

Implementing Changes to the 90853 Group Psychotherapy Code

October 24, 2016



Introduction to Beacon Health Options

Beacon Health Options





5,000 employees nationally and in the U.K., serving more than 50 million people

COMPANY FACTS

- Headquartered in Boston; more than 70 US locations and a London office
- 200+ employer clients, including 45 Fortune 500 companies
- Partnerships with 100 health plans
- Leader serving dual-eligible beneficiaries in six states
- Programs serving Medicaid recipients in 28 states and the District of Columbia
- Serving 8.6 million military personnel, federal civilians and their families
- Accreditation by both URAC and NCQA

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Arkansas

SERVING 900,000+

Beacon is the Quality Improvement like Organization responsible for assisting the Department of Human Services Division of Medical Services in administering the mental health care delivery system.



Since 2010, Beacon operates two contracts conducting utilization review and quality control peer review—one for inpatient services and another for outpatient services.

COVERING ALL GEOGRAPHIES



Conducts approximately 350 onsite Inspection of Care reviews for all under 21 inpatient and RSPMI outpatient providers annually

PROVIDER TRAININGS



Provide education onsite or via webinar to all inpatient and outpatient behavioral health providers

50 EMPLOYEES LOCATED IN ARKANSAS



Majority are fully licensed mental health professionals, including 2 full-time psychiatrists

CARE COORDINATION



Our intensive Care Coordination Program meets the needs of Arkansans under age 21 that may be at risk for out of home placement or increasing intensity of service

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Changes to Group Psychotherapy Procedure Code 90853



Implementing Changes to Outpatient Procedure Code: 90853 Group Psychotherapy

- Two informational sessions were offered to providers and were held on October 5 and 6, 2016.
- Approximately 250 people attended these trainings via webinar or in person and represented approximately 45 provider organizations.
- A provider alert was sent on October 11, 2016 summarizing the changes.
- Follow up trainings are scheduled on October 27, 2016 and November 1, 2016.

Implementing Changes to Outpatient Procedure Code: 90853 Group Psychotherapy

- Beginning October 7, 2016 providers were asked to document the medically necessary reason of exceeding the daily or yearly maximum allowable units in their requests.
- The established processes for requesting prior authorization and extension of benefits remain the same.

 Any prior authorization/extension of benefit request for beneficiaries receiving treatment under Act 911 are initiated within 1 business day of receipt of the request.

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Weekly meetings will be held between Beacon staff, OMIG, DMS and DBHS to provide regular updates regarding this process beginning on October 25, 2016. Topics covered will include:

- Statistics in regards to overall number of Group Psychotherapy units requested and approved
- Statistics specific to Group Psychotherapy requests for the Act 911 population
- Turnaround times for prior authorization/extension of benefits requests
- Any provider concerns/feedback from the previous week

Reference Documents

The presentation from the webinars held on October 5 and 6, 2016 as well as FAQs are available here:

http://arkansas.beaconhealthoptions.com/provider/prv-training.html



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Thank you (F) beacon health options

