress through treatments.
- We will facilitate referrals for care for those patients not meeting CPAE diagnostic criteria

## What to expect during a clinic visit (these outpatient evaluations will be tailored to your needs):

- Adult psychiatric evaluation
- Recommendations to your PCP based on findings

## What we are not able to offer:

- Acute inpatient psychiatric care
- Transportation
- Guarantee of insurance coverage
- Medical interventions or treatments at the time of the visit

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**UAMS**

Psychiatric  
Research Institute