

#### **MISSION**

It is the mission of the Washington/Madison County Drug Treatment Court to promote public safety and quality of life within the community by reducing substance and alcohol abuse and criminal behaviors.

#### **GOALS**

- To provide a holistic system of care that will treat the whole person and assist individuals, their families, and the community in recovery from substance related disorders:
- To stop the abuse of alcohol and other drugs;
- To reduce the incidence and prevalence of substance use patterns and to promote responsible social behaviors;
- To lower recidivism rates among criminal offenders; and
- To more effectively and efficiently utilize resources and offset the excessive costs associated with housing non-violent drug and alcohol offenders.

It is our philosophy that "treatment works." The Program is pre-adjudication and offers participants with individualized quality treatment services. Upon successful completion of the program, criminal charges are dismissed, which promotes the opportunity to become a productive, healthy, and drug free citizen.

### PHASES OF DRUG TREATMENT COURT

(Note: Treatment is individualized to meet the needs of each participant and may vary as determined by the Drug Court Team.)

The Washington/Madison County Drug Treatment Court program is generally a 9-12 month program, however, services are individualized to meet a participant's needs, and the length of stay may be more or less as recommended by the Treatment Team. Participants must meet all requirements each week and be considered 100% in order to receive credit for a week.

Following acceptance into the program, participants meet with their Treatment Counselor and develop an individualized treatment plan with goals and objectives established for each phase. Participants are required to participate in the development of their treatment plan.

**PHASE I:** is the <u>intensive phase</u> stressing psycho-educational understanding in relation to behaviors, the dynamics of substance abuse, and the identification of issues related to problems and conditions that result from or contribute to substance abuse. Participants must meet the following requirements to complete Phase I.

Obtain a full medical physical from either Community Clinic or a provider of their choice

Obtain a mental health screening and assessment from either AO/Daysprings or a provider of their choice

48 group sessions (4 groups per week)

12 individual sessions (1 session per week)

36 urine drug screens at a minimum

24 outside 12-step meetings (2 per week are required)

Completion of Steps 1-3 and participants must obtain a Sponsor Completion of Career Readiness Certificate (Participation in Work Court Services)

Completion of 10 hours community service

Client must have Treatment's recommendation to graduate to Phase II

**PHASE II: is** the <u>adaptation phase</u> of the program and is designed to identify, target, and address underlying or associated issues that contribute to distress and undermine quality of life. Clients are expected to explore cause and affect relations contributing to personal instability and subsequent substance use. Clients must meet the following requirements to complete Phase II.

36 group sessions (3 groups per week)
6 individual/family sessions (1 session every other week)
24 urine drug screens at a minimum
36 outside 12-step meetings (3 per week are required)
Completion of steps 4-6 with a sponsor
Completion of GED Pre-Test (if applicable)

**Completion of 10 hours community service** 

Client must have Treatment's recommendation to graduate to Phase III.

**PHASE III**: is the <u>assimilation phase</u> and is designed to begin to prepare clients for their transition out of the Washington/Madison County Drug Treatment Court. The primary focus of this phase is to begin all therapeutic interventions, establish a long-term plan for abstinence, and identify continued needs for personal, emotional, physical, and environmental stability. This shall include:

24 group sessions (2 groups per week)
4 individual/family sessions (1 session per month)
12 urine drug screens at a minimum
48 outside 12-step meetings (4 per week are required)
Completion of Steps 7-9 with a sponsor
GED Test (if applicable)
Completion of 10 hours community service
Client must have Treatment's recommendation to graduate to Phase IV.

**PHASE IV**: is the <u>Aftercare phase</u> designed to prepare clients for their transition out of the Washington/Madison County Drug Treatment Court. The primary focus of this phase is to complete all therapeutic interventions, establish a long-term plan for abstinence, and identify continued needs for personal emotional, physical, and environmental stability. Participants must meet the following requirements to complete Phase IV and be approved for graduation. This shall include:

12 group sessions (1 group per week)

4 individual/family sessions (1 session per month)

12 urine drug screens at a minimum

48 outside 12-step meetings (4 meetings per week are required)

Completion of Steps 10-12 with a Sponsor

**GED Test (if applicable)** 

Completion of 10 hours community service

Be current on all fees, fines, victim restitution, or Court costs.

Client must have Court & Team approval to graduate.

**Probation Only with transfer to the Work Court portion of the program**: Any Drug Treatment Court participant who has completed treatment and/or has been recommended for completion by the Treatment Team, but owes any fines; program fees; county and/or victim restitution; or court costs, will not be allowed to graduate from Drug Treatment Court. These participants are required to participate in the Work Court program and remain on probation pending full payment and will be required to complete *at a minimum* the following:

Completion of Career Readiness Certificate (if applicable)
Submit to all random drug and alcohol testing
Remain Drug & Alcohol Free
Remain current on all fees
Maintain regular payments of victim restitution (if applicable)
Maintain full-time employment
Attend Court every month as ordered
Meet with probation officer as directed
Meet with Work Court Officer Risley as directed
Comply with any other rules as directed by Court

### **TREATMENT**

Key Component #4: Drug Courts provide access to a continuum of alcohol, drug, and other related treatment and rehabilitation services.

Drug Court participants are screened by Ozark Recovery Center (The Treatment Center) for the presence and severity of Substance-Related Disorders and upon acceptance are also required to obtain a mental health assessment to determine the presence of any co-occurring disorders and must obtain a "head to toe" physical, including testing for communicable diseases and sexually transmitted diseases.

The Treatment Center uses evidence-based practices and is licensed by the State of Arkansas, Office of Alcohol and Drug Abuse Prevention. Motivational interviewing is the general practice and treatment curriculums include but are not limited to: Drug Education and Awareness, The Matrix Model, Cognitive Behavioral Model of Relapse Prevention, the 12 Step Model, and the Psychopharmacology of Addiction.

The Treatment Center has established a unique local community partnership with Community Clinic, Decision Point, and AO/Daysprings to offer an array of services to the participants and their children, in addition to working with additional treatment providers in the State. In addition, the Work Court program services are also utilized to address the educational and vocational needs of the participants thereby "treating the whole person."

All Treatment Counselors providing direct services are licensed by the State Board of Examiners of Alcoholism & Drug Abuse Counselors, Arkansas Board of Examiners in Counseling, and/or are certified to provide such services by the Arkansas Substance Abuse Certification Board.

## **PROGRAM COSTS**

The total monthly cost to a participant is \$215.00. The cost includes a weekly treatment fee <sup>1</sup>, DCC supervision Fee, and a Court User Fee.

<sup>&</sup>lt;sup>1</sup> These fees do not include any additional treatment services that are obtained from outside providers.

# Washington/Madison County Drug & Work Treatment Court

# **Drug & Work Treatment Court Contact List**

Honorable G. Chadd Mason, Judge	(479) 973-8425	cmason@co.washington.ar.us
Cindy Dickey, Drug Court Case Coordinator	(479) 973-8432	cdickey@co.washington.ar.us
Lisa Parks, Public Defender	(479) 444-1616	lparks@co.washington.ar.us
Shane Kerr, Prosecutor	(479) 444-1570	skerr@co.washington.ar.us
Tracy Risley, Work Court Program Officer	(479) 973-8427	trisley@co.washington.ar.us
Department Of Community Corrections	(479) 571-7530	

Deidre Uselton, Probation Officer

Danny Clements, Probation Officer

Tabitha Oswald, Probation Officer

Clyde Honeycutt, Probation Officer

## Ozark Recovery Center, Inc. (The Treatment Center)

Kara B. Moore, CEO/Executive Director	(479) 935-6474	kmoore@drugcourttx.org
Cece Smith, Administrative Assistant	(479) 927-9771	csmith@drugcourttx.org
Brenda Mitchell, Counselor	(479) 422-8988	bmitchell@drugcourttx.org
Randy Medlock, Counselor	(479) 422-8606	rmedlock@drugcourttx.org
Tina Marler, Counselor	(479) 935-6469	tmarler@drugcourttx.org